

**THE HOLY PSALTER  
Of Prophet and King David**

**Arranged and Edited by  
Archimandrite ROMAN BRAGA**



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The Psalter  
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We offer thanks to the God of Heaven for allowing us to present this book to the Orthodox faithful.

The Editors  
HDM Press  
Great Lent 2012



## EDITORS' INTRODUCTION

In the cultural context of our times there is a strong need to continue in our private lives the liturgical rhythm of the Church. When our life stops being a continuation of the Divine Holy Liturgy, we cease being Orthodox Christians. The Psalter, the Book of Hours, the icons of our prayer corner, are never absent from the home of every Christian.

Our intention in publishing this book is that it can be easily read by anyone, in the liturgical spirit, the same way it is read today in the Orthodox Church.

In the services of the Orthodox Church the Psalms form the backbone of all the services. The Psalms are part of Matins, Hours, Vespers, Compline, even the Liturgy. In the monasteries during the course of one week the Psalter is read entirely one time, and during Great Lent it is read twice during one week. Psalm 118 is read during funeral and memorial services. So it is clear that the Psalter is the most used book of the Orthodox Church.

St. Basil the Great believes that "There is no liturgical book that better serves God than the Psalter." For the Church the Psalms are the most important legacy of the Old Testament. The Psalms have been the prayer book of Christ, of which He has cited many passages in the Gospel; The Psalms are models of perfect prayer, they are live dialogs between man and God. The Psalms have been the vocabulary of the apostolic Christians by which they used to communicate with each other. The early centuries catechumens were not baptized unless they were able to memorize the Psalms. In the monasteries founded by St. Pachomius the Great one of the conditions for being tonsured a monk was to memorize the Psalter.

We undertook the publication of this edition of the Psalter because the English translations have been based on the Mazorethic Texts of Ben Asher in the twelfth century, and at that time the Rabi were inclined to eliminate from the Old Testament the prophecies referring to Jesus Christ. We based our translation on the public domain translation of the original King James Bible and confronted each verse with the Greek text of the Septuagint Bible. Through this "intervention" we strived to maintain the same musical fluidity of the original texts and at the same time tried to correct and complete what was missing. We have replaced the old expressions such as "groweth," "witherest," and a few others to accommodate today's literary language in order to make it more widely used by readers of all ages.

The Psalter is divided into twenty Kathismata. It starts with prayers that are read before we start the reading, and each of the Kathisma ends with specific prayers. Following the Psalms there are the Nine Odes—Biblical passages that are read during Matins of Great Lent.

We pray and hope that this book will enter the house of every Orthodox Christian, as an instrument of communication with God. For monastics it is part of the daily rule of personal prayer.

Archimandrite ROMAN BRAGA  
Dormition Orthodox Monastery  
Year of the Lord 2010

## **FOREWORD**

### **For the Power of the Psalms and What is the Psalter**

Whatever is the sun among all the other lights of the heavens, the same is the Psalter among all the other books inspired by God. The sun lights up all the ends of the world; the Psalter lights up all the senses of the heart, the conscience of the soul and all the motions of the mind. The Psalter warms and gladdens the reader, it illumines him through the knowledge of the truth and through the discovery of the divine mysteries. It lights him up with love for God, with the warmth of the Holy Spirit and with the tears of humility. It gladdens him with the remembrance of God and with the promise of the immortal goods of the heavenly Jerusalem. For the Christian, the Psalter is more necessary than it is for the sun to follow its course. This is why St. John Chrysostom says: “ Better the sun stops in its course than the Christian in the reading of the Psalter; because the Psalter is the most useful of all books. All books are of use, and are of great concern to the devils, but none like the Psalter.” The Great Basil says: “No other book exalts God as does the Psalter; neither can compare with its usefulness.”

If it is your desire to learn the usefulness that derives from the reading of the psalms, you will understand them only if read them with attention, with watchfulness and understanding, because it is not possible to enumerate all the benefits derived from the Psalter. With the angels it exalts God, it calls all from heaven and below to the exaltation of God, it curses the devils, grieving them greatly, and it prays God for every soul. It works holiness, it illumines the soul like the sun, it purifies it like the water, it warms it like the fire, like oil with the mercy of God anoints it. For the passions of the flesh it quiets the fierceness, the wrath and the anger; it increases faith, hope and love; it predicts what it is to come, sorts what it is now, reminds of what is past. The attentive reading of the Psalter draws tears even out of the hardened souls. The Psalter is the chosen part of the angels, most beloved song of God, forerunner of salvation for the sinner, consolation to the elderly, embellishment to the young, enlightenment and wisdom to the infants, most beautiful adornment to the wise women. Giver of humility, banisher of devils, shield against the terrors of the night, rest for the labors of the day.

The Psalter is heavenly; heavenly inheritance, spiritual incense, and much more. This is what the Psalter is. For this reason many have called it the “Small Bible” because everything that is described at lengths in the Old and New Testament, everything is condensely expounded by the Holy Spirit in the Psalter. Other have considered the Psalter like a large community treasure because all the treasury of wisdom and knowledge of God are included in it.

This unchangeable and priceless treasure is dedicated to you, the faithful reader, so out of it you gather for yourself incorruptible eternal treasure, in heavens, where the moss do not approach neither rust can touch. So together with you, us also can give thanks and exalt the Holy Trinity. Amen.

*Translated from the Introduction to the Psalter Edition published in Sibiu, Romania in 1915.*



## FROM THE FORWARD TO THE PSALMS

By St. Basil the Great

All Scripture is inspired by God and useful. It has been written through the Holy Spirit, so that at once we should find it to be both a spiritual “infirmiry” for every possible failing, and a medicament against ills of every sort. Thus is it written: “The medicine is that which will stop the great sufferings.”

As indeed, some things are taught to us in the Books of the Prophets, some things in the Historical (Books), some things in the (Books of the) Law, and also, some things are given to us as advice through the (Book of) Proverbs. The Book of Psalms, however, contains within itself all the things which are most useful in them all. It prophesizes of the things to come, it indicates historical facts, it gives laws for living, it reveals what is useful for us to do; and, as could be stated in but a few words, it is truly a treasury of good instruction which sets down everything at hand for one’s diligence as to all the things which are most useful. It heals old wounds of the soul, and it brings about a swift recovery for the one just wounded, as much as it is possible, that he may be restored. It looks after those in pain, and it maintains the healthy as intact. In general, it brings it about so that the passions, which search through the lives of men long and hard that they might nestle in the soul, should rather be removed; and, that this should be attained through the careful cultivation of spiritual endurance filled with joy and pleasantness; which comes about in a soul that is able to bear the essence of thoughts of wisdom.

So then, to this end, since the Holy Spirit knows that it is difficult for us to be guided upon the path of the virtues; because we distain the higher life, and that we are disposed toward pleasure at all times—what did He do? He has united dogma together with the pleasantness of song, so that even without our knowing of it, we can hear them at the same time with a gladness and a beauty; and, that we may also receive a benefit resulting from the words which we hear. Furthermore, this is done just like medications which are to be repeated, even as at such times when the sick have to be given a bitter medicine—for then they are mixed together with honey from the start; and only in this way can they be given to those who could not otherwise endure them. Therefore, this is the reason for which they are done conjointly, and so, for us the chanting is filled

with the harmony of the Psalms; because the things which we read will be believed even as the singing is performed, and it will again actually cultivate the soul.

Since it is true that no one has ever come out of the Church as easily keeping in mind the words of the Apostles or Prophets, let such things be made as simple as possible for them at the times when the words of the Psalms are chanted by all the believers; and not to be so seldom occasioned that they become things, which by reason of unfamiliarity, are displayed like untamed creatures; but rather, as soon as a Psalm has begun to be read in company with others—at that very place they shall be won over, with any savagery in the soul being tamed thanks to the singing.

The Psalm is serenity for the soul, the requital of peace, the abater of noise and of the bustle of the mind. It will make any madness of the soul weaken, and it will wilfully control the provocations of the passions. It is the comrade of friendship, and a proximity for those who are separated; even as the one that reconciles himself with those who bear him enmity. For how could it be more possible to take regard of a foe in another way, really, than when they should unite themselves with a Psalm in harmony together: So that they might offer higher praise to God? Psalmody then, leads toward all the best things there can be: Love, bringing about through a higher comradeship of the voice a kind of vehicle for unity among men; for, in gathering the faithful on a higher plane in a single voice of the heart, the Psalm is a banisher of demons, the summoner of Angelic assistance, a weapon for the fears of the night, a placitude for the fatigues of the day, the shield and sustenance for men of faith; and, for women of faith, one of the most fitting ornaments. The Psalm will make the wilderness to seem as populous as the marketplace, and the passions to be controlled. A beginning for beginners, it is the rearing of those who would prosper on the path of virtue and the sure support of those who travel the path of perfection. The Psalm is the voice of the Church; it brightens the Feast Days, and it makes a yearning for God to be born in the heart of the believer—as even from a heart of stone, the Psalm can wring out tears. It is an Angelic work, a celestial experience, and, a spiritual fragrance. What could really be more wise than to promote this tutorial thing which urges us to sing, and at the same time teaches us that which is needful? For really, are not instructions best impressed upon our souls in such a way? Since it is known that instructions given forcefully are incapable of being so lasting in the soul as when the instruction penetrates the soul with pleasantness and joy, and then remains for always. What is there then, that is not to be learned from the Psalms?

The greatness of manliness, the exactitude of righteousness, the importance of self-continnence, the perfection of judgements—in all these things do the Psalms offer models upon which may be tested all the things spoken as “the good works.” So then simply, it is here that can be discovered the perfect

theology; here is the foretelling of the advent of Christ the Lord in the flesh, here is the foreboding of the eternal judgments, here is the hope of the Resurrection, here is the frightfulness of hell, here is the promise of the glory that awaits us; and also, an unveiling of the impenetrable mysteries; because all things can be found gathered here, in the Book of Psalms—and as surely as in a treasure of riches, has it been placed at hand for everyone.

So too, just as it is true that there exist many, many musical instruments, it is no less true that the Prophet (David) harmonized this Book with the instrument named the “Psaltery;” and, just as has been shown, he wished that it should be manifested (along) with that very Grace of the Holy Spirit which resounds within it: For even as the Psaltery is quite ingenious among all musical instruments, so also the Psalter possesses a cause of sounds from on High. As truly as the Guitar and the Lyre resound with a sound from below the place where they are touched, even so does the Psaltery, alone among all musical instruments, receive its sound from the part that is above; and so does it motivate us to accustom ourselves to taking regard for the things on High, and, that we should not be given to the passions of the flesh by reason of the pleasure which we have attached to singing. Furthermore, we believe the words of the Prophet even more through the contrivance of this instrument; for he has wished that it would be revealed to us as a profound and ponderous work. So, it is to be said that all men, both those filled with sorrows and those with serenity of soul, can be conducted thereby with ease upon the path that leads to the Supernal.

*Translated from Romanian by Mr. David Fritz on May 1<sup>st</sup>, 1998.*



## Prayers Before Beginning to Read the Psalter

Through the prayers of our Holy Fathers, O Lord Jesus Christ our God, have mercy on us and save us. Amen.

O Heavenly King, Comforter, Spirit of Truth, Who are present everywhere and fulfilling all things, Treasury of Blessings and Source of Life: Come abide in us, cleanse us of all stain, and save our souls, O Good One.

Holy God, Holy Mighty, Holy Immortal, have mercy on us (3x).

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever and unto ages of ages. Amen.

All Holy Trinity, have mercy on us. Lord, cleanse us of our sins. Master, pardon our transgressions. Holy One, visit and heal our infirmities, for the glory of Your name.

Lord have mercy (3x).

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever and unto ages of ages. Amen.

Our Father, Who art in heaven, hallowed be Thy Name. Thy kingdom come, Thy will be done on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses as we forgive those who trespass against us. And lead us not into temptation, but deliver us from the evil one.

Through the prayers of our Holy Fathers, O Lord Jesus Christ our God, have mercy on us and save us. Amen.

*And these troparia Tone 6:*

Have mercy on us, O Lord, have mercy on us, for at a loss for any plea we sinners offer to You as Master this supplication: Have mercy on us.

Glory to the Father, and to the Son, and to the Holy Spirit.

The precious memorial of Your prophet has shown Your Church to be heaven, O Lord, for angels exult together with men. By his prayers, O Christ God, guide our lives in peace that we might sing to You: Alleluia.

Now and ever and unto ages of ages. Amen.

I flee to you, pure Mother of God, in need of salvation from the great multitude of my transgressions. Visit my infirm soul, and beseech your Son our God to grant me forgiveness for my evil deeds, O only blessed one.

Lord have mercy (40x).  
*and prostrations, as you are able.*

*And this prayer to the holy, life creating Trinity:*

All-holy God in Trinity, Creator of all the world, as I, the unworthy one, now desire to pronounce these God-inspired psalms which the Holy Spirit placed upon the lips of David, make haste and guide my heart to begin with understanding and to end with good deeds. Aware of my ignorance, I fall down before You in prayer, begging for Your help and calling out: O Lord, direct my mind and strengthen my heart, that I not be taken up with words, but rather may find joy in the meaning of these words, and be prepared to perform the good deeds they teach me, saying: Enlightened by good deeds, at the Judgment, may I, together with all Your elect, be among those at Your right hand. And now, Master, bless; that having sighed from my heart, my tongue might sing out these words:

Come, let us worship God our King. Come, let us worship and fall down before Christ, our King. Come, let us worship and fall down before Christ Himself, our King and our God.

*Pause briefly until all the senses are quieted, then begin without haste, without negligence; with tender feeling and a broken heart, saying Psalm 1: "Blessed is the man..." and all that follows quietly, intelligently, attentively, without rushing, so that your mind grasps the meaning of what you are saying.*



## KATHISMA 1

### Psalm 1

*A Psalm of David without superscription among the Hebrews*

**B**lessed is the man who follows not the counsel of the wicked, nor stands in the way of sinners, nor sits in the seat of the scornful;  
2 But his delight is in the law of the Lord, and in His law he meditates day and night.  
3 And he shall be like a tree planted by the rivers of water, that brings forth its fruit in its season, whose leaf also shall not wither; And what ever he does shall prosper.  
4 The ungodly are not so, but are like the chaff which the wind drives away.  
5 Therefore the ungodly shall not stand in the judgment, nor sinners in the assembly of the righteous.  
6 For the Lord guards the way of the just, but the way of the wicked leads to doom.

## Psalm 2

*A Psalm of David without superscription among the Hebrews*

**W**hy do the nations rage, and the people plot a vain thing?

2 The kings of the earth set themselves, and the rulers take counsel together, against the Lord and against His Anointed, saying:

3 “Let us break their bonds in pieces and cast away their cords from us.”

4 He Who sits in the heavens shall laugh; The Lord shall hold them in derision.

5 He then shall speak to them in His wrath, and distress them in His deep displeasure:

6 “Yes, I have set My King on My holy mountain of Zion.

7 I will declare the decree: The Lord has said to Me: ‘You are My Son, today, I have begotten You.

8 Ask of Me, and I will give You the nations for Your inheritance, and the ends of the earth for Your possession.

9 You shall break them with a rod of iron; You shall dash them in pieces like a potter’s vessel.”

10 Be wise now, therefore, O you kings; Be instructed, you judges of the earth.

11 Serve the Lord with fear and rejoice with trembling.

12 Accept His censure, lest the Lord be angry, and you perish from His righteous way, when His wrath is kindled but a little. Blessed are all those who put their trust in God.

## Psalm 3

*A Psalm of David when he fled from the face of Abbesalom, his son.*

**L**ord, how they have increased who trouble me! Many are they that rise up against me.

2 Many are they who say of my soul, “there is no help for him in God.”

3 But You, O Lord, are a shield for me, my glory and the One Who lifts up my head.

4 I cried to the Lord with my voice, and He heard me from His holy mountain.

5 I lay down and slept; I awoke, for the Lord sustained me.

6 I will not be afraid of ten thousands of people who have set themselves against me all around.



7 Arise, O Lord; save me, my God! For You have struck all my enemies on the cheekbone; You have broken the teeth of the ungodly.

8 O, Lord of salvation, bless your people. Alleluia!

*Glory to the Father and to the Son and to the Holy Spirit; Now and ever and unto ages of ages. Amen; Alleluia, alleluia, alleluia glory to You O God (3x); Lord have mercy (3x); Glory to the Father and to the Son and to the Holy Spirit; Now and ever and unto ages of ages. Amen.*

## Psalm 4

*A Psalm of David; For the Chief Musician with stringed instruments*

**W**hen I cried out, You have heard me, O God of my righteousness! You have relieved me in my distress; Have mercy on me, and hear my prayer.

2 You sons of men, how long will you be hard-hearted? How long will you love vanity and seek falsehood?

3 But know that the Lord has set apart for Himself him who is godly; the Lord will hear when I call to Him.

4 Be angry and do not sin. Repent on your bed for the words of your heart.

5 Offer the sacrifices of righteousness, and put your trust in the Lord.

6 There are many who say, “who will show us any good?” Lord, lift up the light of Your countenance upon us.

7 You have put gladness in my heart, more than in the time that their corn and wine increased.

8 I will both lie down in peace, and sleep; for You alone, O Lord, make me dwell in safety.

## Psalm 5

*A Psalm of David; For the Chief Musician with flutes.*

**G**ive ear to my words, O God, understand my plea.

2 Listen to the voice of my cry, my King and my God, for to You I will pray.

3 My voice You shall hear in the morning, O Lord; in the morning I will direct my prayer to You, and I will look up.

4 For You are not a God who takes pleasure in wickedness, neither shall evil dwell with You.

5 The foolish shall not stand in Your sight; You hate all workers of iniquity.

6 You shall destroy those who speak falsehood; The Lord will abhor the bloodthirsty and deceitful man.

7 But as for me, I will come into Your house in the multitude of Your mercy; In fear of You I will worship toward Your holy temple.

8 Lead me, O Lord, in Your righteousness because of my enemies; Make Your way straight before my face.

9 For there is no faithfulness in their mouth; Their inward part is destruction; Their throat is an open tomb; They flatter with their tongue.

10 Pronounce them guilty, O God! Let them fall by their own counsels; Cast them out in the multitude of their transgressions, for they have rebelled against You.

11 But let all those rejoice who put their trust in You; Let them ever shout for joy, because You defend them; Let also those who love Your name be joyful in You.

12 For You, O Lord, will bless the righteous; With favor You will surround him as with a shield.

## Psalm 6

*A Psalm of David; For the Chief Musician with stringed instruments.*

**O** Lord, rebuke me not in Your anger, nor chasten me in Your hot displeasure.

2 Have mercy on me, O Lord, for I am weak; O Lord, heal me, for my bones are troubled.

3 My soul also is greatly troubled; But You, O Lord, how long?

4 Return, O Lord, deliver my soul! Save me for Your mercies' sake!

5 For in death there is no remembrance of You; In the grave who shall give thanks to You?

6 I am weary with my groaning; All night I make my bed to swim; I water my couch with my tears.

7 My eye is consumed because of grief; It grows old because of all my enemies.

8 Depart from me, all you workers of iniquity; For the Lord has heard the voice of my weeping.

9 The Lord has heard my supplication; The Lord will receive my prayer.

10 Let all my enemies be ashamed and greatly troubled; Let them turn back and suddenly be ashamed.

*Glory to the Father and to the Son and to the Holy Spirit; Now and ever and unto ages of ages. Amen; Alleluia, alleluia, alleluia glory to You O God (3x); Lord have mercy (3x); Glory to the Father and to the Son and to the Holy Spirit; Now and ever and unto ages of ages. Amen.*

## Psalm 7

*A Psalm of David, which he sang to the Lord about the words of Cush.*

**O** Lord my God, in You I put my trust; Save me from all those who persecute me, and deliver me:

2 Lest they tear my soul like a lion, rending me in pieces, while there is none to deliver.

3 O Lord my God, if I have done this: if there is iniquity in my hands,

4 If I have rewarded evil to him who was at peace with me, or have plundered my enemy without cause,

5 Let the enemy persecute my soul and take it; Yes, let him trample down my life upon the earth, and lay my honor in the dust.

6 Arise, O Lord, in Your anger lift Yourself up because of the rage of my enemies, and awake, O Lord, according to the judgment You have commanded!

7 So the congregation of the peoples shall surround You; For their sakes, therefore, return on high.

8 The Lord shall judge the people; Judge me, O Lord, according to my righteousness, and according to my integrity that is in me.

9 Oh, let the wickedness of the wicked come to an end, but establish the just; For the righteous God tests the hearts and minds.

10 My defense is of God, Who saves the upright in heart.

11 God judges the righteous, and God is angry with the wicked every day.

12 If he does not turn back, He will sharpen His sword; He has bent His bow and made it ready.

13 He has also prepared for Him the instruments of death; He pointed His arrows against the persecutors.

14 Behold, the wicked works with iniquity, has conceived mischief and brought forth falsehood.

15 He made a pit and dug it out, and fell into the ditch which he made.

16 His mischief shall return upon his own head, and his violent dealing shall come down on his own crown.

17 I will praise the Lord according to His righteousness, and will sing praise to the name of the Lord Most High.

### **Psalm 8**

*A Psalm of David; For the Chief Musician when he fled from Gath.*

**O** Lord our God, how wonderful is Your name in all the earth, You Who set Your Glory above the heavens!

2 Out of the mouth of babes and sucklings You have perfected praise, because of Your enemies, that You may silence the enemy and the avenger.

3 When I consider Your heavens, the work of Your fingers, the moon and the stars, which You have ordained,

4 What is man that You are mindful of him, and the son of man that You visit him?

5 For You have made him a little lower than the angels, and You have crowned him with glory and honor.

6 You have made him to have dominion over the works of Your hands; You have put all things under his feet,

7 All sheep and oxen, yes— and the beasts of the field,

8 The birds of the air, the fish of the sea, and all that passes through the paths of the seas.

9 O Lord, our Lord, how wonderful is Your name in all the earth!

***Glory** to the Father and to the Son and to the Holy Spirit; Now and ever and unto ages of ages. Amen; Alleluia, alleluia, alleluia glory to You O God (3x); Lord have mercy (3x); Glory to the Father and to the Son and to the Holy Spirit; Now and ever and unto ages of ages. Amen.*

### **Prayers after the First Kathisma:**

O Heavenly King, Comforter, Spirit of Truth, Who are present everywhere and fulfilling all things, Treasury of Blessings and Source of Life: Come abide in us, cleanse us of all stain, and save our souls, O Good One.

Holy God, Holy Mighty, Holy Immortal, have mercy on us (3x).

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever and unto ages of ages. Amen.

All Holy Trinity, have mercy on us. Lord, cleanse us of our sins. Master, pardon our transgressions. Holy One, visit and heal our infirmities, for the glory of Your name.

Lord have mercy (3x).

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever and unto ages of ages. Amen.

Our Father, Who art in heaven, hallowed be Thy Name. Thy kingdom come, Thy will be done on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses as we forgive those who trespass against us. And lead us not into temptation, but deliver us from the evil one.

Come, let us worship God our King. Come, let us worship and fall down before Christ, our King. Come, let us worship and fall down before Christ Himself, our King and our God.

*And these troparia, tone 1:*

I, the prodigal, conceived in transgressions dare not lift my eyes to the height of heaven, but daring to trust in Your love for mankind, I cry out: O God, cleanse me a sinner and save me. If the righteous is just barely saved, where shall I the sinner appear? I have not borne the burden and heat of the day, but number me with those hired at the eleventh hour, O God, and save me.

Glory to the Father, and to the Son, and to the Holy Spirit:

Make haste to open to me Your Fatherly embrace, for as the prodigal I have wasted my life. Despise not my heart in its poverty, O Savior; my eyes are upon the unfailing riches of Your compassion, O Lord, and with compunction I cry out: I have sinned against heaven and before You.

Now and ever and unto ages of ages. Amen.

All-holy Virgin, hope of all Christians, who past mind and speech gave birth to God, pray unceasingly together with the Powers on high that remission of sins and correction of life be granted to all of us who ever honor you with faith and

love.

Lord have mercy (*40x*).

O Master Almighty, inscrutable One, Strength beyond understanding and Origin of Light, from Whom came forth the hypostatic Word of the Father and Your Spirit, one in power: Who for the sake of tenderhearted mercy and inexpressible goodness have not despised human nature held fast in the darkness of sin, but rather have illumined the world with the divine light of Your prophets, Law and teachings—who then deigned to shine forth to us in the flesh Your only-begotten Son and guide us to the brightness of Your Light: May Your ears receive the voice of our supplication. Grant us, O God, to spend the whole night of this present life in vigilance and sobriety of heart, awaiting the coming of Your Son and our God, the Judge of all—that we might not be lying down and asleep but alert and active in the fulfillment of Your commandments, so that we might enter together into His joy—where the voice of those who feast is never silent and there is the unspeakable delight of those who behold the ineffable beauty of Your countenance. For You are a good God and the Lover of Mankind, and to You we ascribe glory, to the Father and to the Son and to the Holy Spirit, now and ever and unto ages of ages. Amen.





## KATHISMA 2

### Psalm 9

*A Psalm of David to the Chief Musician Concerning the Hidden Things of the Son.*

**I** will praise You, O Lord, with my whole heart; I will show all Your marvelous works.

2 I will be glad and rejoice in You; I will sing praises to Your name, O You Most High.

3 When My enemies turn back, they shall fall and perish at Your presence.

4 For You have maintained my right and my cause; You sat on the throne judging right.

5 You have rebuked the nations, You have destroyed the wicked; You have blotted out their name for ever and ever.

6 O you enemy, destructions come to an end! And you have destroyed cities; their memorial has perished with a noise.

7 But the Lord shall endure forever; He has prepared His throne for judgment.

8 He shall judge the world in righteousness, He shall minister judgment for the peoples in uprightness.

9 The Lord will also be a refuge for the oppressed, a refuge in times of trouble.

10 And they that know Your name will put their trust in You; For You, Lord, have not forsaken them that seek You.

11 Sing praises to the Lord Who dwells in Zion! Declare His deeds among

the people.

12 When He makes inquiry for blood, He remembers them; He does not forget the cry of the humble.

13 Have mercy on me, O Lord! Consider my trouble from those who hate me, You Who lift me up from the gates of death,

14 That I may show forth all Your praises in the gates of the daughter of Zion. I will rejoice in Your salvation.

15 The nations have sunk down in the pit which they made; In the net which they hid, is their own foot taken.

16 The Lord is known by the judgment He executes; The wicked is snared in the work of his own hands.

17 The wicked shall be turned into hell, and all the nations that forget God.

18 For the needy shall not always be forgotten: the expectation of the poor shall not perish forever.

19 Arise, O Lord, let not man prevail; Let the nations be judged in Your sight.

20 Put them in fear, O Lord, that the nations may know themselves to be but men.

21 Why do You stand afar off, O Lord? Why do You hide yourself in time of trouble?

22 The wicked in his pride persecutes the poor; Let them be caught in the plots which they have imagined.

23 For the wicked boasts of his heart's desire; He blesses the greedy whom the Lord detests.

24 The wicked in his proud countenance will not seek God; God is in none of his thoughts.

25 His ways are always causing sorrow; Your judgments are far above, out of his sight; As for all his enemies, he sneers at them.

26 He said in his heart: "I shall not be moved; I shall never be in adversity."

27 His mouth is full of cursing and deceit and fraud; Under his tongue is mischief and vanity.

28 He sits in the lurking places of the villages; in the secret places he murders the innocent; His eyes are secretly set against the poor.

29 He lies in wait secretly, as a lion in his den; He lies in wait to catch the poor; He catches the poor when he draws him into his net.

30 So he crouches, he lies low, that the poor may fall by his strong ones.

31 He has said in his heart, "God has forgotten; He hides His face; He will never see it."

32 Arise, O Lord! Lift up Your hand! Forget not the poor.



33 Why do the wicked renounce God? He has said in his heart, "You will not require it."

34 You have seen it, for You observe trouble and grief, to repay it by Your hand. The helpless commits himself to You; You are the helper of the orphan.

35 Break the arm of the wicked and the evil man; Seek out his wickedness until you find none.

36 The Lord is King forever and ever; The nations have perished out of His land.

37 Lord, You have heard the desire of the humble; You will prepare their heart; You will cause Your ear to hear,

38 To do justice to the orphan and the oppressed, that the man of the earth may oppress no more.

## Psalm 10

*A Psalm of David . To the Chief Musician.*

**I**n the Lord I put my trust; How can you say to my soul, "Flee as a bird to your mountain?"

2 For look! The wicked bend their bow, they make ready their arrow upon the string, that they may shoot secretly at the upright in heart.

3 If the foundations are destroyed, what can the righteous do?

4 The Lord is in His Holy temple, the Lord's throne is in heaven: His eyes behold, His eyelids test the sons of men.

5 The Lord tries the righteous, but the wicked and him that loves violence, His soul hates.

6 Upon the wicked He shall rain snares, fire and brimstone and a horrible tempest; This shall be the portion of their cup.

7 For the Lord is righteous, He loves righteousness; His countenance beholds the upright.

***Glory** to the Father and to the Son and to the Holy Spirit; Now and ever and unto ages of ages. Amen; Alleluia, alleluia, alleluia glory to You O God (3x); Lord have mercy (3x); Glory to the Father and to the Son and to the Holy Spirit; Now and ever and unto ages of ages. Amen*

**Psalm 11**

*A Psalm of David. To the Chief Musician, for String Instruments with Eight Chords.*

**H**elp, Lord, for the godly man has failed. For the faithful disappear from among the sons of men.

2 Everyone speaks vanity with his neighbor: with flattering lips and a double heart they speak.

3 The Lord shall cut off all flattering lips, and the tongue that speaks proud things,

4 Who have said: "With our tongue we will prevail; Our lips are our own: Who is lord over us?"

5 "For the oppression of the poor, for the sighing of the needy, now I will arise," says the Lord; "I will set them in safety I will speak to them openly."

6 The words of the Lord are pure words, as silver tried in a furnace of earth, purified seven times.

7 You shall keep them, O Lord, You shall preserve them from this generation forever.

8 The wicked walk on every side, but You, O Lord, in Your greatness have exalted the sons of men.

**Psalm 12**

*A Psalm of David. To the Chief Musician*

**H**ow long will You forget me, O Lord? forever? How long will You hide Your face from me?

2 How long shall I take counsel in my soul, having sorrow in my heart daily? How long will my enemy be exalted over me?

3 Consider and hear me, O Lord, my God; Enlighten my eyes, lest I sleep the sleep of death;

4 Lest my enemy says, "I have prevailed against him," and those who trouble me rejoice when I am moved.

5 But I have trusted in Your mercy; My heart shall rejoice in Your salvation.

6 I will sing to the Lord, because He has dealt bountifully with me.

## Psalm 13

*A Psalm of David. To the Chief Musician.*

**T**he fool has said in his heart, “There is no God.” They are corrupt, they have done abominable works, there is none who does good.  
2 The Lord looked down from heaven upon the children of men, to see if there were any who understood, and sought God.  
3 They have all turned aside, they have together become corrupt; There is none that does good, no, not one.  
4 Have all the workers of iniquity no knowledge, who eat up My people as they eat bread, and call not upon the Lord?  
5 Their throat is an open sepulcher; With their tongues, they have used deceit; The poison of asps is under their lips. Their mouth is full of cursing and bitterness.  
6 Their feet are swift to shed blood; Destruction and misery are in their ways. They have not known the way of peace, and there is no fear of God in their eyes.  
7 There they are in great fear, for God is with the generation of the righteous.  
8 You shame the counsel of the poor, but the Lord is his refuge.  
9 Oh, that the salvation of Israel would come out of Zion! When The Lord brings back the captivity of His people, Jacob shall rejoice and Israel shall be glad.

*Glory to the Father and to the Son and to the Holy Spirit; Now and ever and unto ages of ages. Amen; Alleluia, alleluia, alleluia glory to You O God (3x); Lord have mercy (3x); Glory to the Father and to the Son and to the Holy Spirit; Now and ever and unto ages of ages. Amen.*

## Psalm 14

*A Psalm of David.*

**L**ord, who may abide in Your tabernacle? Who may dwell in Your holy mountain?  
2 He who walks uprightly, and works righteousness, and speaks the truth in his heart;  
3 He who does not backbite with his tongue, nor does evil to his neighbor,

nor takes up a reproach against his neighbor;  
4 In whose eyes a vile person is despised, but he honors them that fear the Lord; He who swears to his own hurt and does not change;  
5 He who does not lend out his money for usury, nor does he take reward against the innocent. He that does these things shall never be moved.

### **Psalm 15**

*A Prayer of David*

**P**reserve me, O God, for in You I put my trust.  
2 O my soul, You have said to the Lord, “You are my Lord, my goodness is nothing apart from You,”  
3 And to the saints who are on the earth, “They are the wonderful ones, in whom is all my delight.”  
4 Their sorrows shall be multiplied that hasten after another god; Their drink offerings of blood I will not offer, nor take up their names on my lips.  
5 You, O Lord, are the portion of my inheritance and my cup; You maintain my lot.  
6 The lines have fallen to me in pleasant places; Yes, I have a good inheritance.  
7 I will bless the Lord Who has given me counsel; My heart also instructs me in the night seasons.  
8 I have set the Lord always before me; Because He is at my right hand I shall not be moved.  
9 Therefore my heart is glad, and my glory rejoices; My flesh also shall rest in hope.  
10 For You will not leave my soul in Sheol, nor will You allow Your Holy One to see corruption.  
11 You will show me the path of life; In Your presence is fullness of joy; At Your right hand are pleasures forevermore.

### **Psalm 16**

*A Prayer of David.*

**H**ear a just cause, O Lord, attend to my cry; Give ear to my prayer which is not out of deceitful lips.  
2 Let my sentence come forth from Your presence; Let Your eyes look on the things that are upright.

3 You have tested my heart; You have visited me in the night; You have tried me and have found nothing; I pledged that my mouth shall not transgress.

4 Concerning the works of men, by the word of Your lips, I have kept myself from the paths of the destroyer.

5 Uphold my steps in Your paths, that my footsteps may slip not.

6 I have called upon You, for You will hear me, O God; Incline Your ear to me, and hear my speech.

7 Show Your marvelous loving kindness by Your right hand, O You who save those who put their trust in You from those who rise up against them.

8 Keep me as the apple of the eye; Hide me under the shadow of Your wings,

9 From the wicked who oppress me, from my deadly enemies who surround me.

10 They have closed up their fat hearts; With their mouths they speak proudly.

11 They have now surrounded us in our steps; They have set their eyes, bowing down to the earth,

12 Like a lion that is greedy of his prey, and as a young lion lurking in secret places.

13 Arise, O Lord, confront him, cast him down; Deliver my life from the wicked with Your sword,

14 With Your hand from men, O Lord, from men of the world who have their portion in this life, and whose belly You filled with Your hidden treasure. They are satisfied with children, and leave the rest of their substance for their babes.

15 As for me, I will behold Your face in righteousness; I shall be satisfied when Your glory is revealed.

***Glory to the Father and to the Son and to the Holy Spirit; Now and ever and unto ages of ages. Amen; Alleluia, alleluia, alleluia glory to You O God (3x); Lord have mercy (3x); Glory to the Father and to the Son and to the Holy Spirit; Now and ever and unto ages of ages. Amen.***

### Prayers after the Second Kathisma

O Heavenly King, Comforter, Spirit of Truth, Who are present everywhere and fulfilling all things, Treasury of Blessings and Source of Life: Come abide in us, cleanse us of all stain, and save our souls, O Good One.

Holy God, Holy Mighty, Holy Immortal, have mercy on us (3x).

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever and unto ages of ages. Amen.

All Holy Trinity, have mercy on us. Lord, cleanse us of our sins. Master, pardon our transgressions. Holy One, visit and heal our infirmities, for the glory of Your name.

Lord have mercy (3x).

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever and unto ages of ages. Amen.

Our Father, Who art in heaven, hallowed be Thy Name. Thy kingdom come, Thy will be done on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses as we forgive those who trespass against us. And lead us not into temptation, but deliver us from the evil one.

Come, let us worship God our King. Come, let us worship and fall down before Christ, our King. Come, let us worship and fall down before Christ Himself, our King and our God.

*And these troparia, tone 2:*

I myself am the barren tree, O Lord; I have not brought forth any fruit of compunction and, in dread of being cut down, I fear the fire which is unquenchable. Therefore I implore You: before this must be, turn me once more and save me. My trespasses have arisen upon me like the waves of the sea; like a ship in the deep, I alone am bestormed by my transgressions, but pilot me by repentance to the calm harbor, O Lord, and save me.

Glory to the Father, and to the Son, and to the Holy Spirit:

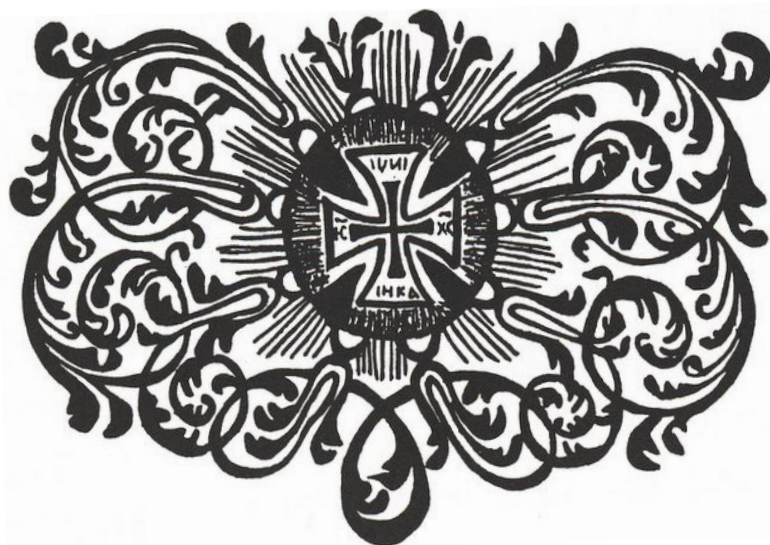
Have mercy upon me, said David; and I cry out to You, I have sinned, O Savior; cleanse away my sins by repentance, and have mercy on me.

Now and ever and unto ages of ages. Amen.

O Mother of God, warm advocate of Christians, entreat your Son to deliver us from all misfortunes and fierce adversaries, and for the sake of His tender compassion, to grant us by your prayers forgiveness of our sins, O Virgin Mother.

Lord have mercy (40x).

O Master Almighty, Father of our Lord Jesus Christ You only-begotten Son, grant me an unsullied body, a pure heart, an alert mind, unerring understanding and the visitation of the Holy Spirit, that I may attain unto the abundance of truth in Your Christ; with Whom it is fitting to render You glory, honor, and worship, with the Holy Spirit, now and ever and unto ages of ages. Amen.





## KATHISMA 3

### Psalm 17

*A Psalm of David. To the Chief Musician; In the Day When the Lord Delivered Him From the Hands of His Enemies, and From the Hands of Saul.*



I will love You, O Lord, my strength.

2 The Lord is my rock and my fortress and my deliverer; My God, my strength, in Whom I will trust; My shield and the horn of my salvation, my stronghold.

3 I will call upon the Lord, Who is worthy to be praised; So shall I be saved from my enemies.

4 The pangs of death encompassed me, and the floods of ungodliness made me afraid.

5 The sorrows of Hades surrounded me; The snares of death confronted me.

6 In my distress I called upon the Lord, and cried out to my God; He heard my voice from His temple, and my cry came before Him, even into His ears.

7 Then the earth shook and trembled; The foundation of the mountains also quaked and were shaken, because He was enraged.

8 Smoke went up in His wrath, and devouring fire from His mouth; Coals were kindled by it.

9 He bowed the heavens also, and came down; Darkness was under His feet.



10 And He rode upon a cherub, and did fly; Yes, He flew upon the wings of the wind.

11 He made darkness His secret place; His canopy around Him was dark waters and thick clouds of the skies.

12 From the brightness before Him, His thick clouds passed, hailstones and coals of fire.

13 The Lord also thundered in the heavens, and the Most High uttered His voice; Hailstones and coals of fire.

14 Yes, He sent out His arrows and scattered the foe, lightning in abundance, and He defeated them.

15 Then the channels of waters were seen, and the foundation of the world were uncovered at Your rebuke, O Lord, at the blast of the breath of Your wrath.

16 He sent from above, He took me; He drew me out of many waters.

17 He delivered me from my strong enemy, and from them who hated me, for they were too strong for me.

18 They confronted me in the day of my calamity, but the Lord was my support.

19 He also brought me out into a large place; He delivered me because He delighted in me.

20 The Lord rewarded me according to my righteousness; according to the cleanness of my hands has He recompensed me.

21 For I have kept the ways of the Lord; I have not wickedly departed from my God.

22 For all His judgments were before me, and I did not put away His statutes from me.

23 I was also blameless before Him, and I kept myself from my iniquity.

24 Therefore the Lord has recompensed me according to my righteousness, according to the cleanness of my hands in His eyesight.

25 With the merciful You will show Yourself merciful; With a blameless man You will show Yourself righteous;

26 With the pure You will show Yourself pure; And with the devious You will show Yourself shrewd.

27 For You will save the afflicted people, but will bring down high looks.

28 For You will light my candle; The Lord my God will enlighten my darkness.

29 For by You I have run against a troop, and by my God I can leap over

a wall.

30 As for God, His way is perfect; The word of the Lord is tried; He is a shield to all who trust in Him.

31 For who is God, except the Lord? And who is a rock, except our God?

32 It is God who arms me with strength, and makes my way perfect.

33 He makes my feet like deer's feet, and sets me on my high places.

34 He teaches my hands to make war, so that a bow of steel is broken by my arms.

35 You have also given me the shield of Your salvation; Your right hand has held me up, Your gentleness has made me great.

36 You enlarged my path under me, that my feet did not slip.

37 I have pursued my enemies and overtaken them; neither did I turn back again till they were consumed.

38 I have wounded them, so that they were not able to rise; They have fallen under my feet.

39 For You have girded me with strength unto the battle; You have subdued under me those who rose up against me.

40 You have also given me the necks of my enemies, so that I might destroy those who hate me.

41 They cried out, but there was none to save them, even to the Lord, but He answered them not.

42 Then I beat them as fine as the dust before the wind; I cast them out like dirt in the streets.

43 You have delivered me from the striving of the people, You have made me the head of the nations; A people I have not known shall serve me.

44 As soon as they hear of me they shall obey me; The strangers shall submit themselves to me.

45 The strangers fade away, and come frightened from their hideouts.

46 The Lord lives! Blessed be my Rock! Let the God of my salvation be exalted.

47 It is God who avenges me, and subdues the people under me;

48 He delivers me from my enemies. You also lift me up above those that rise against me; You have delivered me from the violent man.

49 Therefore I will give thanks to You, O Lord, among the nations, and sing praises to Your name.

50 Great deliverance He gives to His king, and shows mercy to His anointed, to David and his seed forevermore.

*Glory to the Father and to the Son and to the Holy Spirit; Now and ever and unto ages of ages. Amen; Alleluia, alleluia, alleluia glory to You O God (3x); Lord have mercy (3x); Glory to the Father and to the Son and to the Holy Spirit; Now and ever and unto ages of ages. Amen.*

## Psalm 18

*A Psalm of David. To the Chief Musician.*

**T**he heavens declare the glory of God; And the firmament shows His handiwork.

2 Day unto day utters speech, and night unto night reveals knowledge.

3 There is no speech nor language where their voice is not heard.

4 Their voice has gone out through all the earth, and their words to the end of the world. In them He has set a tabernacle for the sun,

5 Which is like a bridegroom coming out of his chamber, and rejoices as a strong man to run a race.

6 Its rising is from one end of heaven, and its circuit to the end of it; And there is nothing hidden from its heat.

7 The law of the Lord is perfect, converting the soul; The testimony of the Lord is sure, making the simple wise.

8 The statutes of the Lord are right, rejoicing the heart; The commandment of the Lord is pure, enlightening the eyes;

9 The fear of the Lord is clean, enduring forever; The judgments of the Lord are true and altogether righteous.

10 More to be desired are they than gold, Yea, than much fine gold; Sweeter also than honey and the honeycomb.

11 Moreover by them Your servant is warned, and in keeping them there is great reward.

12 Who can understand his errors? Cleanse me from secret faults.

13 Keep back Your servant also from presumptuous sins; Let them not have dominion over me. Then I shall be blameless, and I shall be innocent of great transgression.

14 Let the words of my mouth and the meditation of my heart be acceptable in Your sight, O Lord, my strength and my redeemer.

**Psalm 19**

*A Psalm of David. To the Chief Musician.*

**M**ay the Lord hear you in the day of trouble; May the name of the God of Jacob defend you;  
2 May He send you help from the sanctuary, and strengthen you out of Zion;  
3 May He remember all your offerings, and accept your burnt sacrifice.  
4 May He grant you according to your own heart, and fulfill all your purpose.  
5 We will rejoice in your salvation, and in the name of our God we will set up our banners! May the Lord fulfill all your petitions.  
6 Now I know that the Lord saves His anointed; He will hear him from His holy heaven with the saving strength of His right hand.  
7 Some trust in chariots and some in horses; But we will remember the name of the Lord our God.  
8 They are brought down and fallen; But we have risen and stand upright.  
9 Lord, save the King, and hear us in whatever day we call you!

**Psalm 20**

*A Psalm of David. To the Chief Musician.*

**T**he King shall have joy in your strength, O Lord; And in Your salvation how greatly shall he rejoice!  
2 You have given him his heart's desire, and have not withheld the request of his lips.  
3 For You meet him with the blessings of goodness; You set a crown of pure gold upon his head.  
4 He asked life from You, and You gave it to him, even length of days for ever and ever.  
5 His glory is great in Your salvation; Honor and majesty You have placed upon him.  
6 For You have made him most blessed forever; You have made him exceedingly glad with Your countenance.  
7 For the king trusts in the Lord, and through the mercy of the Most High he shall not be moved.  
8 Your hand will find out all Your enemies; Your right hand will find out those who hate You.

9 You shall make them as a fiery oven in the time of Your anger; The Lord shall swallow them up in His wrath, and the fire shall devour them.

10 Their offspring You shall destroy from the earth, and their descendants from among the sons of men.

11 For they intended evil against You; They devised a plot which they are not able to perform.

12 Therefore You will make them turn their back; You will make ready Your arrows on Your string toward their faces.

13 Be exalted, O Lord, in Your own strength! So we will sing and praise Your power.

*Glory to the Father and to the Son and to the Holy Spirit; Now and ever and unto ages of ages. Amen; Alleluia, alleluia, alleluia glory to You O God (3x); Lord have mercy (3x); Glory to the Father and to the Son and to the Holy Spirit; Now and ever and unto ages of ages. Amen.*

## Psalm 21

*A Psalm of David. To the Chief Musician for the Morning Help.*

**M**y God, My God, why have You forsaken Me? Why are You so far from helping Me, and from the words of My groaning?

2 O My God, I cry in the daytime, but You do not hear; And in the night season, I am not silent.

3 But You, O praise of Israel, dwell in Your holy place.

4 Our fathers trusted in You; They trusted and You delivered them.

5 They cried to You, and were delivered; They trusted in You and were not confounded.

6 But I am a worm and no man; a reproach of men and despised by the people.

7 All those who see Me laugh me to scorn; They shoot out the lip, they shake the head, saying,

8 "He trusted in the Lord, let Him rescue Him; Let Him deliver Him, since He delighted in Him!"

9 But You are He who took Me out of the womb; You made Me trust when I was on My mother's breasts.

10 I was cast upon You from the womb. From My mother's womb You have been My God.

11 Be not far from Me, for trouble is near; For there is none to help.  
12 Many bulls have surrounded Me; Strong bulls of Bashan have surrounded Me.  
13 They gape at Me with their mouths, as a devouring and roaring lion.  
14 I am poured out like water, and all My bones are out of joint; My heart is like wax; it has melted within Me.  
15 My strength is dried up like a potsherd, and My tongue clings to My Jaws; You have brought Me to the dust of death.  
16 For dogs have encompassed Me; The assembly of the wicked has enclosed Me. They pierced My hands and My feet;  
17 I can count all My bones. They look and stare at Me.  
18 They divided my garments among them, and cast lots upon My vesture.  
19 But You, O Lord, do not be far from Me; O My strength, hasten to help Me!  
20 Deliver Me from the sword, My precious life from the power of the dog.  
21 Save Me from the lion's mouth and from the horns of the unicorn.  
22 I will declare Your name to My brethren; In the midst of the congregation I will praise You.  
23 You who fear the Lord, praise Him! All You descendants of Jacob, glorify Him, and fear Him, All you offsprings of Israel!  
24 For He has not despised nor abhorred the affliction of the afflicted; Nor has He hidden His face from Him; But when He cried to Him, He heard.  
25 My praise shall be of You in the great assembly; I will pay My vows before those who fear Him.  
26 The poor shall eat and shall be satisfied; And those who seek the Lord shall praise Him. Their hearts shall live forever!  
27 All the ends of the world shall remember and turn to the Lord, and all the families of the nations shall worship before You.  
28 For the kingdom is the Lord's, and He rules over the nations.  
29 All the prosperous of the earth shall eat and worship; all those who go down to the dust shall bow before Him, and none can keep alive his own soul.  
30 A seed shall serve Him. It will be accounted to the Lord for a generation.  
31 They shall come and declare His righteousness to a people that shall be born, that He has done this.

**Psalm 22**

*A Psalm of David. On a Saturday.*

**T**he Lord is my shepherd; I shall not want.

2 He makes me to lie down in green pastures; He leads me beside the still waters.

3 He restores my soul; He leads me in the paths of righteousness for His name's sake.

4 Yea, though I walk through the valley of the shadow of death, I will fear no evil; For You are with me; Your rod and Your staff, they comfort me.

5 You prepare a table before me in the presence of my enemies; You anoint my head with oil; My cup runs over.

6 Surely goodness and mercy shall follow me all the days of my life; And I will dwell in the house of the Lord forever.

**Psalm 23**

*A Psalm of David.*

**T**he earth is the Lord's and all its fullness, the world and those who dwell therein.

2 For He has founded it upon the seas, and established it upon the waters.

3 Who shall ascend into the mountain of the Lord? Or who shall stand in His holy place?

4 He that has clean hands and a pure heart, who has not lifted up his soul unto vanity, nor sworn deceitfully.

5 He shall receive blessing from the Lord, and righteousness from the God of his salvation.

6 This is the generation of those that seek Him, that seek the face of God of Jacob.

7 Lift up Your gates, you princes, and be lifted up, you everlasting doors! And the King of glory shall come in.

8 Who is this King of glory? The Lord strong and mighty, the Lord mighty in battle.

9 Lift up your gates, you princes, and be lifted up, you everlasting doors! And the King of glory shall come in.

10 Who is this King of glory? The Lord of hosts, He is the King of glory.

*Glory to the Father and to the Son and to the Holy Spirit; Now and ever and unto ages of ages. Amen; Alleluia, alleluia, alleluia glory to You O God (3x); Lord have mercy (3x); Glory to the Father and to the Son and to the Holy Spirit; Now and ever and unto ages of ages. Amen.*

### **Prayers after the Third Kathisma**

O Heavenly King, Comforter, Spirit of Truth, Who are present everywhere and fulfilling all things, Treasury of Blessings and Source of Life: Come abide in us, cleanse us of all stain, and save our souls, O Good One.

Holy God, Holy Mighty, Holy Immortal, have mercy on us (3x)

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever and unto ages of ages. Amen.

All Holy Trinity, have mercy on us. Lord, cleanse us of our sins. Master, pardon our transgressions. Holy One, visit and heal our infirmities, for the glory of Your name.

Lord, have mercy (3x).

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever and unto ages of ages. Amen.

Our Father, Who art in heaven, hallowed be Thy Name. Thy kingdom come, Thy will be done on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses as we forgive those who trespass against us. And lead us not into temptation, but deliver us from the evil one.

Come, let us worship God our King. Come, let us worship and fall down before Christ, our King. Come, let us worship and fall down before Christ Himself, our King and our God.

*And these troparia, Tone 3:*

While you are yet upon earth, repent, O my soul. Dust in the grave does not sing, nor does it deliver from transgressions. Cry out to Christ God: O Knower of Hearts, I have sinned; before You pronounce judgment upon me, have mercy on me. How long, O my soul, will you remain in sin? How long will it be before you accept the transformation of repentance? Be very mindful of the coming judgment and call out to the Lord: O Knower of Hearts, I have sinned. Before You pronounce judgment upon me, have mercy on me.



Glory to the Father, and to the Son, and to the Holy Spirit:

At the dread Judgment I shall be condemned without accusers, I shall be judged without witnesses; for the books of conscience will be thrown open and hidden deeds will be revealed. Before You search out what I have done at the gathering of all peoples, O God, cleanse me and save me.

Now and ever and unto ages of ages. Amen.

The awesome mystery accomplished in you is truly beyond conceiving and understanding, O sovereign Lady blessed of God; for you conceived the One Who cannot be circumscribed. You gave birth to Him Who put on flesh from your pure blood. As He is your Son, pure Lady, entreat Him to save all who hymn you.

Lord, have mercy (*40x*).

O, Jesus Christ, perfect God, Word of the Father beyond all beginning, Almighty Lord, You are in no way separated from Your servants, but ever abide in them. Do not forsake me, Your servant, all-holy King, but grant me, the unworthy one, the joy of Your salvation; illumine my mind with the light of the understanding of Your Gospel, fasten my soul with love to Your Cross, beautify my body with Your freedom from passions, appease my thoughts, and keep my feet from falling. Do not destroy me with my sins, O good Lord, but search me, O God, and know my heart, try me and discern my path. If there be in me any wicked way, turn me from it and lead me in the way everlasting. For You are the Way, the Truth, and the Life and to You we ascribe glory, together with Your Father Who has no beginning and Your all-holy, good and life-creating Spirit, now and ever and unto the ages of ages. Amen.





## KATHISMA 4

### Psalm 24

*A Psalm of David*

- T**o You, O Lord, I lift up my soul.  
2 O my God, I trust in You; Let me not be ashamed; Let not my enemies triumph over me.  
3 Indeed, let no one who waits on You be ashamed; Let those be ashamed who transgress without cause.  
4 Show me Your ways, O Lord; Teach me Your paths.  
5 Lead me in Your truth and teach me, for You are the God of my salvation; On You I wait all the day.  
6 Remember, O Lord, Your tender mercies and Your loving-kindnesses for they have been ever from of old.  
7 Remember not the sins of my youth, nor my transgressions; According to Your mercy remember me, for Your goodness' sake, O Lord.  
8 Good and upright is the Lord; Therefore He teaches sinners in the way.  
9 The humble He guides in justice, and the meek He teaches His way.  
10 All the paths of the Lord are mercy and truth, to such as keep His covenant and His testimonies.  
11 For Your name's sake, O Lord, pardon my iniquity, for it is great.

12 What man is he that fears the Lord? Him shall He teach in the way He chooses.

13 He himself shall dwell in prosperity, and his descendants shall inherit the earth.

14 The secret of the Lord is with them that fear Him, and He will show them His covenant.

15 My eyes are ever toward the Lord, for He shall pluck my feet out of the net.

16 Turn Yourself to me and have mercy on me, for I am desolate and afflicted.

17 The troubles of my heart have enlarged; O, bring me out of my distresses!

18 Look on my affliction and my pain, and forgive all my sins.

19 Consider my enemies, for they are many; And they hate me with cruel hatred.

20 Oh, keep my soul and deliver me; Let me not be ashamed, for I put my trust in You.

21 Let integrity and uprightness preserve me, for I wait for You.

22 Redeem Israel, O God, of all their troubles!

## Psalm 25

*A Psalm of David Before the Anointing.*

**J**udge me, O Lord, for I have walked in my integrity. I have trusted also in the Lord, therefore I shall not slip.

2 Examine me, O Lord, and prove me; Try my reins and my heart.

3 For Your loving kindness is before my eyes, and I have walked in Your truth.

4 I have not sat with vain persons, nor will I go in with hypocrites.

5 I hate the congregation of evil doers, and will not sit with the wicked.

6 I will wash my hands in innocence; So I will go about Your altar, O Lord,

7 That I may proclaim with the voice of thanksgiving, and tell of all Your wondrous works.

8 Lord, I have loved the beauty of Your house, and the place where Your glory dwells.

9 Gather not my soul together with sinners, nor my life with bloody men,  
10 In whose hands is mischief, and whose right hand is full of bribes.  
11 But as for me, I will walk in my integrity; Redeem me and be merciful  
to me.  
12 My foot stands in an even place; In the congregations will I bless the  
Lord.

## Psalm 26

*A Psalm of David*

**T**he Lord is my light and my salvation; Whom shall I fear? The  
Lord is the strength of my life; of whom shall I be afraid?  
2 When the wicked, even my enemies and my foes, came upon me to eat  
up my flesh, they stumbled and fell.  
3 Though an army should encamp against me, my heart shall not fear;  
Though war should rise against me, in this I will be confident.  
4 One thing I have desired of the Lord, that will I seek: That I may dwell  
in the house of the Lord, all the days of my life, to behold the beauty of  
the Lord, and to meditate in His temple.  
5 For in the time of trouble He shall hide me in His pavilion; In the secret  
of His tabernacle He shall hide me; He shall set me up upon a rock.  
6 And now my head shall be lifted up above my enemies all around me;  
Therefore I will offer in His tabernacle sacrifices of joy; I will sing, yes,  
I will sing praises to the Lord.  
7 Hear, O Lord, when I cry with my voice! Have mercy also upon me and  
answer me.  
8 When You said, "Seek My face," my heart said to You, "Your face,  
Lord, I will seek."  
9 Hide not Your face from me; Do not turn Your servant away in anger;  
You have been my help; Leave me not, nor forsake me, O God of my  
salvation.  
10 When my father and my mother forsake me, then the Lord will take me  
up.  
11 Teach me Your way, O Lord, and lead me in a smooth path, because  
of my enemies.  
12 Deliver me not to the will of my enemies; For false witnesses have  
risen against me, and such as speak out cruelty.  
13 I would have lost heart, unless I had believed that I would see the  
goodness of the Lord in the land of the living.

14 Wait on The Lord; Be of good courage, and He shall strengthen your heart; Wait, I say, on the Lord!

*Glory to the Father and to the Son and to the Holy Spirit; Now and ever and unto ages of ages. Amen; Alleluia, alleluia, alleluia glory to You O God (3x); Lord have mercy (3x); Glory to the Father and to the Son and to the Holy Spirit; Now and ever and unto ages of ages. Amen.*

## Psalm 27

*A Psalm of David. A Procession of the Tabernacle.*

**T**o you, I will cry, O Lord, my Rock; do not be silent to me, lest, if You are silent to me, I become like those who go down into the pit.

2 Hear the voice of my supplications when I cry to You, when I lift up my hands toward Your holy sanctuary.

3 Take me not away with the wicked and with the workers of iniquity, who speak peace to their neighbors, but evil is in their hearts.

4 Give them according to their deeds, and according to the wickedness of their endeavors; Give them according to the work of their hands; Render to them what they deserve.

5 Because they regard not the works of the Lord, nor the operation of His hands, He shall destroy them and not build them up.

6 Blessed be the Lord, because He has heard the voice of my supplications!

7 The Lord is my strength and my shield; My heart trusted in Him and I am helped; Therefore my heart greatly rejoices, and with my song I will praise Him.

8 The Lord is the strength of His people, and He is the saving defender of His anointed.

9 Save Your people, and bless Your inheritance; Shepherd them also and exalt them forever.

## Psalm 28

*A Psalm of David. To the Chief Musician for the Blessing of the House.*

**G**ive unto the Lord, O you mighty ones, give unto the Lord glory and strength.

2 Give unto the Lord the glory due unto His name; Worship the Lord in the beauty of holiness.

3 The voice of the Lord is upon the waters; The God of glory thunders; The Lord is over many waters.

4 The voice of the Lord is powerful; The voice of the Lord is full of majesty.

5 The voice of the Lord breaks the cedars, yes, the Lord breaks the cedars of Lebanon.

6 He makes them also skip like a calf of Lebanon, and the beloved one, as the foal of the unicorn.

7 The voice of the Lord divides the flames of fire.

8 The voice of the Lord shakes the wilderness; the Lord shakes the wilderness of Kadesh.

9 The voice of the Lord makes the deer give birth, and strips the forests bare; and in His temple everyone speaks of His glory.

10 The Lord sits upon the flood, and the Lord sits as King forever.

11 The Lord will give strength to His people; The Lord will bless His people with peace.

## Psalm 29

*A Psalm of David in Time of Fear.*

**I** will extol You, O Lord, for You have lifted me up, and have not let my foes rejoice over me.

2 O Lord my God, I cried out to You, and You healed me.

3 O lord, You have brought my soul up from the grave; You have kept me alive, that I should not go down to the pit.

4 Sing praises to the Lord, you saints of His, and give thanks at the remembrance of His holiness.

5 For His anger endures for a moment, but in His favor is life; Weeping may endure for a night, but joy comes in the morning.

6 And in my prosperity I said, "I shall never be moved."

7 Lord, by Your favor You have made my beauty stand strong; You hid Your face, and I was troubled.

8 I cried out to You, O Lord, and to the Lord I made my supplication:  
9 “What profit is there in my blood, when I go down to the pit? Will the  
dust praise You? Will it declare Your truth?  
10 Hear, O Lord, and have mercy on me; Lord, be my helper!”  
11 You have turned for me my morning into dancing; You have put off  
my sackcloth and girded me with gladness,  
12 To the end that my glory may sing praise to You and not be silent. O  
Lord my God, I will give thanks to You forever.

*Glory to the Father and to the Son and to the Holy Spirit; Now and ever and unto  
ages of ages. Amen; Alleluia, alleluia, alleluia glory to You O God (3x); Lord have  
mercy (3x); Glory to the Father and to the Son and to the Holy Spirit; Now and ever  
and unto ages of ages. Amen.*

## Psalm 30

*A Psalm of David. For Instruction.*

**I**n You, O Lord, I put my trust; Let me never be ashamed; Deliver  
me in Your righteousness.  
2 Bow down Your ear to me, deliver me speedily; Be my rock of refuge,  
a fortress of defense to save me.  
3 For You are my rock and my fortress; Therefore, for Your name’s sake,  
lead me and guide me.  
4 Pull me out of the net which they have secretly laid for me, for You are  
my strength.  
5 Into Your hand I commit my spirit; You have redeemed me, O Lord  
God of truth.  
6 I have hated those who regard vain idols; But I trust in the Lord.  
7 I will be glad and rejoice in Your mercy, for You have considered my  
trouble; You have known my soul in adversities,  
8 And have not shut me up into the hand of the enemy; You have set my  
feet in a wide place.  
9 Have mercy on me, O Lord, for I am in trouble; My eye wastes away  
with grief, yes, my soul and my body!  
10 For my life is spent with grief, and my years with sighing; My strength  
fails because of my iniquity, and my bones waste away.  
11 I was a reproach among all my enemies, but especially among my

neighbors, and am a fear to my acquaintances; Those that saw me fled from me.

12 I am forgotten like a dead man, out of mind; I am like a broken vessel.

13 For I heard the slander of many; Fear was on every side; While they took counsel together against me. They devised to take away my life.

14 But I trusted in You, O Lord; I said, "You are my God."

15 My times are in Your hand; Deliver me from the hand of my enemies, and from them that persecute me.

16 Make Your face shine upon Your servant; Save me for Your mercy's sake.

17 Let me not be ashamed, O Lord, for I have called upon You; Let the wicked be ashamed; Let them be silent in the grave.

18 Let the lying lips be put to silence, which speak appalling things proudly and contemptuously against the righteous.

19 Oh, how great is Your goodness, which You have laid up for those who fear You, which You have prepared for those who trust in You before the sons of men!

20 You shall hide them in the secret of Your presence from the plots of man; You shall keep them secretly in a pavilion from the strife of tongues.

21 Blessed be the Lord, for He has shone me His marvelous kindness in a strong city!

22 For I said in my haste, "I am cut off from before Your eyes;" Nevertheless You heard the voice of my supplications when I cried out to You.

23 Oh, love the Lord, all you His saints! For the Lord preserves the faithful, and fully repays the proud person.

24 Be of good courage, and He shall strengthen your heart, all you who hope in the Lord.

## Psalm 31

*A Psalm of David without Superscription Among the Hebrew.*

**B**lessed is he whose transgression is forgiven, and whose sin is covered.

2 Blessed is the man to whom the Lord does not impute iniquity, and in whose spirit there is no guile.

3 When I kept silent, my bones grew old through my groaning all the day long.

4 For day and night Your hand was heavy upon me; my pain increased,



as when a thorn was fastened in me.

5 I acknowledge my sin to You, and my iniquity I have not hidden. I said, "I will confess my transgressions to the Lord," and You forgave the iniquity of my sin.

6 For this cause everyone who is godly shall pray to You in a time when You may be found; Surely in a flood of great waters they shall not come near You.

7 You are my hiding place; You shall preserve me from trouble; You shall surround me with songs of deliverance.

8 I will instruct you, says the Lord, and teach You in the way you should go; I will guide you with My eye.

9 Do not be like the horse or like the mule, which have no understanding, which must be harnessed with bit and bridle, else they will not come near you.

10 Many sorrows shall be to the wicked; But he who trusts in the Lord, mercy shall surround him.

11 Be glad in the Lord and rejoice, you righteous; And shout for joy, all you upright in heart!

*Glory to the Father and to the Son and to the Holy Spirit; Now and ever and unto ages of ages. Amen; Alleluia, alleluia, alleluia glory to You O God (3x); Lord have mercy (3x); Glory to the Father and to the Son and to the Holy Spirit; Now and ever and unto ages of ages. Amen.*

### **Prayers after the Fourth Kathisma**

O Heavenly King, Comforter, Spirit of Truth, Who are present everywhere and fulfilling all things, Treasury of Blessings and Source of Life: Come abide in us, cleanse us of all stain, and save our souls, O Good One.

Holy God, Holy Mighty, Holy Immortal, have mercy on us (3x)

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever and unto ages of ages. Amen.

All Holy Trinity, have mercy on us. Lord, cleanse us of our sins. Master, pardon our transgressions. Holy One, visit and heal our infirmities, for the glory of

Your name.

Lord, have mercy (3x).

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever and unto ages of ages. Amen.

Our Father, Who art in heaven, hallowed be Thy Name. Thy kingdom come, Thy will be done on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses as we forgive those who trespass against us. And lead us not into temptation, but deliver us from the evil one.

Come, let us worship God our King. Come, let us worship and fall down before Christ, our King. Come, let us worship and fall down before Christ Himself, our King and our God.

*And these troparia, Tone 7:*

I have spent my whole life in sin; visit my lowly soul, O Lord. Receive me as You did the adulterous woman, and save me. I think of the fathomless depth of my many offences as I cross the sea of this life and, lacking a helmsman for my thoughts, I call out to You as Peter: Save me, O Christ; save me, O God, as You are the Lover of Man.

Glory to the Father, and to the Son, and to the Holy Spirit:

Soon we shall go into the Bridal Chamber of Christ. O, that we might all hear the blessed voice of Christ our God! Come, lovers of heavenly glory whose lot is with the wise virgins, for our lamps have been made bright through faith.

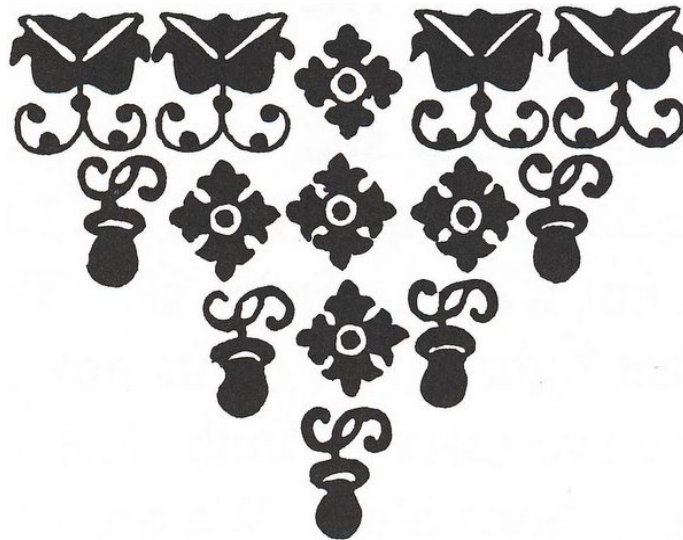
Now and ever and unto ages of ages. Amen.

Repent, O soul, before your departure, for there is an impartial and unbearable judgment for sinners. Cry out to the Lord with tender compunction of heart: I have sinned against You in ways known to me and in ways unknown, O compassionate One; by the prayers of the Theotokos, show me compassion and save me.

Lord, have mercy (40x).

To You, the only good One Who harbors no memory of wrong, I confess my sins, O Lord. I, the unworthy one fall down before You crying out: I have sinned, O Lord, and am not worthy to gaze upon the height of heaven because of the multitude of my unrighteousness. But O Lord, my Lord, Who alone are

good and merciful, grant me warm tears of compunction, that by them I might beseech of You cleansing from all sin before the end; for when I am separated from this body I will pass through a horrid place where dark, inhuman multitudes of demons will confront me, and there will be no one at my side to help or deliver. Therefore I prostrate myself before Your goodness: Give me not over to those who seek my harm, neither let my enemies exult over me, good Lord; yea, let them not say: He is now in our hands and abandoned to us. Do not recompense me according to my transgressions, O Lord, and forget Your compassions. Turn not Your face away from me, but deal with me according to Your bounteous mercy. May my enemy not rejoice over me: Bring to naught his threats, nullify all his work, and grant that my path to You be an honorable one, O good Lord. Since in my sins I have not run to another doctor or stretched out my hands to a strange god, do not reject my supplication, but in Your goodness hear me and establish my heart in the fear of You. May Your grace be upon me, O Lord, like a fire burning up my unclean thoughts. For You are the Light beyond all light, O Lord, the Joy beyond all joy, the Rest beyond all rest; Life, Truth and Salvation, abiding unto the ages of ages. Amen.





## KATHISMA 5

### Psalm 32

*A Psalm of David without Superscription Among the Hebrew.*

**R**ejoice in the Lord, O you righteous! For praise from the upright is beautiful.

2 Praise the Lord with harp; Sing unto Him with the psaltery and an instrument of ten strings.

3 Sing to Him a new song; Play skillfully with a loud noise.

4 For the word of the Lord is right, and all His work is done in truth.

5 He loves righteousness and justice; The earth is full of the goodness of the Lord.

6 By the word of the Lord the heavens were made, and all the host of them by the breath of His mouth.

7 He gathers the waters of the sea together as a heap; He lays up the deep in storehouses.

8 Let all the earth fear the Lord; let all the inhabitants of the world stand in awe of Him.

9 For He spoke and it was done; He commanded and it stood fast.

10 The Lord brings the counsel of the nations to nothing; He makes the plans of the peoples of no effect.

11 The counsel of the Lord stands forever, the thoughts of His heart to all generations.

12 Blessed is the nation whose God is the Lord, and the people whom He

has chosen as His own inheritance.

13 The Lord looks from heaven; He observes all the sons of men.

14 From the place of His habitation He looks on all the inhabitants of the earth;

15 He fashions their hearts individually; He considers all their works.

16 No king is saved by the multitude of an army; A mighty man is not delivered by great strength.

17 A horse is a vain thing for safety; Neither shall it deliver any by its own strength.

18 Behold, the eye of the Lord is on those who fear Him, on those who hope in His mercy,

19 To deliver their soul from death, and to keep them alive in famine.

20 Our soul waits for the Lord; He is our help and our shield.

21 For our heart shall rejoice in Him, because we have trusted in His holy name.

22 Let Your mercy, O Lord, be upon us, just as we hope in You.

### Psalm 33

*A Psalm of David when He Changed His Face Before Abimelech and went Away.*

**I** will bless the Lord at all times; His praise shall continually be in my mouth.

2 My soul shall make its boast in the Lord; The humble shall hear of it and be glad.

3 Oh, magnify the Lord with me, and let us exalt His name together.

4 I sought the Lord and He heard me, and delivered me from all my fears.

5 They looked to Him and were illumined, and their faces were not ashamed.

6 This poor man cried out, and the Lord heard Him, and saved him out of all his troubles.

7 The angel of the Lord encamps around all who fear Him, and delivers them.

8 Oh, taste and see how good the Lord is; Blessed is the man who trusts in Him!

9 Oh, fear the Lord, you His saints! There is no want to those who fear Him.

10 Rich men have turned poor and gone hungry but they that seek the Lord shall not be deprived of any good thing.

11 Come, you children, listen to me; I will teach you the fear of the Lord.

12 Who is the man who desires life, and loves many days, that he may see good?

13 Keep your tongue from evil, and your lips from speaking guile.

14 Depart from evil, and do good; Seek peace, and pursue it.

15 The eyes of the Lord are on the righteous, and His ears are open to their cry.

16 The face of the Lord is against those who do evil, to cut off the remembrance of them from the earth.

17 The righteous cry out and the Lord hears, and delivers them out of all their troubles.

18 The Lord is near to those who have a broken heart, and saves such as have a contrite spirit.

19 Many are the afflictions of the righteous, but the Lord delivers him out of them all.

20 He keeps all his bones; Not one of them is broken.

21 The death of the sinner is evil, and those who hate the righteous shall be condemned.

22 The Lord redeems the soul of His servants, and none of those who trust in Him shall be forsaken.

*Glory to the Father and to the Son and to the Holy Spirit; Now and ever and unto ages of ages. Amen; Alleluia, alleluia, alleluia glory to You O God (3x); Lord have mercy (3x); Glory to the Father and to the Son and to the Holy Spirit; Now and ever and unto ages of ages. Amen.*

## **Psalm 34**

*A Psalm of David*

**P**lead my cause, O Lord, with those who strive with me; Fight against them that fight against me.

2 Take hold of shield and buckler, and stand up for my help.

3 Draw out also the spear, and stop those who pursue me. Say to my soul, "I am your salvation."

4 Let those be put to shame and brought to dishonor who seek after my soul; Let those be turned back and brought to confusion who plot my hurt.

5 Let them be like chaff before the wind, and let the angel of the Lord

chase them.

6 Let their way be dark and slippery, and let the angel of the Lord persecute them .

7 For without cause they hid their net for me in a pit, which they have dug without cause for my soul.

8 Let destruction come upon him unexpectedly, and let his net that he has hidden catch himself; Into that very destruction let him fall.

9 And my soul shall be joyful in the Lord; It shall rejoice in His salvation.

10 All my bones shall say, "Lord, who is like You, delivering the poor from him who is too strong for him, yes, the poor and the needy from him who plunders him?"

11 False witnesses rise up; They accuse me of things I do not know.

12 They rewarded me evil for good, to the sorrow of my soul.

13 But as for me, when they were sick, my clothing was sackcloth; I humbled myself with fasting; And my prayer returned to my own heart.

14 I behaved myself as though he were my friend or brother; I bowed down heavily, as one who mourns for his mother.

15 But in my adversity they rejoiced and gathered together; Yes, they gathered against me, and I did not know it; They tore at me and did not cease;

16 With ungodly mockers at feasts they gnashed at me with their teeth.

17 Lord, how long will You look on? Rescue me from their destructions, my precious life from the lions.

18 I will give You thanks in the great assembly; I will praise You among many people.

19 Let them not wrongfully rejoice over me those who are my enemies; Nor let them wink with the eye who hate me without a cause.

20 For they speak not peace, but they devise deceitful matters against those who are quiet in the land.

21 They also opened their mouth wide against me, and said, "Aha, aha! Our eyes have seen it."

22 This You have seen, O Lord; Do not keep silence. O Lord, do not be far from me.

23 Stir up Yourself and awake to my vindication, to my cause, My God and my Lord.

24 Judge me, O Lord my God, according to Your righteousness; And let them not rejoice over me.

25 Let them not say in their hearts, "Ah, so we would have it!" Let them not say, "We have swallowed him up."

26 Let them be ashamed and brought to confusion who rejoice at my hurt; Let them be clothed with shame and dishonor who magnify themselves against me.

27 Let them shout for joy and be glad, who favor my righteous cause; And let them say continually, "Let the Lord be magnified, Who has pleasure in the prosperity of His servant."

28 And my tongue shall speak of Your righteousness and of Your praise all the day long.

### Psalm 35

*A Psalm of David, the Servant of the Lord. To the Chief Musician.*

**T**he transgressor says within his heart that there is no fear of God before his eyes.

2 For he flatters himself in his own eyes, when he finds out his iniquity and when he hates.

3 The words of his mouth are iniquity and deceit; He has ceased to be wise and to do good.

4 He devises wickedness on his bed; He sets himself in a way that is not good; He does not abhor evil.

5 Your mercy, O Lord, is in the heavens, and Your faithfulness reaches to the clouds.

6 Your righteousness is like the great mountains; Your judgments are a great deep; O Lord, You preserve man and beast.

7 How precious is Your loving kindness, O God! Therefore the children of men put their trust under the shadow of Your wings.

8 They are abundantly satisfied with the fullness of Your house, and You give them drink from the river of Your pleasures.

9 For with You is the fountain of life; in Your light we shall see light.

10 Oh, continue Your loving kindness to those who know You, and Your righteousness to the upright in heart.

11 Let not the foot of pride come against me, and let not the hand of the wicked drive me away.

12 There the workers of iniquity have fallen; They have been cast down and are not able to rise.



*Glory to the Father and to the Son and to the Holy Spirit; Now and ever and unto ages of ages. Amen; Alleluia, alleluia, alleluia glory to You O God (3x); Lord have mercy (3x); Glory to the Father and to the Son and to the Holy Spirit; Now and ever and unto ages of ages. Amen.*

## **Psalm 36**

*A Psalm of David*

**F**ret not because of evil doers, nor be envious of the workers of iniquity.

2 For they shall soon be cut down like the grass, and wither as the green herb.

3 Trust in the Lord and do good; Dwell in the land and surely you will be fed.

4 Delight yourself also in the Lord, and He shall give you the desires of your heart.

5 Commit your way to the Lord, trust also in Him, and He shall bring it to pass.

6 He shall bring forth your righteousness as the light, and your justice as the noonday.

7 Rest in the Lord and wait patiently for Him; Do not fret because of Him who prospers in his way, or because of the man who brings wicked schemes to pass.

8 Cease from anger and forsake wrath; Do not disturb yourself so as to do evil.

9 For evildoers shall be cut off; but those that wait upon the Lord, they shall inherit the earth.

10 For yet a little while and the wicked shall be no more; Indeed, you will look diligently for his place, but it shall be no more.

11 But the meek shall inherit the earth, and shall delight themselves in the abundance of peace.

12 The wicked plots against the just, and gnashes at him with his teeth.

13 The Lord shall laugh at him, for He sees that his day is coming.

14 The wicked have drawn the sword and have bent their bow, to cast down the poor and needy, to slay those who are of upright conduct.

15 Their sword shall enter their own heart, and their bows shall be broken.

16 A little that a righteous man has is better than the riches of many wicked.

17 For the arms of the wicked shall be broken, but the Lord upholds the righteous.

18 The Lord knows the days of the upright, and their inheritance shall be forever.

19 They shall not be ashamed in the evil time, and in the days of famine they shall be satisfied.

20 But the wicked shall perish; And the enemies of the Lord, shall be like the fat of lambs; they shall be burnt. Into smoke they shall vanish away.

21 The wicked borrows and does not repay, but the righteous shows mercy and gives.

22 For those who are blessed by Him shall inherit the earth, but those who are cursed by Him shall be cut off.

23 The steps of a good man are ordered by the Lord, and He delights in his way.

24 Though he fall, he shall not be utterly cast down; For the Lord upholds him with His hand.

25 I have been young, and now am old; Yet I have not seen the righteous forsaken, nor his seed begging bread.

26 He is ever merciful and lends; And his seed is blessed.

27 Depart from evil, and do good; And dwell forevermore.

28 For the Lord loves justice, and does not forsake His saints; They are preserved forever, but the descendants of the wicked shall be cut off.

29 The righteous shall inherit the land, and dwell in it forever.

30 The mouth of the righteous speaks wisdom, and his tongue talks of justice.

31 The law of his God is in his heart; None of his steps shall slide.

32 The wicked watches the righteous, and seeks to slay him.

33 The Lord will not leave him in his hand, nor condemn him when he is judged.

34 Wait on the Lord, and keep His way, and He shall exalt you to inherit the land; When the wicked are cut off, you shall see it.

35 I have seen the wicked in great power, and spreading himself like a green bay tree.

36 Yet he passed away, and behold, he was no more; Indeed I sought him, but he could not be found.

37 Mark the perfect man, and behold the upright; for the end of that man is peace.

38 But the transgressors shall be destroyed together; The end of the

wicked shall be cut off.

39 But the salvation of the righteous is from the Lord; He is their strength in the time of trouble.

40 And the Lord shall help them and deliver them; He shall deliver them from the wicked, and save them, because they trust in Him.

*Glory to the Father and to the Son and to the Holy Spirit; Now and ever and unto ages of ages. Amen; Alleluia, alleluia, alleluia glory to You O God (3x); Lord have mercy (3x); Glory to the Father and to the Son and to the Holy Spirit; Now and ever and unto ages of ages. Amen.*

### **Prayers after the Fifth Kathisma**

O Heavenly King, Comforter, Spirit of Truth, Who are present everywhere and fulfilling all things, Treasury of Blessings and Source of Life: Come abide in us, cleanse us of all stain, and save our souls, O Good One.

Holy God, Holy Mighty, Holy Immortal, have mercy on us (3x)

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever and unto ages of ages. Amen.

All Holy Trinity, have mercy on us. Lord, cleanse us of our sins. Master, pardon our transgressions. Holy One, visit and heal our infirmities, for the glory of Your name.

Lord, have mercy (3x).

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever and unto ages of ages. Amen.

Our Father, Who art in heaven, hallowed be Thy Name. Thy kingdom come, Thy will be done on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses as we forgive those who trespass against us. And lead us not into temptation, but deliver us from the evil one.

Come, let us worship God our King. Come, let us worship and fall down before Christ, our King. Come, let us worship and fall down before Christ Himself,

our King and our God.

*And these troparia, tone 5:*

Your Throne is awesome and my life is evil. Who will deliver me from the constraints of that hour, unless You Yourself have mercy on me, O Christ God, as the compassionate One and Lover of Man?

Glory to the Father, and to the Son, and to the Holy Spirit:

The cares of life have driven me from paradise; I am reduced to despair. O what shall I do? I shall knock at the gates and call out: "Lord, Lord, open to me, through repentance, and save me."

Now and ever and unto ages of ages. Amen.

What shall we call your temple, O Birthgiver of God? A spiritual harbor? Paradise of heavenly sweetness or intercession of life unending? For you possess all that is good. Ever entreat Christ to save our souls.

Lord, have mercy (40x).

O God righteous and praised, O God great and mighty, O God before all ages, hear the prayer of a sinful man in this hour. Hear me, O You Who promised to hear those who call upon You in truth; do not loathe me with my unclean lips, caught as I am in my sins, O Hope of all the ends of the earth and those that wander afar off. Take up weapon and shield and arise to help me. Draw out the sword and block the way against those who persecute me. Bar the unclean spirits from me who am senseless. May the spirit of hatred and vengefulness, the spirit of envy and deception, the spirit of fear and dejection, the spirit of pride and of all other evil be put far from my thoughts. May every urge and fire of my flesh due to devilish influence be quenched; and may my body, soul and spirit be illumined with the Light of Your Divine Knowledge, that, through the multitude of Your compassions, I may attain to the unity of the Faith, to mature manhood, to fullness of stature; and glorify with the angels and all Your saints Your all-honorable and majestic Name, of the Father and of the Son and of the Holy Spirit, now and ever and unto the ages of ages. Amen.





## KATHISMA 6

### Psalm 37

*A Psalm of David. In Remembrance of the Sabbath.*



Lord, rebuke me not in Your wrath, nor chasten me in your hot displeasure!

2 For Your arrows pierce me deeply, and Your hand presses me down.

3 There is no soundness in my flesh because of Your anger, nor is there any health in my bones because of my sin.

4 For my iniquities have gone over my head; Like a heavy burden they are too heavy for me.

5 My wounds stink and are corrupt because of my foolishness.

6 I am troubled, I am bowed down greatly; I go mourning all the day long.

7 For my loins are filled with a disgusting disease, and there is no soundness in my flesh.

8 I am feeble and severely broken; I groan because of the turmoil of my heart.

9 Lord, all my desire is before You; And my groaning is not hid from You.

10 My heart pants, my strength fails me; As for the light of my eyes, it also has gone from me.

11 My loved ones and my friends stand aloof from my sore, and my kinsmen stand afar off.

12 They that also seek after my life lay snares for me; Those who seek my hurt speak of mischievous things, and plan deceits all the day long.

13 But I, like a deaf man, heard not ; And I was like a dumb man who does not open his mouth.

14 Thus I was like a man who hears not, and in whose mouth are no reproofs.

15 For in You, O Lord, I hope; You will hear, O Lord, my God.

16 For I said, "Hear me, lest they should rejoice over me, when my foot slips, they magnify themselves against me."

17 For I am ready to be wounded, and my sorrow is continually before me.

18 For I will declare my iniquity; I will be sorry for my sin.

19 But my enemies are lively, and they are strong; And those who hate me wrongfully are multiplied.

20 Those also who render evil for good, they are my adversaries, because I follow what is good.

21 Forsake me not, O Lord; O my God, be not far from me!

22 Make haste to help me, O Lord of my salvation!

## **Psalm 38**

*For the End, for Idithum. A Song of David.*

**I** said, "I will guard my ways, that I sin not with my tongue; I will restrain my mouth with a bridle, while the wicked is before me."

2 I was dumb with silence, I held my peace even from good; And my sorrow was stirred.

3 My heart was hot within me; While I was musing, the fire burned. Then I spoke with my tongue:

4 "Lord, make me to know my end, and the measure of my days, that I may know what I lack.

5 Indeed, You have made my days as a handbreadth, and my age is as nothing before You; Certainly every man at his best is altogether vanity.

6 Surely every man walks about like in darkness; Surely they are restless in vain; He heaps up riches, and does not know who will gather them.

7 And now, Lord, what do I wait for? My hope is in You.

8 Deliver me from all my transgressions; Make me not the reproach of the foolish.

9 I was dumb, I did not open my mouth, because it was You who did it.

10 Remove Your plague from me; I am consumed by the blow of Your hand.

11 When with rebukes You correct man for iniquity, You make his beauty melt away like a moth; Surely every man is vanity.

12 Hear my prayer, O Lord, and give ear to my cry; Do not be silent at my tears; For I am a stranger with You, and a sojourner as all my fathers were.

13 Spare me, that I may regain strength, before I go away and am no more.”

### Psalm 39

*For the End. A Psalm of David.*

**I** waited patiently for the Lord; And He inclined to me, and heard my cry.

2 He also brought me up out of a horrible pit, out of the miry clay, and set my feet upon a rock, and established my steps.

3 And He has put a new song in my mouth, even praise to our God; Many shall see it and fear, and shall trust in the Lord.

4 Blessed is that man who makes the Lord his trust, and does not respect the proud, nor such as turn aside to lies.

5 Many, O Lord my God, are Your wonderful works which You have done; And Your thoughts which are toward us cannot be recounted to You in order; If I would declare and speak of them, they are more than can be numbered.

6 Sacrifice and offering You did not desire; My ears You have opened; Burnt offering and sin offering You did not require.

7 Then said I, “Behold, I come; In the volume of the Book it is written of me.

8 I delight to do Your will, O my God, yes, Your Law is within my heart.”

9 I have preached righteousness in the great assembly; Indeed, I did not restrain my lips, O Lord, You Yourself know.

10 I have not hidden Your righteousness within my heart; I have declared Your faithfulness and Your salvation; I have not concealed Your loving kindness and Your truth from the great congregation.

11 Withhold not Your tender mercies from me, O Lord; Let Your loving kindness and truth continually preserve me.

12 For innumerable evils have surrounded me; My iniquities have

overtaken me, so that I am not able to look up; They are more than the hairs of my head; Therefore my heart fails me.

13 Be pleased, O Lord, to deliver me; O Lord, make haste to help me!

14 Let them be ashamed and confused together that seek to destroy my life; Let them be driven backward and put to shame who wish me evil.

15 Let them be desolate because of their shame, who say to me, "Aha, aha!"

16 Let all those who seek You rejoice and be glad in You; Let such as love Your salvation say continually, "The Lord be magnified!"

17 But I am poor and needy; Yet the Lord thinks upon me. You are my help and my deliverer; Do not delay, O my God.

*Glory to the Father and to the Son and to the Holy Spirit; Now and ever and unto ages of ages. Amen; Alleluia, alleluia, alleluia glory to You O God (3x); Lord have mercy (3x); Glory to the Father and to the Son and to the Holy Spirit; Now and ever and unto ages of ages. Amen.*

## Psalm 40

*For the End. A Psalm of David.*

**B**lessed is he that considers the poor; The Lord will deliver him in time of trouble.

2 The Lord will preserve him and keep him alive, and he will be blessed on the earth; and You will not deliver him to the will of his enemies.

3 The Lord will strengthen him on his bed of illness; You will sustain him on his sickbed.

4 I said, "Lord, be merciful to me; Heal my soul, for I have sinned against You."

5 My enemies speak evil of me: "When will he die and his name perish?"

6 And if he comes to see me, he speaks vain words; His heart gathers iniquities to itself; When he goes out, he tells it.

7 All who hate me whisper together against me; Against me they devise my hurt.

8 "An evil disease," they say, "clings to him. And now that he lies down, he shall rise up no more."

9 Even my own familiar friend in whom I trusted, who ate my bread, has lifted up his heel against me.

10 But You, O Lord, be merciful to me and raise me up, that I may repay them.



11 By this I know that You favor me, because my enemy does not triumph over me.

12 As for me, You uphold me in my integrity, and set me before Your face forever.

13 Blessed be the Lord God of Israel from everlasting to everlasting! Amen, Amen!

## Psalm 41

*A Psalm of David. For Instructions to the Sons of Kore.*

**A**s the deer pants for the water brooks, so my soul pants for You, O God.

2 My soul thirsts for God, for the living God. When shall I come and appear before God?

3 My tears have been my food day and night, while they continually say to me, "Where is your God?"

4 When I remember these things, I pour out my soul within me. For I had gone with the multitude; I went with them to the house of God, with the voice of joy and praise, with a multitude that kept a feast.

5 "Why are you cast down, O my soul? And why are you disquieted within me? Hope in God, for I shall yet praise Him for the help of His countenance.

6 O my God, my soul is cast down within me; Therefore I will remember You from the land of Jordan, and from the heights of Hermon, from the little hill.

7 Deep calls unto deep at the noise of Your waterfalls; All Your waves and billows have gone over me.

8 The Lord will command His loving kindness in the daytime, and in the night His song shall be with me, my prayer to the God of my life.

9 I will say to God, my Rock, "Why have You forgotten me? Why do I go mourning because of the oppression of the enemy?"

10 While my bones are breaking, my enemies reproach me, while they say daily unto me: "Where is Your God?"

11 Why are you cast down, O my soul? And why are you disquieted within me? Hope in God; For I shall yet praise Him, the help of my countenance and my God.

**Psalm 42***A Psalm of David without Superscription Among the Hebrew.*

**V**indicate me, O God, and plead my cause against an ungodly nation; Oh, deliver me from the deceitful and unjust man!

2 For You are the God of my strength; Why do You cast me off? Why do I go mourning because of the oppression of the enemy?

3 O, send out Your light and Your truth! Let them lead me; Let them bring me to Your holy mountain and to Your tabernacle.

4 Then I will go to the altar of God, To God, my exceeding joy; And on the harp I will praise You, O God, my God.

5 Why are you cast down, O my soul? And why are you disquieted within me? Hope in God; For I shall yet praise Him, the help of my countenance and my God.

***Glory** to the Father and to the Son and to the Holy Spirit; Now and ever and unto ages of ages. Amen; Alleluia, alleluia, alleluia glory to You O God (3x); Lord have mercy (3x); Glory to the Father and to the Son and to the Holy Spirit; Now and ever and unto ages of ages. Amen.*

**Psalm 43***A Psalm of David. For Instructions to the Sons of Kore.*

**W**e have heard with our ears, O God, our fathers have told us, what deeds You did in their days, in the times of old:

2 How You drove out the nations with Your hand, but planted them; How You afflicted the people, and cast them out.

3 For they did not gain possession of the land by their own sword, nor did their own arm save them; But it was Your right hand, Your arm, and the light of Your countenance, because You favored them.

4 You are my king, O God; Command deliverance for Jacob.

5 Through You we will push down our enemies; Through Your name we will trample those who rise up against us.

6 For I will not trust in my bow, nor shall my sword save me.

7 But You have saved us from our enemies, and have put to shame those who hated us.

8 In God we boast all day long, and praise Your name forever.

9 But You have cast off and put us to shame, and You do not go forth with our armies.

10 You make us turn back from the enemy, and those who hate us plunder for themselves.

11 You have given us up like sheep intended for meat, and have scattered us among the nations.

12 You sell Your people for naught, and are not enriched by their price.

13 You make us a reproach to our neighbors, a scorn and a derision to those all around us.

14 You make us a byword among the nations, a shaking of the head among the people.

15 My confusion is continually before me, and the shame of my face has covered me.

16 Because of the voice of him who reproaches and blasphemes, because of the enemy and the avenger.

17 All this has come upon us; But we have not forgotten You, nor have we dealt falsely with Your covenant.

18 Our heart is not turned back, nor have our steps departed from Your way;

19 But You have severely broken us in the place of dragons, and covered us with the shadow of death.

20 If we have forgotten the name of our God, or stretched out our hands to a foreign God,

21 Shall not God search this out? For He knows the secrets of the heart.

22 Yet for Your sake we are killed all day long; We are accounted as sheep for the slaughter.

23 Awake! Why do You sleep, O Lord? Arise! Do not cast us off forever.

24 Why do You hide Your face, and forget our affliction and our oppression?

25 For our soul is bowed down to the dust; Our body clings to the ground.

26 Arise for our help, and redeem us for Your mercies' sake.

## Psalm 44

*A Psalm of David. For Instructions to the Sons of Kore. An Ode for the Beloved.*

**M**y heart is composing a good theme; I recite my composition concerning the King; My tongue is the pen of a ready writer.

2 You are fairer than the sons of men; Grace is poured upon Your lips; Therefore God has blessed You forever.

3 Gird Your sword upon Your thigh, O Mighty One, with Your glory and Your majesty.

4 And in Your majesty ride prosperously because of truth, meekness, and righteousness; and Your right hand shall teach You awesome things.

5 Your arrows are sharp in the heart of the King's enemies; whereby the people fall under You.

6 Your throne, O God, is forever and ever; The scepter of Your kingdom is the right scepter.

7 You love righteousness and hate wickedness; Therefore God, Your God, has anointed You with the oil of gladness more than Your companions.

8 All Your garments smell of myrrh and aloes and cassia, out of the ivory palaces, by which they have made You glad.

9 King's daughters are among Your honorable women; At Your right hand stands the queen, clothed in gold of Ophir.

10 Listen, O daughter, consider and incline your ear; Forget your own people also, and your father's house;

11 So shall the King greatly desire your beauty; For He is your Lord; you worship Him.

12 And the daughter of Tyre shall be there with a gift; The rich among the people shall seek your favor.

13 The king's daughter is all glorious within the palace; Her clothing is of woven gold.

14 She shall be brought to the King in garment of needlework; The virgins, her companions who follow, shall be brought to You.

15 With gladness and rejoicing shall they be brought; They shall enter into the King's palace.

16 Instead of your fathers shall be your sons, whom you shall make princes in all the earth.

17 I will make Your name to be remembered in all generations; Therefore the people shall praise You forever and ever.

## Psalm 45

*A Psalm of David. To the Sons of Kore. For things Hidden.*

**G**od is our refuge and strength, a very present help in trouble.

2 Therefore we will not fear, though the earth be removed, and though the mountains be carried into the midst of the sea.

3 Though the waters thereof roar and be troubled, though the mountains shake with the swelling thereof.

- 4 There is a river whose streams shall make glad the city of God, the holy place of the tabernacle of the Most High.
- 5 God is in the midst of her, she shall not be moved; God shall help her with His countenance.
- 6 The nations raged, the kingdoms were moved; He uttered His voice, the earth melted.
- 7 The Lord of hosts is with us; The God of Jacob is our refuge.
- 8 Come, behold the works of the Lord, what desolation He has made in the earth.
- 9 He makes wars to cease to the end of the earth; He breaks the bow and cuts the spear in two; He burns the chariot in the fire.
- 10 Be still, and know that I am God; I will be exalted among the nations, I will be exalted in the earth!
- 11 The Lord of hosts is with us; The God of Jacob is our refuge.

*Glory to the Father and to the Son and to the Holy Spirit; Now and ever and unto ages of ages. Amen; Alleluia, alleluia, alleluia glory to You O God (3x); Lord have mercy (3x); Glory to the Father and to the Son and to the Holy Spirit; Now and ever and unto ages of ages. Amen.*

### **Prayers after the Sixth Kathisma**

O Heavenly King, Comforter, Spirit of Truth, Who are present everywhere and fulfilling all things, Treasury of Blessings and Source of Life: Come abide in us, cleanse us of all stain, and save our souls, O Good One.

Holy God, Holy Mighty, Holy Immortal, have mercy on us (3x)

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever and unto ages of ages. Amen.

All Holy Trinity, have mercy on us. Lord, cleanse us of our sins. Master, pardon our transgressions. Holy One, visit and heal our infirmities, for the glory of Your name.

Lord, have mercy (3x).

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever and unto ages of ages. Amen.

Our Father, Who art in heaven, hallowed be Thy Name. Thy kingdom come, Thy will be done on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses as we forgive those who trespass against us. And lead us not into temptation, but deliver us from the evil one.

Come, let us worship God our King. Come, let us worship and fall down before Christ, our King. Come, let us worship and fall down before Christ Himself, our King and our God.

*And these troparia, Tone 3:*

I bring you praise, O Lord, and lay bare before You all my sinfulness. Turn me back, O God, and have mercy on me.

Glory to the Father, and to the Son, and to the Holy Spirit:

Save me, O my God, as once You saved the publican. You did not disdain the tears of the sinful woman either; receive my sighing also, O my Savior, and save me.

Now and ever and unto ages of ages. Amen.

As a slave, I now come to your protection, all-immaculate one. Deliver me, O Parent of God, from the confusion of the passions, since you gave birth to the Source of passionlessness.

Lord, have mercy (*40x*).

We give You thanks, O Lord our God, for all the benefits You have bestowed upon us from infancy until this very day, unworthy though we be; for those known to us and for those beyond our awareness; for those that are evident and for those that are concealed, of word and of deed, O You Who love us and deigned to give Your only-begotten Son for us. Vouchsafe us to be worthy of Your love. Grant us wisdom through Your Word and through Your fear, infusing us with strength from Your might. And if we have sinned willingly or unwillingly, impute it not, but forgive. Preserve our souls in holiness, presenting them before Your Throne with a pure conscience and an end worthy of Your love for mankind. Remember also, O Lord, all who have called upon Your Name in truth. Remember all, whether they opposed us or desired our good; for we are all but men, and every man is vanity. Wherefore we beseech you, O Lord, bestow upon us Your lovingkindness, and great mercy.



## KATHISMA 7

### Psalm 46

*To the Chief Musician. A Psalm of David for the Sons of Kore.*

**C**lap your hands, all you peoples! Shout to God with the voice of triumph!

2 For the Lord Most High is terrible; He is a great King over all the earth.

3 He shall subdue the peoples under us, and the nations under our feet.

4 He shall choose our inheritance for us, the beauty of Jacob whom He loved.

5 God has gone up with a shout, The Lord with the sound of a trumpet.

6 Sing praises to God, sing praises! Sing praises to our King, sing praises!

7 For God is the King of all the earth; Sing praises with understanding.

8 God reigns over the nations; God sits on His holy throne.

9 The princes of the people are gathered together, even the people of the God of Abraham. For the shields of the earth belong to God; He is greatly exalted.

**Psalm 47**

*An Ode for the Sons of Kore.*

**G**reat is the Lord , and greatly to be praised in the city of our God, in His holy mountain.

2 Beautiful location, the joy of the whole earth is mount Zion, on the sides of the north, the city of the great King.

3 God is in her palaces; He is known as her refuge.

4 For behold, the kings assembled, they passed by together.

5 They saw it and so they marveled; They were troubled, and hastened away.

6 Fear took hold of them there, and pain as of a woman in travail,

7 As when You break the ships of Tars with an east wind.

8 As we have heard, so we have seen in the city of the Lord of hosts, in the city of our God: God will establish it forever.

9 We have thought of Your lovingkindness, O God, in the midst of Your temple.

10 According to Your name, O God, so is Your praise to the ends of the earth; Your right hand is full of righteousness.

11 Let Mount Zion rejoice, Let the daughters of Judah be glad, because of Your judgments.

12 Walk about Zion, and go all around her. Count her towers;

13 Mark well her bulwarks; Consider her palaces; that you may tell it to the generation following.

14 For this is God, our God forever and ever; He will be our guide even to death.

**Psalm 48**

*To the Chief Musician. A Psalm for the Sons of Kore.*

**H**ear this, all you peoples; Give ear all you inhabitants of the world,

2 Both low and high, rich and poor together.

3 My mouth shall speak of wisdom, and the meditation of my heart shall be of understanding.

4 I will incline my ear to a parable; I will open my dark saying on the harp.

5 Why should I fear in the days of evil, when the iniquity at my heels surrounds me?



6 Those who trust in their wealth and boast in the multitude of their riches,  
7 None of them can by any means redeem his brother, nor give to God a ransom for him.

8 For the redemption of their souls is precious, and it ceases forever.

9 Though he should live and labor forever and not see corruption.

10 For he sees that wise men die; Likewise the fool and the senseless person perish, and leave their wealth to others.

11 Their inner thought is that their houses shall continue forever, and their dwelling places to all generations; They call their lands after their own names.

12 Nevertheless man, though in honor, does not remain; He is like the beasts that perish.

13 This is the way of those who are foolish; yet their posterity approve their sayings.

14 Like sheep they are laid in the grave; Death shall feed on them; The upright shall have dominion over them in the morning; and their beauty shall be consumed in the grave, from their dwelling.

15 But God will redeem my soul from the power of the grave, for He shall receive me.

16 Be not afraid when one is made rich, when the glory of his house is increased;

17 For when he dies he shall carry nothing away; His glory shall not descend after him.

18 Though while he lived he blessed his soul; And men will praise you when you do well for yourself ,

19 He shall go to the generation of his fathers; they shall never see light.

20 Man that is in honor, and does not understand, is like the beasts that perish.

***Glory** to the Father and to the Son and to the Holy Spirit; Now and ever and unto ages of ages. Amen; Alleluia, alleluia, alleluia glory to You O God (3x); Lord have mercy (3x); Glory to the Father and to the Son and to the Holy Spirit; Now and ever and unto ages of ages. Amen.*

**Psalm 49***A Psalm of Asaph.*

**T**he mighty God, even the Lord has spoken and called the earth from the rising of the sun unto the going down thereof.

2 Out of Zion, the perfection of beauty, God has shined.

3 Our God shall come and shall not keep silence; A fire shall devour before Him, and it shall be very tempestuous all around Him.

4 He shall call to the heavens from above, and to the earth, that He may judge His people:

5 “Gather My saints together to Me, those who made a covenant with Me by sacrifice.”

6 Let the heavens declare His righteousness, for God is judge Himself.

7 “Hear, O My people, and I will speak, O Israel, and I will testify against you; I am God, even your God!”

8 I will not reprove you for your sacrifices or your burnt offerings, which are continually before Me.

9 I will take not an ox from your house, nor goats out of your folds.

10 For every beast of the forest is Mine, and the cattle on a thousand hills.

11 I know all the fowls of the mountains, and the wild beasts of the field are Mine.

12 If I were hungry, I would not tell you; For the world is Mine, and all its fullness.

13 Will I eat the flesh of bulls, or drink the blood of goats?

14 Offer to God thanksgiving, and pay your vows to the Most High;

15 And call upon Me in the day of trouble; I will deliver you, and you shall glorify Me.

16 But to the wicked God says: “What right have you to declare My statutes, or take My covenant in your mouth,

17 Seeing you hate instruction and cast My words behind you?

18 When you saw a thief, you consented with him, and have been a partaker with adulterers.

19 You give your mouth to evil, and your tongue frames deceit.

20 You sit and speak against your brother; You slander your own mother’s son.

21 These things you have done, and I kept silence; You thought that I was altogether like you; But I will reprove you, and set them in order before your eyes.

22 “Now consider this, you who forget God, lest I tear you in pieces, and

there be none to deliver:

23 Whoever offer praise glorifies Me; And to him who orders his conduct aright I will show the salvation of God.”

## Psalm 50

*To the Chief Musician. A Psalm of David when the Prophet Nathan came to Him after His Sin with the Wife of Ur.*

**H**ave mercy on me, O God, according to Your loving-kindness; According to the multitude of Your tender mercies, blot out my transgressions.

2 Wash me thoroughly from my iniquity, and cleanse me from my sin.

3 For I acknowledge my transgressions, and my sin is ever before me.

4 Against You, You only, have I sinned, and done this evil in Your sight, that You may be justified when You speak, and blameless when You judge.

5 Behold, I was brought forth in iniquities, and in sins my mother conceived me.

6 Behold, You love truth. You have showed me the secret and hidden things of Your wisdom.

7 Purge me with hyssop, and I shall be clean; Wash me, and I shall be whiter than snow.

8 Make me to hear joy and gladness, that the bones that You have broken may rejoice.

9 Hide your face from my sins, and blot out all my iniquities.

10 Create in me a clean heart, O God, and renew a right spirit within me.

11 Cast me not away from Your presence, and do not take Your Holy Spirit from me.

12 Restore to me the joy of Your salvation, and uphold me with Your guiding Spirit.

13 Then I will teach transgressors the way to You, and sinners shall be converted to You.

14 Deliver me from bloodguiltiness, O God, The God of my salvation, and my tongue shall joyfully declare Your righteousness.

15 Lord, open my lips, and my mouth shall speak of Your praise.

16 For You do not desire sacrifice, or else I would give it; You do not

delight in burnt offering.

17 Sacrifices to God are a broken spirit; a broken and contrite heart, God will not despise.

18 Do good in Your good pleasure to Zion, and build the walls of Jerusalem.

19 Then You shall be pleased with the sacrifices of righteousness, oblation and whole-burnt offerings. Then they shall offer bulls on Your altar.

***Glory** to the Father and to the Son and to the Holy Spirit; Now and ever and unto ages of ages. Amen; Alleluia, alleluia, alleluia glory to You O God (3x); Lord have mercy (3x); Glory to the Father and to the Son and to the Holy Spirit; Now and ever and unto ages of ages. Amen.*

## Psalm 51

*To The Chief Musician. A Psalm of David when Doek the Idumean Came and Declared to Saul and Said to Him: David Has Come to the House of Abimelech.*

**W**hy do you boast in evil, O mighty man? The goodness of God endures continually.

2 Your tongue devises mischief, like a sharp razor, working deceitfully.

3 You love evil more than good, and lying rather than speaking righteousness.

4 You love all devouring words, you deceitful tongue.

5 God shall likewise destroy you forever; He shall take you away, and pluck you out of your dwelling place, and uproot you from the land of the living.

6 The righteous also shall see and fear, and shall laugh at him saying,

7 "Here is the man that made not God his strength, but trusted in the abundance of his riches, and strengthened himself in his wickedness."

8 But I am like a green olive tree in the house of God; I trust in the mercy of God forever and ever.

9 I will praise You forever, Because You have done it; And in the presence of Your saints I will wait on Your name, for it is good before your saints.

## Psalm 52

*A Psalm of David. To the Chief Musician, for the Maeleth, a musical instrument.*

**T**he fool has said in his heart, “there is no God.” They are corrupt and have done abominable iniquity; There is none who does good.  
 2 God looked down from heaven upon the children of men, to see if there were any who understand, who seek God.  
 3 Every one of them has gone out of the way; They have all together become corrupt. There is none who does good. No, not one.  
 4 Have the workers of iniquity no knowledge? Who eat up My people as they eat bread, and have not called upon God?  
 5 There they were in great fear where no fear was; For God has scattered the bones of him who encamps against you; You have put them to shame, because God has despised them.  
 6 Oh, that the salvation of Israel would come out of Zion! When God brings back the captivity of His people, Jacob shall rejoice and Israel be glad.

### **Psalm 53**

*A Psalm of David. To the Chief Musician. For String Instruments, when the Ziphites Came and Said to Saul: is not David Hidden with Us?*

**G**od save me, by Your name, and judge me by Your strength.  
 2 Hear my prayer, O God; Give ear to the words of my mouth.  
 3 For strangers are risen up against me, and oppressors seek after my soul; They have not set God before them.  
 4 Behold, God is my helper; The Lord is with those who uphold my soul.  
 5 He shall reward evil unto my enemies; And cut them off in His truth.  
 6 I will freely sacrifice to You; I will praise Your name, O Lord, for it is good.  
 7 For He has delivered me out of all trouble; And my eye has seen its desire upon my enemies.

### **Psalm 54**

*A Psalm of David. To the Chief Musician, for String Instruments.*

**G**od, hear my prayer; Do not hide from my petition.  
 2 Attend to me, and hear me; I am grieved in my complaint, and troubled,

3 Because of the voice of the enemy, because of the oppression of the wicked; For they cast iniquity upon me, and in wrath they hate me.  
4 My heart is severely pained within me, and the terrors of death have fallen upon me.  
5 Fear and trembling came upon me, and horror has overwhelmed me.  
6 And I said, "Oh, that I had wings like a dove! For then I would fly away and be at rest.  
7 Indeed, I would wander far off, and remain in the wilderness.  
8 I would hasten my escape from the windy storm and tempest."  
9 Destroy, O Lord, and divide their tongues, for I have seen violence and strife in the city.  
10 Day and night they go around it on its walls; Iniquity and trouble are also in the midst of it.  
11 Destruction is in its midst; Deceit and guile do not depart from its streets  
12 For it was not an enemy who reproached me; Then I could bear it. Nor was it one who hates me that did magnify himself against me; Then I could have hid from him.  
13 But it was you, a man my equal, my guide and my acquaintance.  
14 We took sweet counsel together, and walked to the house of God in company.  
15 Let death seize them; Let them go down alive into hell, for wickedness is in their dwellings and among them.  
16 As for me, I will call upon God, and the Lord shall save me.  
17 Evening and morning and at noon I will pray and cry aloud, and He shall hear my voice.  
18 He has redeemed my soul in peace from the battle which was against me, for there were many against me.  
19 God shall hear and afflict them; Even He Who abides from of old. Because they do not change; Therefore they fear not God.  
20 He has put forth his hands against those who were at peace with him; He has broken his covenant.  
21 The words of his mouth were smoother than butter, but war was in his heart; His words were softer than oil, yet they were drawn swords.  
22 Cast your burden on the Lord, and He shall sustain you; He shall never permit the righteous to be moved.  
23 But You, O God, shall bring them down to the pit of destruction; Bloody and deceitful man shall not live out half their days; But I will trust in You.

*Glory to the Father and to the Son and to the Holy Spirit; Now and ever and unto ages of ages. Amen; Alleluia, alleluia, alleluia glory to You O God (3x); Lord have mercy (3x); Glory to the Father and to the Son and to the Holy Spirit; Now and ever and unto ages of ages. Amen.*

### **Prayers after the Seventh Kathisma**

O Heavenly King, Comforter, Spirit of Truth, Who are present everywhere and fulfilling all things, Treasury of Blessings and Source of Life: Come abide in us, cleanse us of all stain, and save our souls, O Good One.

Holy God, Holy Mighty, Holy Immortal, have mercy on us (3x)

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever and unto ages of ages. Amen.

All Holy Trinity, have mercy on us. Lord, cleanse us of our sins. Master, pardon our transgressions. Holy One, visit and heal our infirmities, for the glory of Your name.

Lord, have mercy (3x).

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever and unto ages of ages. Amen.

Our Father, Who art in heaven, hallowed be Thy Name. Thy kingdom come, Thy will be done on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses as we forgive those who trespass against us. And lead us not into temptation, but deliver us from the evil one.

Come, let us worship God our King. Come, let us worship and fall down before Christ, our King. Come, let us worship and fall down before Christ Himself, our King and our God.

*And these troparia, Tone 5:*

The Judge will be seated and the angels will be present; the trumpet will sound and flames will burn. What will you do, O my soul, when you are led to the Judgment? For then all your wickedness will appear and your secret sins will be revealed. Wherefore before the end cry out to the Judge: Cleanse me, O God, and save me.

Glory to the Father, and to the Son, and to the Holy Spirit:

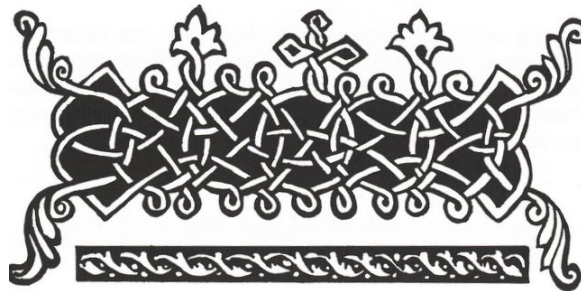
Let us all keep watch and go to meet Christ with much oil, with bright lamps, that we may be vouchsafed entrance into the Bridal Chamber; for he who reaches the closed doors will cry out aimlessly to God, have mercy on me.

Now and ever and unto ages of ages. Amen.

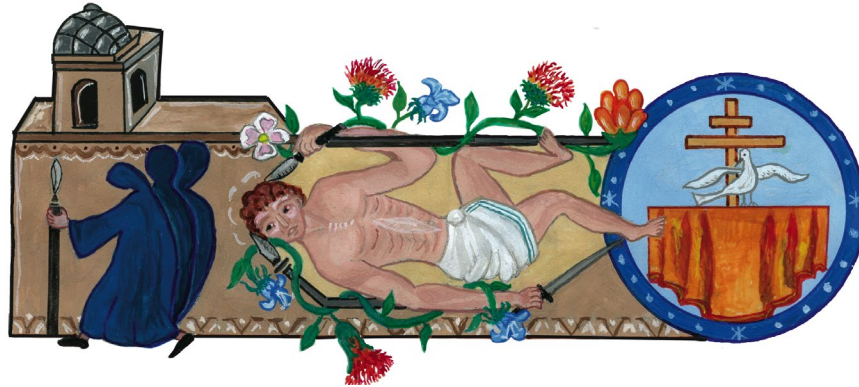
Lying on the bed of my sins, I have been robbed of my hope of salvation by the sleep of laziness, which has made my soul deserving of torment. But You, O God born of a Virgin, raise me up to sing of You, that I might give You glory.

Lord, have mercy (*40x*).

O Lord my God, as You are good and the Lover of Man, You have accomplished many mercies for me which I did not expect to behold. What shall I give in return for Your goodness, O Lord my Lord? I thank You for Your much-hymned Name; I thank You for Your inexpressible lovingkindness to me; I thank You for Your boundless longsuffering. From this time forth, O Master, help, defend and shelter me from sinning against You; for You know my unstable nature, You know my foolishness, You know what I have done—in knowledge and ignorance, willingly and unwillingly, by night or by day, in mind and thought—for You are the good God Who loves mankind. Cleanse me with the dew of Your mercy, greatly good Lord, and save me by judgments known to You, for Your holy Name's sake. For You are the Light, the Truth and the Life, and we ascribe glory to You-Father, Son and Holy Spirit, now and ever and unto the ages of ages. Amen.







## KATHISMA 8

### Psalm 55

*A Psalm of David. To the Chief Musician, for the People Who Departed from the Holies. When the Foreigners Took Him in Geth.*

**B**e merciful to me, O God, for man has trodden me down; Fighting  
all day he oppresses me.

2 My enemies would hound me all day, for there are many who  
fight against me, O Most High.

3 Whenever I am afraid, I will trust in You.

4 In God I will praise His word, in God I have put my trust; I will not fear.  
What can man do to me?

5 All day they twist my words; All their thoughts are against me for evil.

6 They gather together, they hide, they mark my steps, when they wait for  
my soul.

7 Shall they escape by iniquity? In anger cast down the peoples, O God!

8 You number my wanderings; Put my tears into Your bottle; Are they  
not in Your book?

9 When I cry out to You, then my enemies turn back; This I know, because  
God is for me.

10 In God I will praise His word, in the Lord I will praise His word,

11 In God I have put my trust; I will not be afraid. What can man do to  
me?

12 Your Vows are upon me, O God; I will render praises to You,

13 For You have delivered my soul from death. Have You not delivered my feet from falling, that I may walk before God in the light of the living?

### Psalm 56

*A Psalm of David. To the Chief Musician. Do not Destroy! When He Fled from the Presence of Saul in the Cave.*

**B**e merciful to me, O God, be merciful to me! For my soul trusts in you; And in the shadow of Your wings I will make my refuge, until these calamities have passed by.

2 I will cry out to God Most High, to God who performs all things for me.

3 He shall send from heaven and save me from the reproach of him that would swallow me up. God shall send forth His mercy and His truth.

4 My soul is among lions and I lie even among them that are set on fire, whose teeth are spears and arrows, and their tongue a sharp sword.

5 Be exalted, O God, above the heavens; Let Your glory be above all the earth.

6 They have prepared a net for my steps; My soul is bowed down; They have dug a pit before me; Into the midst of it they have fallen themselves.

7 My heart is ready, O God, my heart is ready; I will sing and give praise.

8 Awake, my glory! Awake, psaltery and harp! I will arise at dawn.

9 I will praise You, O Lord, among the people; I will sing to You among the nations.

10 For Your mercy is great unto heavens, and Your truth unto the clouds.

11 Be exalted, O God, above the heavens; Let Your glory be above all the earth.

### Psalm 57

*A Psalm of David. To the Chief Musician. Do not Destroy.*

**D**o you indeed speak righteousness? Do you judge uprightly, you sons of men?

2 Yes, in heart you work wickedness; Your hands plot unrighteousness;

3 The wicked are estranged from the womb; They go astray as soon as they are born, speaking lies.

4 Their poison is like the poison of a serpent; They are like the deaf viper that stops its ear,

5 Which will not heed the voice of charmers, charming ever so skillfully.

6 Break their teeth, O God, in their mouth; Break out the fangs of the

young lions, O Lord!

7 Let them melt away as waters which run continually; When he bends his bow to shoot his arrow, let them be like cut in pieces.

8 Let them be like a snail which melts, like the untimely born of a woman, that they may not see the sun.

9 Before your pots can feel the thorns, He shall take them away as with a whirlwind, as in His living and in His wrath.

10 The righteous shall rejoice when he sees the vengeance; He shall wash his feet in the blood of the wicked;

11 So that men will say, "Surely there is a reward for the righteous; Surely He is a God that judges in the earth."

*Glory to the Father and to the Son and to the Holy Spirit; Now and ever and unto ages of ages. Amen; Alleluia, alleluia, alleluia glory to You O God (3x); Lord have mercy (3x); Glory to the Father and to the Son and to the Holy Spirit; Now and ever and unto ages of ages. Amen.*

## Psalm 58

*A Psalm of David. To the Chief Musician. When Saul Sent to Watch His House to Kill Him.*

**D**eliver me from my enemies, O my God; Defend me from those who rise up against me.

2 Deliver me from the workers of iniquity, and save me from bloodthirsty men.

3 For look, they lie in wait for my soul; The mighty gathered against me, not for my transgression nor for my sin, O Lord.

4 They run and prepare themselves without my fault. Rise up and help me, and behold.

5 You therefore, O Lord God of hosts, the God of Israel, awake to punish all the nations; Do not be merciful to any wicked transgressors.

6 At evening they return, they growl like a dog, and go all around the city.

7 Behold, they belch out with their mouth; Swords are in their lips; For they say, "Who hears?"

8 But You, O Lord, shall laugh at them; You shall have all the nations in derision.

9 Because of his strength, I will wait for You. For God is my defense;

10 My merciful God shall come to meet me; God shall let me see my desire upon my enemies.

11 Slay them not, lest my people forget; Scatter them by Your power, and bring them down, O Lord our shield.

12 For the sin of their mouth and the words of their lips, let them even be taken in their pride, and for the cursing and lying which they speak.

13 Consume them in wrath, consume them, that they may not be; And let them know that God rules in Jacob to the ends of the earth.

14 And at evening they return, let them make a noise like a dog, and go all around the city.

15 Let them wander up and down for meat, and grudge if they are not satisfied.

16 But I will sing of Your power; Yes, I will sing aloud of Your mercy in the morning; For You have been my defense and refuge in the day of my trouble.

17 To You, O my Strength, will I sing; For God is my defense, the God of my mercy.

### **Psalm 59**

*A Psalm of David. To the Chief Musician. For Those Who Will Change, for Instruction. When He Had Burned Mesopotamia of Syria and Syrian Sobal and Jacob Had Returned and Had Smiten Edon in the Valley of Salt, Twelve Thousand.*

**O** God, You have cast us off; You have broken us down; You have been displeased; Oh, turn Yourself to us again!

2 You have made the earth tremble; You have broken it; Heal its breaches, for it is shaking.

3 You have shown Your people hard things; You have made us drink the wine of astonishment.

4 You have given a banner to those that fear You, that it may be displayed because of the truth.

5 That Your beloved may be delivered. Save with Your right hand, and hear me.

6 God has spoken in His holiness: "I will rejoice; I will divide Sechem and measure out the valley of Succoth.

7 Gilead is Mine, and Manasseh is Mine; Ephraim also is he helmet for My head; Judah is My lawgiver.

8 Moab is My wash pot; Over Edom I will cast My shoe; Philistia shouts in triumph because of Me."

9 Who will bring me into the strong city? Who will lead me to Edom?  
 10 Is it not You, O God, who cast us off? And You, O God, who did not  
 go out with our armies?  
 11 Give us help from trouble, for vain is the help of man.  
 12 Through God we will do valiantly, For it is He Who shall tread down  
 our enemies.

### Psalm 60

*A Psalm of David. To the Chief Musician. For String Instruments.*

**H**ear my cry, O God; Attend to my prayer.

2 From the end of the earth I will cry to You, when my heart is  
 overwhelmed; Lead me to the rock that is higher than I.  
 3 For You have been a shelter for me, and a strong tower from the enemy.  
 4 I will abide in Your tabernacle forever; I will trust in the shelter of Your  
 wings.  
 5 For You, O God, have heard my vows; You have given me the heritage  
 of those who fear Your name.  
 6 You will prolong the king's life; and His years as many generations.  
 7 He shall abide before God forever. Oh, prepare mercy and truth, which  
 may preserve Him!  
 8 So I will sing praise to Your name forever, that I may daily perform my  
 vows.

**Glory** to the Father and to the Son and to the Holy Spirit; Now and ever and unto  
 ages of ages. Amen; Alleluia, alleluia, alleluia glory to You O God (3x); Lord have  
 mercy (3x); Glory to the Father and to the Son and to the Holy Spirit; Now and ever  
 and unto ages of ages. Amen.

### Psalm 61

*A Psalm of David. To the Chief Musician. For Idithum.*

**T**ruly my soul waits for God; From Him comes my salvation.

2 He only is my rock and my salvation; He is my defense; I shall not be  
 greatly moved.  
 3 How long will you attack a man? You shall be slain, all of you, like a

leaning wall and a tottering fence.

4 They only contrive to defy my honor; They delight in lies; They bless with their mouth, but they curse inwardly.

5 My soul waits silently for God alone, for my expectation is from Him.

6 Only He is my rock and my salvation; He is my defense; I shall not be moved.

7 In God is my salvation and my glory; The rock of my strength, and my refuge is in God.

8 Trust in Him at all times, You people; Pour out your heart before Him; God is a refuge for us.

9 Surely men of low degree are vanity, men of high degree are a lie; If they are weighed in the balances, they are altogether lighter than vanity.

10 Trust not in oppression, and lust not after robberies; If riches increase, do not set your heart on them.

11 God has spoken once, twice I have heard this: That power belongs to God.

12 Also to You, O Lord, belongs mercy; For You render to each man according to his work.

## Psalm 62

*A Psalm of David. When He Was in the Wilderness of Judea.*

**O** God You are my God; Early will I seek You; My soul thirsts for You; My flesh longs for You in a dry and thirsty land where there is no water,

2 To see Your power and Your glory. So I have seen You in the sanctuary,

3 Because Your loving kindness is better than life, my lips shall praise You.

4 Thus I will bless You while I live; I will lift up my hands in Your name.

5 My soul shall be satisfied like with marrow and fatness, and my mouth shall praise You with joyful lips.

6 When I remember You on my bed, I meditate on You in the night watches.

7 Because You have been my help, therefore in the shadow of Your wings I will rejoice.

8 My soul follows close behind You; Your right hand upholds me.

9 But those who seek my life to destroy it, shall go into the lower part of the earth.

10 They shall fall by the sword; They shall be a portion for foxes.

11 But the King shall rejoice in God; Everyone who swears by Him shall glory; But the mouth of those who speak lies shall be stopped.

## Psalm 63

*A Psalm of David. To the Chief Musician.*

**H**ear my voice, O God, in my prayer; Preserve my life from fear of the enemy.

2 Hide me from secret counsel of the wicked, from the insurrection of the workers of iniquity,

3 Who sharpen their tongue like a sword, and bend their bows to shoot their arrows, even bitter words.

4 That they may shoot in secret at the blameless; Suddenly they shoot at him and do not fear.

5 They encourage themselves in evil matter; They talk of laying snares secretly; They devise iniquities. They say: "Who shall see them?"

6 They search out iniquities; they accomplish a diligent search. Both the inward thought and the heart of each is deep.

7 But God shall shoot at them with an arrow; Suddenly they shall be wounded.

8 So they shall make their own tongue to fall upon them; All who see them shall flee away.

9 All men shall fear, and shall declare the work of God; For they shall wisely consider His doing.

10 The righteous shall be glad in the Lord, and trust in Him. And all the upright in heart shall glorify Him.

**Glory** to the Father and to the Son and to the Holy Spirit; Now and ever and unto ages of ages. Amen; Alleluia, alleluia, alleluia glory to You O God (3x); Lord have mercy (3x); Glory to the Father and to the Son and to the Holy Spirit; Now and ever and unto ages of ages. Amen.

**Prayer after the Eighth Kathisma**

O Heavenly King, Comforter, Spirit of Truth, Who are present everywhere and fulfilling all things, Treasury of Blessings and Source of Life: Come abide in us, cleanse us of all stain, and save our souls, O Good One.

Holy God, Holy Mighty, Holy Immortal, have mercy on us (3x)

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever and unto ages of ages. Amen.

All Holy Trinity, have mercy on us. Lord, cleanse us of our sins. Master, pardon our transgressions. Holy One, visit and heal our infirmities, for the glory of Your name.

Lord, have mercy (3x).

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever and unto ages of ages. Amen.

Our Father, Who art in heaven, hallowed be Thy Name. Thy kingdom come, Thy will be done on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses as we forgive those who trespass against us. And lead us not into temptation, but deliver us from the evil one.

Come, let us worship God our King. Come, let us worship and fall down before Christ, our King. Come, let us worship and fall down before Christ Himself, our King and our God.

*And these troparia, Tone 5:*

Bestormed by a tempest of despair, I have slipped into the depths of sin; but go before me, O Christ, Guide of all, as You are all-powerful, and direct me to the calm harbor of passionlessness for the sake of Your loving-kindness, O Savior, and save me.

Glory to the Father, and to the Son, and to the Holy Spirit:  
O soul, what is here is passing, but what is beyond is eternal. Wherefore at the prospect of judgment and the Judge upon His Throne, I tremble at the words: The Judgment is unrelenting, O soul, turn back before it comes.

Now and ever and unto ages of ages. Amen.

Hope of the hopeless, help of the helpless, defender of those who put their trust



in you, O Mother of God, holy sovereign Lady, send down upon us your help.

Lord, have mercy (*40x*).

O compassionate and merciful Lord Who are longsuffering and bounteous in mercy, hear my prayer and attend to the voice of my supplication. Work upon me a sign for good; guide me in Your way, that I may walk in Your truth; rejoice my heart, that I may fear Your holy Name, for You are great and work wonders. You alone are God, and there is none like You among gods, O Lord, mighty in mercy, good in strength, helping and comforting and saving all who trust in Your Name; Father, Son and Holy Spirit, now and ever and unto the ages of ages. Amen.





## KATHISMA 9

### Psalm 64

*A Psalm of David. To the Chief Musician. Ode of Jeremias and Ezekiel for the Captive People When They Were About to Leave Babilon*

**P**raise is awaiting You, O God, in Zion; and to You the vow shall be performed.

2 O You who hear prayer, to You all flesh will come.

3 Iniquities prevail against me; As for our transgressions, You will purge them away.

4 Blessed is the man whom You choose, and cause to approach You, that he may dwell in Your courts. We shall be satisfied with the goodness of Your house, even of Your holy temple.

5 You are wonderful in Your righteousness. Hear us, O God of our salvation, the hope of all the ends of the earth, and of those who are on the sea, afar off.

6 Who established the mountains by Your strength, being clothed with power;

7 You who still the noise of the seas, the noise of their waves, and the tumult of the peoples.

8 They also who dwell in the farthest parts are afraid of Your signs; You make the outgoings of the morning and evening rejoice.

9 You visit the earth and water it; You greatly enrich it with the river of God which is full of water; You provide their grain, for so You have

prepared it;

10 You water its ridges abundantly, You settle its furrows; You make it soft with showers, and You bless its growth.

11 You crown the year with Your goodness, and Your fields drip with abundance.

12 They drop on the pastures of the wilderness, and the little hills rejoice on every side.

13 The pastures are clothed with flocks; The valleys also are covered with corn; They shout for joy, they also sing.

## Psalm 65

*A Psalm of David. To the Chief Musician. An Ode of Resurrection.*

**M**ake a joyful shout to God, all the earth!

2 Sing out the honor of His name; Make His praise glorious.

3 Say to God, "How awesome are Your works! Through the greatness of Your power Your enemies shall submit themselves to You.

4 All the earth shall worship You and sing praises to You; They shall sing to Your name."

5 Come and see the works of God; He is terrible in His doing toward the sons of men.

6 He turned the sea into dry land; They went through the river on foot. There did we rejoice in Him,

7 Who rules by His power forever; His eyes observe the nations; Do not let the rebellious exalt themselves.

8 Oh, bless our God, you people! And make the voice of His praise to be heard,

9 Who keeps our soul among the living, and does not allow our feet to be moved.

10 For You, O God, have proved us; You have refined us as silver is refined.

11 You brought us into the net; You laid affliction on our backs.

12 You have caused men to ride over our heads; We went through fire and through water; But You brought us out into a place of rest.

13 I will go into Your house with burnt offerings; I will pay You my vows,

14 Which my lips have uttered and my mouth has spoken when I was in trouble.

15 I will offer You burnt sacrifices of fat animals, with the sweet aroma of rams; I will offer bulls and goats.

16 Come and hear, all you who fear God, and I will declare all that He has done for my soul.

17 I cried to Him with my mouth, and I extolled Him with my tongue.

18 If I regard iniquity in my heart, The Lord will not hear me.

19 But certainly God has heard me; He has attended to the voice of my prayer.

20 Blessed be God who has not turned away my prayer, nor His mercy from me!

## Psalm 66

*A Psalm of David. To the Chief Musician. For String Instruments.*

**G**od be merciful to us and bless us; Cause Your face to shine upon us and have mercy on us.

2 That Your way may be known upon earth, Your salvation among all nations.

3 Let the peoples praise You, O God; Let all the peoples praise You.

4 Oh, let the nations be glad and sing for joy! For You shall judge the people righteously, and govern the nations on earth.

5 Let the peoples praise You, O God; Let all the peoples praise You.

6 Then the earth shall yield her increase; God, our own God shall bless us.

7 God shall bless us, and all the ends of the earth shall fear Him.

*Glory to the Father and to the Son and to the Holy Spirit; Now and ever and unto ages of ages. Amen; Alleluia, alleluia, alleluia glory to You O God (3x); Lord have mercy (3x); Glory to the Father and to the Son and to the Holy Spirit; Now and ever and unto ages of ages. Amen.*

## Psalm 67

*A Psalm of David. To the Chief Musician.*

**L**et God arise, let His enemies be scattered; Let those who hate Him flee from before His face.

2 As smoke is driven away, so drive them away; as wax melts before the

fire, so let the wicked perish at the presence of God.

3 But let the righteous be glad; Let them rejoice before God; Yes, let them rejoice exceedingly.

4 Sing to God, sing praises to His name; Extol Him Who rides upon the heavens; His name is the Lord, and rejoice before Him.

5 A father of the orphans, and a judge of the widows is God in His holy habitation.

6 God sets the solitary in families; He brings out those that are bound with chains; But the rebellious dwell in a dry land.

7 O God, when You went out before Your people, when You marched through the wilderness,

8 The earth shook; The heavens also dropped water at the presence of God; Even Sinai was moved at the presence of God, the God of Israel.

9 You, O God, sent a plentiful rain, whereby You confirmed Your inheritance, when it was weary; But You did refresh it.

10 And Your people dwelt in it; You, O God, provided from Your goodness for the poor.

11 The Lord gave the word; Great was the company of those that proclaimed it:

12 Kings of the armies flee speedily, they flee, and she who remained at home divided the spoil.

13 Though You lie down among your possessions, Yet you will be like the wings of a dove covered with silver, and her feathers with yellow gold.

14 When the Almighty scattered kings in it, it was white like snow in Zalmon .

15 The mountain of God is a rich mountain.

16 Why do you conceive evil? This is the mountain which God desires to dwell in; Yes, the Lord will dwell in it forever.

17 The chariots of God are ten thousand fold, Even thousands of angels; The Lord is among them as in Sinai, in His holy Place.

18 You have ascended on high, You have lead captivity captive; You have received gifts for men; Even for those who were rebellious and doubted, that You might dwell among them

19 Blessed be the Lord God, Who daily loads us with benefits, even the God of our salvation.

20 Our God is the God of salvation; And to God the Lord belong escapes

from death.

21 But God shall wound the head of His enemies, the hairy scalp of the one who still goes on in his trespasses.

22 The Lord said, "I will bring them back from Bashan, I will bring My people back from the depths of the sea,

23 That Your foot may crush them in blood, and the tongues of your dogs may have their portion from your enemies."

24 They have seen Your procession, O God, the procession of my God, my King, into the sanctuary.

25 The singers went before, the players on instruments followed after; Among them were the maidens playing timbrels.

26 Bless God in the assemblies, The Lord from the fountain of Israel.

27 There is little Benjamin, with their leader, The princes of Judah and their council, The princes of Zabulun and the princes of Naphtali.

28 Your God has commanded your strength; Strengthen, O God, what You have done for us.

29 Because of Your temple at Jerusalem, kings will bring presents to You.

30 Rebuke the company of the spearmen, the herd of bulls with the calves of the peoples, till every one submits himself with pieces of silver. Scatter the peoples who delight in war.

31 Princes shall come out of Egypt; Ethiopia shall soon stretch out her hands to God.

32 Sing to God, you kingdoms of the earth; Oh, sing praises to the Lord,

33 To Him Who rides on the heaven of heavens eastward; Indeed, He sends out His voice, a mighty voice.

34 Ascribe strength to God; His glory is over Israel, and His strength is in the clouds.

35 Wonderful is God in His saints, the God of Israel; He Who gives power and strength to His people. Blessed be God!

***Glory** to the Father and to the Son and to the Holy Spirit; Now and ever and unto ages of ages. Amen; Alleluia, alleluia, alleluia glory to You O God (3x); Lord have mercy (3x); Glory to the Father and to the Son and to the Holy Spirit; Now and ever and unto ages of ages. Amen.*

**Psalm 68**

*A Psalm of David. To the Chief Musician.*

**S**ave me, O God! For the waters have come up into my soul.

2 I sink in deep mire, where there is no standing;

3 I have come into deep waters, where the floods overflow me.

4 I am weary with my crying; My throat is dry; My eyes fail while I wait for my God.

5 They that hate me without a cause are more than the hairs of my head;

6 They that would destroy me, being my enemies wrongfully, are mighty; Though I have stolen nothing, I still must restore it.

7 O God, You know my foolishness; And my sins are not hidden from You.

8 Let not them that wait on You, O Lord God of hosts, be ashamed because of me; Let not those who seek You be confounded because of me, O God of Israel.

9 Because for Your sake I have borne reproach; Shame has covered my face.

10 I have become a stranger to my brothers, and an alien to my mother's children;

11 For zeal for Your house has eaten me up, and the reproaches of those who reproach You have fallen on me.

12 When I wept and chastened my soul with fasting, that became my reproach.

13 I made sackcloth also my garment; I became a proverb to them.

14 They that sit in the gate speak against me, and I am the song of the drunkards.

15 But as for me, my prayer is to You, O Lord, in the acceptable time;

16 O God, in the multitude of Your mercy, hear me in the truth of Your salvation.

17 Deliver me out of the mire, and let me not sink; Let me be delivered from those who hate me, and out of the deep waters.

18 Let not the flood-water overflow me, nor let the deep swallow me up; And let not the pit shut its mouth on me.

19 Hear me, O Lord, for Your loving kindness is good; Turn to me according to the multitude of Your tender mercies.

20 Turn not Your face away from Your servant, for I am in trouble; Hear me speedily.

21 Draw near to my soul and redeem it; From my many enemies ransom me.

22 You know my reproach, my shame, and my dishonor;

23 My adversaries are all before You; Reproach has broken my heart, and I am full of heaviness;

24 I looked for someone to take pity, but there was none; And for comforters, but I found none.

25 They also gave Me gall for my meat, and for My thirst they gave me vinegar to drink.

26 Let their table become a snare before them, and their well-being a trap.

27 Let their eyes be darkened, so that they do not see; And make their loins continually to shake.

28 Pour out Your indignation upon them, and let Your wrathful anger take hold of them.

29 Let their habitation be desolate; Let no one dwell in their tents.

30 For they persecute him whom You have smitten, and talk of the grief of those You have wounded.

31 Add iniquity to their iniquity, and let them not come into Your righteousness.

32 Let them be blotted out of the book of the living, and not be written with the righteous.

33 But I am poor and sorrowful; Let Your salvation, O God, set me up on high.

34 I will praise the name of God with a song, and will magnify Him with thanksgiving.

35 This also shall please the Lord better than an ox or bull, which has horns and hooves.

36 The humble shall see this and be glad; and your hearts shall live who seek God.

37 For the Lord hears the poor, and does not despise His prisoners.

38 Let heaven and earth praise Him, the seas and everything that moves therein.

39 For God will save Zion and build the cities of Judah, that they may dwell there and have it in possession.

40 The seed also of His servants shall inherit it, and they that love His name shall dwell in it.



**Psalm 69**

*A Psalm of David. To the Chief Musician. In Remembrance, that He May Save Me*

**M**ake haste, O God, to deliver me! Make haste to help me, O Lord!

2 Let them be ashamed and confounded that seek after my soul; Let them be turned back and confused who desire my hurt.

3 Let them be turned back because of their shame, who say, "Aha, aha!"

4 Let all those who seek You rejoice and be glad in You; And let those who love Your salvation say continually, "Let God be magnified!"

5 But I am poor and needy; Make haste to me, O God! You are my help and my deliverer; O Lord, do not delay.

*Glory to the Father and to the Son and to the Holy Spirit; Now and ever and unto ages of ages. Amen; Alleluia, alleluia, alleluia glory to You O God (3x); Lord have mercy (3x); Glory to the Father and to the Son and to the Holy Spirit; Now and ever and unto ages of ages. Amen.*

**Prayers after the Ninth Kathisma**

O Heavenly King, Comforter, Spirit of Truth, Who are present everywhere and fulfilling all things, Treasury of Blessings and Source of Life: Come abide in us, cleanse us of all stain, and save our souls, O Good One.

Holy God, Holy Mighty, Holy Immortal, have mercy on us (3x)

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever and unto ages of ages. Amen.

All Holy Trinity, have mercy on us. Lord, cleanse us of our sins. Master, pardon our transgressions. Holy One, visit and heal our infirmities, for the glory of Your name.

Lord, have mercy (3x).

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever and unto ages of ages. Amen.

Our Father, Who art in heaven, hallowed be Thy Name. Thy kingdom come, Thy will be done on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses as we forgive those who trespass against us. And lead us not into temptation, but deliver us from the evil one.

Come, let us worship God our King. Come, let us worship and fall down before Christ, our King. Come, let us worship and fall down before Christ Himself, our King and our God.

*And these troparia, tone 6:*

I think of the dread day and weep for my evil deeds. How shall I answer the immortal King? Or with what boldness shall I look at the Judge, I who am prodigal? Deeply-merciful Father, only-begotten Son and Holy Spirit, have mercy on me.

Glory to the Father, and to the Son, and to the Holy Spirit:

In the valley of weeping, in the place You have appointed, when You are seated to mete out righteous judgment, O merciful One, do not reveal everything concerning me that is hidden, nor shame me in front of the angel; but spare me, O God, and have mercy on me.

Now and ever and unto ages of ages. Amen.

O Parent of God, good intercessor for the world, hope and veil of boldness for those who have recourse to you; with the bodiless Powers pray diligently to the One you bore, Who is God and the Lover of Man, to deliver our souls from every threat, O only blessed Lady.

Lord, have mercy (*40x*).

O our God, Master and Lord, Who alone know the infirmity of my wretched soul: For the sake of Your many mercies and compassions. Heal it in ways known to You, since because of my deeds there is no plaster, no oil, no bandage that can be applied. You came not to call the righteous, but sinners to repentance. Have pity, show Your compassion, forgive my soul; tear up the handwriting of my many despicable deeds and guide me on your level path—that walking in Your truth I may escape the arrows of the evil one and thus stand un-condemned before Your awesome Throne, glorifying and hymning Your most holy Name unto the ages of ages. Amen.



## KATHISMA 10

### Psalm 70

*A Psalm of David. To the Sons of Jonadab and the First that were Taken Captive.*



In You, O Lord, I put my trust; Let me never be put to shame.

2 Deliver me in Your righteousness, and cause me to escape; Incline Your ear to me and save me.

3 Be my stronghold to which I may resort continually for salvation; For You are my rock and my fortress.

4 Deliver me, O my God, out of the hand of the wicked, out of the hand of the unrighteous and cruel man.

5 For You are my hope, O Lord God; You are my trust from my youth.

6 By You I have been upheld from the womb; You are He who took me out of my mother's womb. My praise shall be continually of You.

7 I have become as a wonder to many, but You are my strong refuge.

8 Let my mouth be filled with Your praise and with Your glory all the day.

9 Cast me not off in the time of my old age; Forsake me not when my strength fails.

10 For my enemies speak against me; And those who lie in wait for my life take counsel together,

11 Saying, "God has forsaken him; Pursue and take him, for there is none to deliver him."

12 O God, do not be far from me! O my God, make haste to help me!

13 Let them be confounded and consumed who are adversaries of my life;  
Let them be covered with reproach and dishonor who seek my hurt.

14 But I will hope continually, and I will praise You yet more and more.

15 My mouth shall tell of Your righteousness and Your salvation all the day, for I do not know their limits.

16 I will go in the strength of the Lord God; I will make mention of Your righteousness, of Yours only.

17 O God, You have taught me from my youth; And to this day I declare Your wondrous works.

18 Now also when I am old and grey-headed, O God, do not forsake me, until I declare Your strength to this generation, Your power to every one who is to come.

19 Your righteousness also, O God, is very high, You who have done great things; O God, who is like You?

20 You, who have shone me great and sore troubles, shall revive me again, and bring me up again from the depths of the earth.

21 You shall increase my greatness, and comfort me on every side.

22 I will also praise You with psaltery even Your faithfulness, O my God! To You I will sing with the harp, O Holy One of Israel.

23 My lips shall greatly rejoice when I sing to You, and my soul, which You have redeemed.

24 My tongue also shall talk of Your righteousness all the day long; For they are confounded, for they are brought to shame who seek my hurt.

## Psalm 71

*A Psalm of David. To Solomon.*

**G**ive the king Your judgments, O God, and Your righteousness to the king's son.

2 He will judge Your people with righteousness, and Your poor with justice.

3 The mountains shall bring peace to the people, and the little hills will bring justice to the poor of the people.

4 He shall judge the poor of the people, He shall save the children of the needy, and shall break in pieces the oppressor.

5 They shall fear You as long as the sun and the moon endure, throughout all generations.

6 He shall come down like rain upon the mown grass, like showers that water the earth.

7 In His days shall the righteous flourish; and abundance of peace until the moon endures.

8 He shall have dominion also from sea to sea, and from the River to the ends of the earth

9 Those who dwell in the wilderness shall bow before Him, and His enemies shall lick the dust.

10 The kings of Tharshish and the isles shall bring presents; The kings of Arabs and Saba shall offer gifts.

11 Yes, all kings shall fall down before Him; All nations shall serve Him.

12 For He shall deliver the needy when he cries, the poor also, and him who has no helper.

13 He shall spare the poor and needy, and shall save the souls of the needy.

14 He shall redeem their life from deceit and violence; And precious shall be their blood in His sight.

15 And He shall live; And to Him shall be given the gold of Sheba; Prayer also shall be made for Him continually, and daily He shall be praised.

16 There shall be an abundance of corn in the earth up to the top of the mountains; Its fruit shall exceed that of Lebanon; And those of the city shall flourish like grass of the earth.

17 His name shall endure forever; His name shall continue as long as the sun.

18 And men shall be blessed in Him; All nations shall call Him blessed.

19 Blessed be the Lord God, the God of Israel, Who only does wondrous things!

20 And blessed be His glorious name forever!

21 And let the whole earth be filled with His glory. Amen! Amen!

*Glory to the Father and to the Son and to the Holy Spirit; Now and ever and unto ages of ages. Amen; Alleluia, alleluia, alleluia glory to You O God (3x); Lord have mercy (3x); Glory to the Father and to the Son and to the Holy Spirit; Now and ever and unto ages of ages. Amen.*

**Psalm 72***A Psalm for Asaph.*

**T**ruly God is good to Israel, to such as are of a clean heart.

2 But as for me, my feet had almost stumbled; My steps had nearly slipped.

3 For I was envious of the transgressors, when I saw the prosperity of the wicked.

4 For there is no reluctance in their death, but their strength is firm.

5 They are not in trouble as other men, nor are they plagued like other men.

6 Therefore pride surrounds them as a chain; Violence covers them as a garment.

7 Their eyes stand out with abundance; They have more than heart could wish.

8 They are corrupt and speak wickedly concerning oppression; They speak loftily.

9 They set their mouth against the heavens, and their tongue walks through the earth.

10 Therefore my people approach them; And waters of a full cup are drained by them.

11 For they say, "How does God know? And is there knowledge in the Most High?"

12 Behold, these are the ungodly, who prosper in the world; They increase in riches.

13 Surely I have cleansed my heart in vain, and washed my hands in innocence.

14 For all day long I have been plagued, and chastened every morning.

15 If I say, "I will speak thus," behold, I should offend the generation of Your children.

16 When I thought to know this, it was too painful for me.

17 Until I went into the sanctuary of God; Then I understood their end.

18 Surely You set them in slippery places; You cast them down to destruction.

19 Oh, how they are brought to desolation, as in a moment! They are utterly consumed with terrors.

20 As a dream when one awakes, so, Lord, when You awake, You shall despise their image.

20 Thus my heart was grieved, and I was vexed in my reins.

21 I was so foolish and ignorant; I was like a beast before You.

22 Nevertheless I am continually with You; You hold me by my right hand.

23 You will guide me with Your counsel, and afterward receive me to glory.

24 Whom have I in heaven but You? And there is none upon earth that I desire besides You.

25 My flesh and my heart fail; But God is the strength of my heart and my portion forever.

26 For indeed, those who are far from You shall perish; You have destroyed all those who desert You for harlotry.

27 But it is good for me to draw near to God; I have put my trust in the Lord God, that I may declare all Your works.

## Psalm 73

*A Psalm of Asaph. For Instruction.*

**O** God, why have You cast us off forever? Why does Your anger smoke against the sheep of Your pasture?

2 Remember the assembly of Your people, which You have purchased of old,

3 The rod of Your inheritance, which You have redeemed; This Mount Zion where You have dwelt.

4 Lift up Your hands against the prideful, to the end, for the enemy has damaged everything in Your sanctuary.

5 Your enemies roar in the midst of Your congregation; They set up their banners for signs.

6 They seem like men who lift up axes among the thick trees.

7 And now they break down its carved work, all at once, with axes and hammers.

8 They have set fire to Your sanctuary; They have defiled the dwelling place of Your name to the ground.

9 They said in their hearts, "Let us destroy them altogether. Come, let us abolish the feasts of the Lord from the earth." They have burned up all the holy places in the land.

10 We do not see our signs; There is no longer any prophet; Nor is there any among us who knows how long.

11 O God, how long will the adversary reproach? Will the enemy blaspheme Your name forever?

12 Why do You withdraw Your hand, even Your right hand? Take it out of Your bosom.

13 For God is my King from of old, working salvation in the midst of the earth.

14 You divided the sea by Your strength; You broke the heads of dragons in the waters.

15 You broke the head of Leviathan in pieces, and gave him as meat to the people inhabiting the wilderness.

16 You split open springs and torrents; You dried up mighty rivers.

17 The day is Yours, the night also is Yours; You have prepared the light and the sun.

18 You have set all the borders of the earth; You have made summer and winter.

19 Remember this, that the enemy has reproached, O Lord, and that the foolish people has blasphemed Your name.

20 Oh, do not deliver the life of those who praise You to the multitude of the wicked! Do not forget the congregation of Your poor forever.

21 Have respect to the covenant; For the dark places of the earth are full of the habitation of cruelty.

22 Oh, do not let the oppressed return ashamed! Let the poor and needy praise Your name.

23 Arise, O God, plead Your own cause; Remember how the foolish man reproaches You daily.

24 Do not forget the voice of those who pray to You; For the tumult of those who rise up against You increases continually.

*Glory to the Father and to the Son and to the Holy Spirit; Now and ever and unto ages of ages. Amen; Alleluia, alleluia, alleluia glory to You O God (3x); Lord have mercy (3x); Glory to the Father and to the Son and to the Holy Spirit; Now and ever and unto ages of ages. Amen.*

## Psalm 74

*A Psalm of Asaph. To the Chief Musician. Do not Destroy.*

**W**e give thanks to You, O God, we give thanks! For Your wondrous works declare that Your name is near.

2 "At the appointed time, I will judge uprightly.

3 Though the earth and all its inhabitants are dissolved; It is I Who bear



up the pillars of it.

4 I said to the fools, 'Deal not foolishly,' And to the wicked, 'Do not lift up the horn.

5 Lift not up your horn on high; Speak not with a stiff neck.'"

6 For exaltation comes, neither from the east nor from the west nor from the south.

7 But God is the judge: He puts down one, and exalts another.

8 For in the hand of the Lord there is a cup, and the wine is red; It is fully mixed, and He pours it out; Surely its dregs shall all the wicked of the earth drain and drink down.

9 But I will declare forever, I will sing praises to the God of Jacob.

10 "All the horns of the wicked I will also cut off, but the horns of the righteous shall be exalted."

## Psalm 75

*A Psalm of Asaph. To The Chief Musician; For String Instruments. Ode to the Assyrians.*

**I**n Judah God is known; His name is great in Israel.

2 His tabernacle is in Jerusalem, and His dwelling place in Zion.

3 There He broke the arrows of the bow, the shield and sword of battle.

4 You shine forth wonderfully from the everlasting mountains.

5 The stouthearted are spoiled; The rich men have slept their sleep; And none of the men of might have found the use of their hands.

6 At Your rebuke, O God of Jacob, both the chariot and the horse were cast into a dead sleep.

7 You Yourself are to be feared; And who may stand in Your sight when once You are angry?

8 You caused judgment to be heard from heaven; The earth feared and was still,

9 When God arose to judgment, to deliver all the meek of the earth.

10 For the inner thought of man shall praise You; And his remembrance shall be a feast to You.

11 Make vows and pay them to the Lord your God, ; Let all who are around Him bring presents to Him Who ought to be feared.

12 He shall cut off the spirit of princes; He is terrible to the kings of the earth.

**Psalm 76**

*A Psalm of Asaph. To the Chief Musician. For Idithum.*

**I** cried out to God with my voice; I cried to the Lord, and He gave ear to me.

2 In the day of my trouble I sought the Lord; I raised my hands in the night, and I was not deceived; My soul refused to be comforted.

3 I remembered God, and was troubled; I complained, and my spirit was overwhelmed.

4 You hold my eyes open; I am so troubled that I cannot speak.

5 I have considered the days of old, the years of ancient times.

6 I call to remembrance my song in the night; I meditate within my heart, and my spirit makes diligent search.

7 Will the Lord cast off forever? And will He be favorable no more?

8 Has His mercy ceased forever? Has His promise failed forevermore?

9 Has God forgotten to be gracious? Has He in anger shut up His tender mercies?

10 And I said, "This is my infirmity; But I will remember the years of the right hand of the Most High."

11 I will remember the works of the Lord; Surely I will remember Your wonders of old.

12 I will also meditate on all Your work, and talk of Your deeds.

13 Your way, O God, is in the sanctuary; Who is so great a God as our God?

14 You are the God Who does wonders; You have declared Your strength among the peoples.

15 You have with Your arm redeemed Your people, the sons of Jacob and Joseph.

16 The waters saw You, O God; The waters saw You, they were afraid; The depths also were troubled.

17 The clouds poured out water; The skies sent out a sound; Your arrows also went abroad.

18 The voice of Your thunder was in the heavens; The lightning lit up the world; The earth trembled and shook.

19 Your way was in the sea, Your path in the great waters, and Your footsteps were not known.

20 You led Your people like a flock by the hand of Moses and Aaron.

*Glory to the Father and to the Son and to the Holy Spirit; Now and ever and unto ages of ages. Amen; Alleluia, alleluia, alleluia glory to You O God (3x); Lord have mercy (3x); Glory to the Father and to the Son and to the Holy Spirit; Now and ever and unto ages of ages. Amen.*

### **Prayer after the Tenth Kathisma**

O Heavenly King, Comforter, Spirit of Truth, Who are present everywhere and fulfilling all things, Treasury of Blessings and Source of Life: Come abide in us, cleanse us of all stain, and save our souls, O Good One.

Holy God, Holy Mighty, Holy Immortal, have mercy on us (3x)

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever and unto ages of ages. Amen.

All Holy Trinity, have mercy on us. Lord, cleanse us of our sins. Master, pardon our transgressions. Holy One, visit and heal our infirmities, for the glory of Your name.

Lord, have mercy (3x).

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever and unto ages of ages. Amen.

Our Father, Who art in heaven, hallowed be Thy Name. Thy kingdom come, Thy will be done on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses as we forgive those who trespass against us. And lead us not into temptation, but deliver us from the evil one.

Come, let us worship God our King. Come, let us worship and fall down before Christ, our King. Come, let us worship and fall down before Christ Himself, our King and our God.

*And these troparia, Tone 6:*

I dread the awesome day of Your Coming, O Christ. In fear of Your impartial Judgment Seat I am filled with dread and tremble, for my transgressions are many. As You are the merciful God, turn me back before the end and save me, O my Savior of many mercies.

Glory to the Father, and to the Son, and to the Holy Spirit:

When the thrones are set for judgment, O Lord, and men appear before Your Judgment Seat, the king will not be honored more than the soldier, the master will not be valued more highly than the servant; for each will either be glorified or shamed according to his deeds.

Now and ever and unto ages of ages. Amen.

You were made worthy of great gifts, O pure Virgin Mother of God, for you gave birth in the flesh to One of the Trinity- Christ the Giver of Life- for the salvation of our souls.

Lord, have mercy (*40x*).

O Lord our God, rich in mercy and inconceivably compassionate, Who alone are sinless by nature and without sin became man for us, hearken in this hour to my anguished entreaty, for I am poor and bereft of all good deeds and my heart is smitten within me. You know, O high King, Lord of heaven and earth, how I spent all my youth in sin, pursuing the lusts of my flesh; how I wholly followed the devil and became the utter laughingstock of the demons by always dragging myself through the mire of lusts. I never desired to do Your holy will, but darkened my thoughts from childhood to this very day, completely enslaving myself to the passions assaulting me. The devils mocked and scoffed, but never did I give any thought to Your unbearable anger threatening sinners, or the fire that there is in Gehenna. But now, naked and empty-handed, having deprived myself of fellowship with You, I am in despair and unable to return to my senses. Was there any kind of sin I did not commit? Was there a devilish deed I left undone? Was there anything despicable and depraved I did not carry out with arrogance and enthusiasm? I polluted my mind with fleshly remembrances; I defiled my body in all sorts of ways; I polluted my spirit by the consent I gave. I loved serving sin and made a slave of every member of my wretched body. Who will not henceforth lament for me in my misery? Who will not weep for me, the condemned? For I alone have stirred up Your wrath, O Master; I alone have inflamed Your anger against me; I alone have done evil in Your sight, surpassing and exceeding all sinners since time began, so incomparably and unforgivably have I transgressed. But since You are abundantly merciful and full of lovingkindness and ever await man's return, O Lover of Mankind, behold, even I cast myself down before Your unbearable, dread Judgment Seat, and, as if clasping Your most holy feet, I cry out to You from the depths of my soul: O Lord, cleanse; You Who work a change for good, forgive; be merciful toward my infirmity, be attentive to my quandary, attend

to my supplication, be not silent in the face of my tears. Turn back the erring one, embrace me as I turn back, receive me who repent, forgive me who pray. For You have not appointed repentance for the righteous, nor forgiveness for those who have not sinned, but You have appointed repentance for me the sinner—who have thus vexed You and stand naked and exposed before You confessing my sins, O Lord, Seer of Hearts. I cannot look up and gaze upon the height of heaven, bent down as I am by the weight of my sins. Enlighten, therefore, the eyes of my heart; grant me contrition leading to repentance, and brokenness of heart conducive to a changed life—that I might attain to the other world with good hope and firm faith, ever praising and blessing Your most holy Name, of the Father, and of the Son and of the Holy Spirit, now and ever and unto the ages of ages. Amen.





## KATHISMA 11

### Psalm 77

*A Psalm of Asaph. For Instruction.*

**G**ive ear O my people, to my law; Incline your ears to the words of  
My mouth.  
2 I will open my mouth in a parable; I will utter dark sayings of old,  
3 Which we have heard and known, and our fathers have told us.  
4 We will not hide them from their children, showing to the generation to  
come the praises of the Lord, and His strength and His wonderful works  
that He has done.  
5 For He established a testimony in Jacob, and appointed a law in Israel,  
which He commanded our fathers, that they should make them known to  
their children;  
6 That the generation to come might know them, even the children who  
would be born, that they may arise and declare them to their children,  
7 That they may set their hope in God, and not forget the works of God,  
but keep His commandments;  
8 And may not be like their fathers, a stubborn and rebellious generation,  
a generation that did not set its heart aright, and whose spirit was not  
steadfast with God.  
9 The children of Ephraim, being armed and carrying bows, turned back  
in the day of battle.  
10 They kept not the covenant of God; They refused to walk in His law,

11 And forgot His works and His wonders that He had shone them.  
12 Marvelous things He did in the sight of their fathers, in the land of Egypt, in the field of Zoan.  
13 He divided the sea and caused them to pass through; And He made the waters to stand up like a heap.  
14 In the daytime He also led them with the cloud, and all the night with a light of fire.  
15 He split the rocks in the wilderness, and gave them drink in abundance, like from great depths.  
16 He also brought streams out of the rock, and caused waters to run down like rivers.  
17 But they sinned even more against Him, by provoking the Most High in the wilderness.  
18 And they tempted God in their heart by asking meat for their pleasure.  
19 Yes, they spoke against God: They said, "Can God furnish a table in the wilderness?  
20 Behold, He struck the rock, so that the waters gushed out, and the streams overflowed. Can He give bread also? Can He provide meat for His people?"  
21 Therefore the Lord heard this and was furious; So a fire was kindled against Jacob, and anger also came up against Israel,  
22 Because they did not believe in God, and did not trust in His salvation.  
23 Though He had commanded the clouds above, and opened the doors of heaven,  
24 Had rained manna on them to eat, and given them the bread of heaven.  
25 Men ate angel's food; He sent them meat to the full.  
26 He caused an east wind to blow in the heavens; And by His power He brought in the south wind.  
27 He also rained meat on them like the dust, and feathered fowl like the sands of the seas;  
28 And He let them fall in the midst of their camp, all around their habitation.  
29 So they ate and were well filled, for He gave them their own desire.  
30 They were not estranged of their lust; But while their food was still in their mouth,  
31 The wrath of God came against them, and slew the stoutest of them, and struck down the chosen men of Israel.

32 In spite of this they still sinned, and did not believe in His wondrous works.

33 Therefore their days He consumed in futility, and their years in trouble.

34 When He slew them, then they sought Him; And they returned and sought diligently for God.

35 And they remembered that God was their rock, and the High God their redeemer.

36 Nevertheless they flattered Him with their mouth, and they lied to Him with their tongue;

37 For their heart was not steadfast with Him, nor were they faithful in His covenant.

38 But He, being full of compassion, forgave their iniquity, and did not destroy them. Yes, many a time He turned His anger away, and did not stir up all His wrath;

39 For He remembered that they were but flesh, a breath that passes away and does not come again.

40 How often they provoked Him in the wilderness, and grieved Him in the desert!

41 Yes, they turned back and tempted God, and provoked the Holy One of Israel.

42 They remembered not His powerful hand and the day when He redeemed them from the enemy,

43 How He worked His signs in Egypt, and His wonders in the field of Zoan;

44 And He turned their rivers into blood, and their streams, that they could not drink.

45 He sent swarms of dog flies among them, which devoured them, and frogs, which destroyed them.

46 He also gave their crops to the caterpillar, and their labor to the locust.

47 He destroyed their vines with hail, and their sycamore trees with frost.

48 He also gave up their cattle to the hail, and their flocks to hot thunderbolts.

49 He cast on them the fierceness of His anger, wrath, indignation, and trouble, by sending evil angels among them.

50 He made a way for His anger; He did not spare their soul from death, but gave their life over to the pestilence,

51 And destroyed all the firstborn in Egypt, The first of their strength in the tents of Ham.

52 But made His own people go forth like sheep, and guided them in the wilderness like a flock;



53 And He led them on safely, so that they feared not; But the sea overwhelmed their enemies.

54 And He brought them to the border of His sanctuary, this mountain which His right hand had acquired.

55 He cast out the nations before them, allotted them an inheritance by survey, and made the tribes of Israel dwell in their tents.

56 Yet they tested and provoked the Most High God, and kept not His testimonies,

57 But turned back and acted unfaithfully like their fathers; They were turned aside like a deceitful bow.

58 For they provoked Him to anger with their high places, and moved Him to jealousy with their carved images.

59 When God heard this, He was furious, and greatly abhorred Israel,

60 So that He forsook the tabernacle of Shiloh, the tent which He had placed among men,

61 And delivered His strength into captivity, and His glory into the enemy's hand.

62 He also gave His people over to the sword, and was furious with His inheritance.

63 The fire consumed their young men, and their maidens were not given in marriage.

64 Their priests fell by the sword, and their widows made no lamentation.

65 Then the Lord awoke as one out of sleep, and like a mighty man who has been heated with wine.

66 And He struck hard His enemies; He put them to a perpetual reproach.

67 Moreover He rejected the tabernacle of Joseph, and did not choose the tribe of Ephraim,

68 But chose the tribe of Judah, Mount Zion which He loved.

69 And He built His sanctuary on the highest, like the place of the unicorn, like the earth which He has established forever.

70 He also chose David His servant, and took him from the sheepfold;

71 From following the ewes that had young He brought him, to be the shepherd of Jacob His people, and Israel His inheritance.

72 So He tended them according to the integrity of his heart, and guided them by the skillfulness of his hands.

*Glory to the Father and to the Son and to the Holy Spirit; Now and ever and unto ages of ages. Amen; Alleluia, alleluia, alleluia glory to You O God (3x); Lord have mercy (3x); Glory to the Father and to the Son and to the Holy Spirit; Now and ever and unto ages of ages. Amen.*

## **Psalm 78**

*A Psalm of Asaph.*

**O** God, the nations have come into Your inheritance; Your holy temple they have defiled; They have laid Jerusalem in heaps.

2 The dead bodies of Your servants they have given as food for the birds of the heavens, the flesh of Your saints to the beasts of the earth.

3 Their blood they have shed like water all around Jerusalem, and there was no one to bury them.

4 We have become a reproach to our neighbors, a scorn and derision to those who are around us.

5 How long, Lord? Will You be angry forever? Will Your jealousy burn like fire?

6 Pour out Your wrath on the nations that do not know You, and on the kingdoms that do not call on Your name.

7 For they have devoured Jacob, and laid waste his dwelling place.

8 Oh, remember not former iniquities against us! Let Your tender mercies come speedily to meet us, for we have been brought very low.

9 Help us, O God of our salvation, for the glory of Your name; And deliver us, and provide atonement for our sins, for Your name's sake!

10 Why should the nations say, "Where is their God?" Let there be known among the nations in our sight the avenging of the blood of Your servants which has been shed.

11 Let the sighing of the prisoner come before You; According to the greatness of Your power preserve those who are appointed to die;

12 And return to our neighbors sevenfold into their bosom their reproach with which they reproached You, O Lord.

13 So we, Your people and sheep of Your pasture, will give You thanks forever; We will show forth Your praise to all generations.

**Psalm 79**

*A psalm of Asaph. For the Chief Musician. A Psalm for the Assyrians.*

**G**ive ear, O shepherd of Israel, You who lead Joseph like a flock;  
You Who dwell between the cherubim, shine forth!

2 Before Ephraim, Benjamin, and Manasseh, stir up Your strength, and  
come and save us!

3 Restore us, O God; Let Your face shine upon us, and we shall be saved!

4 O Lord God of hosts, how long will You be angry against the prayer of  
Your people?

5 You have fed them with the bread of tears, and given them tears to drink  
in great measure.

6 You have made us a strife to our neighbors, and our enemies laugh  
among themselves.

7 Restore us, O God of hosts; Cause Your face to shine, and we shall be  
saved!

8 You have brought a vine out of Egypt; You have cast out the nations,  
and planted it.

9 You prepared room for it, and caused it to take deep root, and it filled  
the land.

10 Its shadow covered the mountains, and its boughs are like the goodly  
cedars.

11 She sent out her boughs to the sea, and her branches to the River.

12 Why then did You break down her hedges, so that all who pass by the  
way pluck her fruit?

13 The boar out of the woods uproots it, and the wild beast of the field  
devours it.

14 Return, we beseech You, O God of hosts; Look down from heaven and  
see, and visit this vine,

15 And the vineyard which Your right hand has planted, and the branch  
that You made strong for Yourself.

16 It is burned with fire, it is cut down; They perish at the rebuke of Your  
countenance.

17 Let Your hand be upon the man of Your right hand, upon the Son of  
Man whom You made strong for Yourself.

18 Then we will not turn back from You; Revive us and we will call upon  
Your name.

19 Restore us, O Lord God of hosts; Cause Your face to shine upon us, and we shall be saved!

### **Psalm 80**

*A Psalm of Asaph. To the Chief Musician.*

**S**ing aloud to God our strength; Make a joyful noise to the God of Jacob.

2 Take a psalm and strike the timbrel, the pleasant harp with the psaltery.

3 Blow the trumpet at the time of the New Moon, in the time appointed, on our solemn feast day.

4 For this is a statute for Israel, and a law of the God of Jacob.

5 This He established in Joseph for a testimony, when he went throughout the land of Egypt, where he heard a language that he did not understand.

6 I removed his shoulder from the burden; His hands were freed from making baskets.

7 You called in trouble, and I delivered you; I answered you in the secret place of thunder; I proved you at the waters of strife.

8 “Hear, O my people, and I will speak to you! O Israel, if you will listen to Me!

9 There shall be no foreign god among you; Nor shall you worship any foreign god.

10 I am the Lord your God, who brought you out of the land of Egypt; Open your mouth wide, and I will fill it.

11 But My people would not heed My voice, and Israel would have none of Me.

12 So I gave them over to their own stubborn heart, I let them walk in their own ways.

13 “Oh, that My people would listen to Me, that Israel would walk in My ways!

14 I should soon have subdued their enemies, and turned My hand against their adversaries.

15 The haters of the Lord should have submitted themselves to Him, but their fate would endure forever.

16 I should have fed them also with the finest of wheat; And with honey from the rock I should have satisfied them.”

***Glory** to the Father and to the Son and to the Holy Spirit; Now and ever and unto ages of ages. Amen; Alleluia, alleluia, alleluia glory to You O God (3x); Lord have mercy (3x); Glory to the Father and to the Son and to the Holy Spirit; Now and ever and unto ages of ages. Amen.*

**Psalm 81***A Psalm of Asaph.*

**G**od stands in the assembly of the mighty; He judges among the gods.

2 How long will You judge unjustly, and accept the person of the wicked?

3 Defend the poor and fatherless; Do justice to the afflicted and needy.

4 Deliver the poor and needy; Deliver them from the hand of the wicked.

5 They do not know, nor do they understand; They walk about in darkness; All the foundations of the earth are unstable.

6 I said, "You are gods, and all of you are children of the Most High.

7 But you shall die like men, and fall like one of the princes."

8 Arise, O God, judge the earth; For You shall inherit all nations!

**Psalm 82***A Psalm of Asaph.*

**O** God, who shall be compared with You? Keep not Your silence, O God! Do not hold Your peace, and do not be still, O God!

2 For behold, Your enemies make a tumult; And those who hate You have lifted up their head.

3 They have taken crafty counsel against Your people, and consulted together against Your saints.

4 They have said, "Come and let us cut them off from being a nation, that the name of Israel may be remembered no more."

5 For they have consulted together with one consent; They have made an alliance against You;

6 The tents of Edom and the Ishmaelites; Moab and the Hagarites;

7 Gebal, Amon and Amalek; The Philistines also with the inhabitants of Tyre;

8 Assyria also has joined with them; They have helped the children of Lot.

9 Deal with them as unto the Midianites, as to Sisera, as to Jabin at the brook of Kishon,

10 Who perished at En Dor; they became as refuse on earth.

11 Make their nobles like Oreb and like Zeeb; Yes, all their princes like Zebah and Zalmunna,

12 Who said, "Let us take for ourselves the altar of God as a possession."  
13 O my God, make them as a wheel, as the chaff before the wind!  
14 As the fire burns the woods, and as the flames set the mountains on fire,  
15 So pursue them with Your tempest, and frighten them with Your storm.  
16 Fill their faces with shame, that they may seek Your name, O Lord.  
17 Let them be confounded and troubled forever; Yes, Let them be put to shame and perish,  
18 That men may know that You, Whose name alone is the Lord, are the Most High over all the earth.

### Psalm 83

*To the Chief Musician. For the Sons of Kore.*

**H**ow pleasant are Your tabernacles, O Lord of hosts!  
2 My soul longs, yes, even faints for the courts of the Lord; My heart and my flesh cry out for the living God.  
3 Even the sparrow has found a home, and the swallow a nest for herself, where she may lay her young, even Your altars, O Lord of hosts, my King and my God.  
4 Blessed are those who dwell in Your house; They will praise You evermore.  
5 Blessed is the man whose strength is in You, in whose heart are Your ways, O Lord.  
6 As they pass through the valley of weeping, they make it a spring of water; The rain also fills the pools.  
7 They go from strength to strength; Every one of them appears before God in Zion.  
8 O Lord God of hosts, hear my prayer; Give ear, O God of Jacob!  
9 O God, our shield, behold and look upon the face of Your anointed.  
10 For a day in Your courts is better than a thousand. I would rather be a doorkeeper in the house of my God than dwell in the tents of wickedness.  
11 For the Lord loves mercy and truth; The Lord will give grace and glory; No good thing will be withheld from them that walk uprightly.  
12 O Lord of hosts, blessed is the man who trusts in You.

**Psalm 84**

*To the Chief Musician. For the Sons of Kore.*

**L**ord, You have been favorable to Your land; You have brought back the captivity of Jacob.

2 You have forgiven the iniquity of Your people; You have covered all their sins.

3 You have taken away all Your wrath; You have turned from the fierceness of Your anger.

4 Restore us, O God of our salvation, and cause Your anger toward us to cease.

5 Will You be angry with us forever? Will You prolong Your anger to all generations?

6 Will You not revive us again, that Your people may rejoice in You?

7 Show us Your mercy, O Lord, and grant us Your salvation.

8 I will hear what God the Lord will speak, for He will speak peace to His people and to His saints; But let them not turn again to folly.

9 Surely His salvation is near to those who fear Him, that glory may dwell in our land.

10 Mercy and truth have met together; Righteousness and peace have kissed each other.

11 Truth shall spring out of the earth, and righteousness shall look down from heaven.

12 Yes, The Lord shall give that which is good; And our land shall yield its increase.

13 Righteousness will go before Him, and shall set us in the way of His steps.

**Glory** to the Father and to the Son and to the Holy Spirit; Now and ever and unto ages of ages. Amen; Alleluia, alleluia, alleluia glory to You O God (3x); Lord have mercy (3x); Glory to the Father and to the Son and to the Holy Spirit; Now and ever and unto ages of ages. Amen.

**Prayers after the Eleventh Kathisma**

O Heavenly King, Comforter, Spirit of Truth, Who are present everywhere and fulfilling all things, Treasury of Blessings and Source of Life: Come abide in us, cleanse us of all stain, and save our souls, O Good One.

Holy God, Holy Mighty, Holy Immortal, have mercy on us (3x)

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever and unto ages of ages. Amen.

All Holy Trinity, have mercy on us. Lord, cleanse us of our sins. Master, pardon our transgressions. Holy One, visit and heal our infirmities, for the glory of Your name.

Lord, have mercy (3x).

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever and unto ages of ages. Amen.

Our Father, Who art in heaven, hallowed be Thy Name. Thy kingdom come, Thy will be done on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses as we forgive those who trespass against us. And lead us not into temptation, but deliver us from the evil one.

Come, let us worship God our King. Come, let us worship and fall down before Christ, our King. Come, let us worship and fall down before Christ Himself, our King and our God.

*And these troparia, Tone 7:*

Acquiring the healing remedy of repentance, O my soul, come weeping, sighing and crying out to the Physician of souls and bodies: Set me free, O Lover of Man, from my many transgressions; number me with the sinful woman, the thief and the publican. Grant me forgiveness of sins and save me.

Glory to the Father, and to the Son, and to the Holy Spirit:

I have not emulated the publican's repentance, nor have I acquired the sinful woman's tears; for my blindness has made me ignorant of transformations such as theirs. But in Your tenderhearted mercy, save me, O Christ God, as You are the Lover of Mankind.

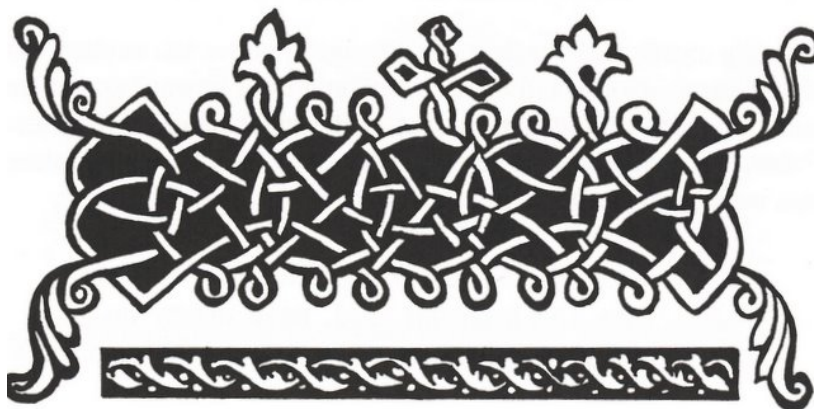
Now and ever and unto ages of ages. Amen.



Together with the heavenly Powers, O undefiled Virgin Theotokos, beseech your Son to grant us forgiveness of transgressions before the end, and great mercy.

Lord, have mercy (*40x*).

Shine the incorrupt Light of Your Divine Knowledge in our hearts, O Lord and Lover of Mankind; open our spiritual eyes to understand Your Gospel teachings; instill in us fear of Your blessed commandments, that trampling down all carnal desires, we may lead a spiritual life, thinking and doing all that is well-pleasing to You. For You are the enlightenment of our souls and bodies, O Christ God, and to You we ascribe glory, with Your unoriginate Father and Your all-holy, good and life-creating Spirit, now and ever and unto the ages of ages. Amen.





## KATHISMA 12

### Psalm 85

*A Psalm of David. A Prayer.*

**B**ow down Your ear, O Lord, hear me; for I am poor and needy.  
2 Preserve my soul, for I am holy; You are my God; Save Your servant who trusts in You!  
3 Be merciful to me, O Lord, for I cry to You all day long.  
4 Rejoice the soul of Your servant, for to You, O Lord, I lift up my soul.  
5 For You, Lord, are good, and ready to forgive, and abundant in mercy to all those who call upon You.  
6 Give ear, O Lord, to my prayer; And attend to the voice of my supplications.  
7 In the day of my trouble I will call upon You, for You will answer me.  
8 Among the gods there is none like You, O Lord; Nor are there any works like Your works.  
9 All nations whom You have made shall come and worship before You, O Lord, and shall glorify Your name.  
10 For You are great, and do wondrous things; You alone are God.  
11 Teach me Your way, O Lord; I will walk in Your truth; Let my heart rejoice, that I may fear Your name.  
12 I will praise You, O Lord my God, with all my heart, and I will glorify Your name forever.

13 For great is Your mercy toward me, and You have delivered my soul from the depths of Hades.

14 O God, transgressors have risen up against me, and the assemblies of strong men have sought after my soul, and have not set You before them.

15 But You, O Lord, are a God full of compassion and gracious, longsuffering and abundant in mercy and truth.

16 Oh, turn to me, and have mercy on me! Give Your strength to Your servant, and save the son of Your handmaid.

17 Show me a sign for good, that those who hate me may see it and be ashamed, because You, Lord, have helped me and comforted me.

### Psalm 86

*A Song for the Sons of Kore.*

**H**is foundation is in the holy mountains.

2 The Lord loves the gates of Zion more than all the dwellings of Jacob.

3 Glorious things are spoken of you, O city of God!

4 I will make mention of Rahab and Babylon to those who know me; Behold Philistia and Tyre and the people of Ethiopia: This man was born there.

5 And of Zion it shall be said:, This and that man was born in her; And the Highest Himself has established her.

6 The Lord shall recount it, in the writing of the people, the princes who were born in her.

7 Living within you is like a joy for all.

### Psalm 87

*A Psalm for the Sons of Kore. To the Chief Musician for Maeleth. For Instruction to Aemon the Israelite.*

**O** Lord, God of my salvation, I have cried out day and night before You.

2 Let my prayer come before You; Incline Your ear to my cry.

3 For my soul is full of troubles, and my life draws near to the grave.

4 I am counted with those who go down to the pit; I am like a man who has no strength,

5 Adrift among the dead, like the slain who lie in the grave, whom You remember no more, and who are cut off from Your hand.

6 You have laid me in the lowest pit, in darkness, in the shadow of death.

7 Your wrath lies heavy upon me, and You have afflicted me with all Your waves.

8 You have put away my acquaintances far from me; You have made me an abomination to them; I am shut up, and I cannot come forth.

9 My eye wastes away because of affliction. Lord, I have called daily upon You; I have stretched out my hands to You.

10 Will You work wonders for the dead? Shall the dead arise and praise You?

11 Shall Your loving kindness be declared in the grave? Or Your faithfulness in destruction?

12 Shall Your wonders be known in the dark? And Your righteousness in the land of forgetfulness?

13 But to You I have cried out, O Lord, and in the morning my prayer comes before You.

14 Lord, why do You cast off my soul? Why do You hide Your face from me?

15 I am poor and in troubles from my youth; and having been exalted, I was brought low and into despair.

16 Your wrath has gone over me; And Your terrors have greatly disquieted me.

17 They came around me all day long like water; They engulfed me altogether.

18 Loved one and friend You have put far from me, and my acquaintances into darkness.

**Glory** to the Father and to the Son and to the Holy Spirit; Now and ever and unto ages of ages. Amen; Alleluia, alleluia, alleluia glory to You O God (3x); Lord have mercy (3x); Glory to the Father and to the Son and to the Holy Spirit; Now and ever and unto ages of ages. Amen.

## Psalm 88

*A Psalm of Instruction for Etham the Israelite.*

**I** will sing of the mercies of the Lord forever; With my mouth I will make known Your faithfulness to all generations.

2 For I have said, "Mercy shall be built up forever; Your faithfulness You

shall establish in the very heavens.

3 I have made a covenant with My chosen, I have sworn to David My servant,

4 ‘Your seed I will establish forever, and build up Your throne to all generations.’”

5 The heavens shall praise Your wonders, O Lord; Your faithfulness also in the assembly of the saints.

6 For who in the heavens can be compared with the Lord? Who among the sons of the mighty can be likened to the Lord?

7 God is greatly to be feared in the assembly of the saints, and to be held in reverence by all who are around Him.

8 O Lord God of hosts, who is mighty like You, O Lord? Your faithfulness surrounds You.

9 You rule the raging of the sea; When its waves rise, You still them.

10 You have broken the proud in pieces, as one that is slain; You have scattered Your enemies with Your mighty arm.

11 The heavens are Yours, the earth also is Yours; The world and all its fullness, You have founded them.

12 The north and the south, You have created them; Tabor and Hermon shall rejoice in Your name.

13 You have a mighty arm; Strong is Your hand, and high is Your right hand.

14 Righteousness and justice are the foundation of Your throne; Mercy and truth go before Your face.

15 Blessed are the people who know the joyful sound! They walk, O Lord, in the light of Your countenance.

16 In Your name they shall rejoice all day long, and in Your righteousness they shall be exalted.

17 For You are the glory of their strength, and in Your favor our horn shall be exalted.

18 For the Lord is our defense, and the Holy One of Israel is our King.

19 Then You spoke in a vision to Your holy one, and said, “I have given help to one who is mighty; I have exalted one chosen from the people.

20 I have found David My servant; With My holy oil I have anointed him,

21 For My hand shall support him; And My arm shall strengthen him.

22 The enemy shall not prevail against him, nor the son of wickedness afflict him.

23 I will beat down his foes before his face, and plague them that hate him.

24 My faithfulness and My mercy shall be with him, and in My name his horn shall be exalted.

25 I will set his hand over the sea, and his right hand over the rivers.

26 He shall cry to Me, 'You are my Father, my God, and the rock of my salvation.'

27 And I will make him My firstborn, higher than the kings of the earth.

28 I will keep My mercy with him forever, and My covenant shall stand firm with him.

29 His seed also I will make to endure forever, and his throne as the days of heaven.

30 If his children forsake My law and do not walk in My judgments,

31 If they break My statutes and keep not My commandments,

32 Then I will visit their transgression with the rod, and their iniquity with stripes.

33 Nevertheless My loving-kindness I will not utterly take from him, nor allow My faithfulness to fail.

34 My covenant I will not break, nor alter the word that has gone out of My lips.

35 Once I have sworn by My holiness; I will not lie to David:

36 His seed shall endure forever, and his throne as the sun before Me;

37 It shall be established forever like the moon, even like the faithful witness in the sky."

38 But You have cast off and abhorred, You have been furious with Your anointed.

39 You have renounced the covenant of Your servant; You have profaned his sanctuary by casting it to the ground .

40 You have broken down all his hedges; You have brought his strongholds to ruin.

41 All who pass by the way plunder him; He is a reproach to his neighbors.

42 You have exalted the right hand of his adversaries; You have made all his enemies rejoice.

43 You have also turned back the edge of his sword, and have not sustained him in the battle.

44 You have made his glory cease, and cast his throne down to the ground.

45 The days of his youth You have shortened; You have covered him with shame.

46 How long, Lord? Will You hide Yourself forever? Shall Your wrath burn like fire?

47 Remember how short my time is; Wherefore did You make all men in vain?  
48 What man is he that can live and shall not see death? Can he deliver his life from the power of the grave?  
49 Lord, where are Your former loving-kindnesses, which You swore to David in Your truth?  
50 Remember, Lord, the reproach of Your servants; How do I bear in my bosom the reproach of all the mighty peoples,  
51 With which Your enemies have reproached, O Lord, with which they have reproached the footsteps of Your anointed.  
52 Blessed be the Lord for evermore! Amen, Amen.

*Glory to the Father and to the Son and to the Holy Spirit; Now and ever and unto ages of ages. Amen; Alleluia, alleluia, alleluia glory to You O God (3x); Lord have mercy (3x); Glory to the Father and to the Son and to the Holy Spirit; Now and ever and unto ages of ages. Amen.*

## Psalm 89

*The Prayer of Moses, the Man of God.*

**L**ord, You have been our refuge in all generations.  
2 Before the mountains were brought forth, or ever You have formed the earth and the world, even from everlasting to everlasting, You are God.  
3 You turn man to destruction, saying, "Turn back, you sons of men."  
4 For a thousand years in Your sight are like yesterday when it is passed, and like a watch in the night.  
5 You carry them away like a flood; They are like a sleep. In the morning they are like grass which grows up.  
6 In the morning it flourishes and grows up; In the evening it is cut down and withers.  
7 For we have been consumed by Your anger, and by Your wrath we are troubled.  
8 You have set our iniquities before You, our secret sins in the light of Your countenance.  
9 For all our days have passed away in Your wrath; We finish our years as a tale that is told.  
10 The days of our lives are seventy years; And if by reason of strength

they are eighty years, most of them are only labor and sorrow; For it is soon cut off, and we fly away.

11 Who knows the power of Your anger? For as the fear of You, so is Your wrath.

12 So teach us to number our days, that we may gain a heart of wisdom.

13 Return, O Lord! How long? And have compassion on Your servants.

14 Oh, satisfy us early with Your mercy, that we may rejoice and be glad all our days!

15 Make us glad according to the days in which You have afflicted us, and the years in which we have seen evil.

16 Let Your work appear to Your servants, and Your glory to their children.

17 And let the light of the Lord our God shine upon us, and establish the work of our hands for us; Yes, establish the work of our hands.

## Psalm 90

*A Psalm of David.*

**H**e Who dwells in the secret place of the Most High shall abide under the shadow of the Almighty.

2 He will say to the Lord: "My protector, my refuge, my God, in Whom I trust."

3 And the Lord shall deliver you from the snare of the fowler and from the perilous pestilence.

4 He shall cover You with His shoulder, and beneath His wings you shall rest secure; His truth shall be your shield and buckler.

5 You shall not be afraid of the terror by night, nor of the arrow that flies by day,

6 Nor of the pestilence that walks in darkness, nor of the destruction that lays waste at noonday.

7 A thousand shall fall at your side, and ten thousand at your right hand; But it shall not come near you.

8 Only with your eyes shall you look, and see the reward of the wicked.

9 Because you have said, "O Lord, You are my hope," and have made the Most High your refuge,

10 No evil shall befall you, nor shall any plague come near your dwelling;

11 For He shall give His angels charge over you, to keep you in all your ways.

12 They shall bear you up in their hands, lest you dash your foot against a stone.



13 You shall tread upon the asp and the viper; The young lion and the serpent you shall trample underfoot.

14 “Because He has set His love upon me, I will deliver him,” says the Lord, “I will set him on high, because he has known My name.”

15 He shall call upon Me, and I will answer him; I will be with him in trouble; I will deliver him and honor him.

16 I will fill him with length of days, and show him My salvation.

*Glory to the Father and to the Son and to the Holy Spirit; Now and ever and unto ages of ages. Amen; Alleluia, alleluia, alleluia glory to You O God (3x); Lord have mercy (3x); Glory to the Father and to the Son and to the Holy Spirit; Now and ever and unto ages of ages. Amen.*

### **Prayers after the Twelfth Kathisma**

Heavenly King, Comforter, Spirit of Truth, Who are present everywhere and fulfilling all things, Treasury of Blessings and Source of Life: Come abide in us, cleanse us of all stain, and save our souls, O Good One.

Holy God, Holy Mighty, Holy Immortal, have mercy on us (3x)

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever and unto ages of ages. Amen.

All Holy Trinity, have mercy on us. Lord, cleanse us of our sins. Master, pardon our transgressions. Holy One, visit and heal our infirmities, for the glory of Your name.

Lord, have mercy (3x).

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever and unto ages of ages. Amen.

Our Father, Who art in heaven, hallowed be Thy Name. Thy kingdom come, Thy will be done on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses as we forgive those who trespass against us. And lead us not into temptation, but deliver us from the evil one.

Come, let us worship God our King. Come, let us worship and fall down before Christ, our King. Come, let us worship and fall down before Christ Himself, our King and our God.

*And these troparia, Tone 7:*

O Lord, Who accepted the tears of Peter and of the sinful woman, Who justified the deeply-sighing publican, be compassionate to me also, O Savior; I fall down before You, have mercy on me.

Glory to the Father, and to the Son, and to the Holy Spirit:

Receive me, O Lord, as the publican; cleanse me, O Master, as the sinful woman; have mercy on me as on the Canaanite woman, according to Your great Mercy.

Now and ever and unto ages of ages. Amen.

O Mother of the Light, blessed Birthgiver of God, beseech Christ God to shine His great mercy upon our souls together with the dawning day.

Lord, have mercy (40x).

Lord my God, Who alone are good and the Lover of Man, Who alone are meek and merciful, Who alone are true and righteous, Who alone are our compassionate and merciful God: May Your strength come upon me, Your sinful and useless servant and may my temple be made a stronghold by the Good News of Your divine teachings. O Master and Lover of Mankind, O Lover of good and Lover of tender mercy, enlighten the depths of my being and all my members by Your will. Cleanse me of all wickedness and sin. Preserve me untainted and undefiled from every attack and undertaking of the devil; and grant in Your goodness that I may live as You desire, with wisdom and understanding, with fear and trembling, doing what pleases You until my very last breath. According to Your inexpressible mercy, may You safeguard me, body and soul, mind and thought, that my temple may be preserved from enemy snares. O Lord, my Lord, cover me with Your loving-kindness and do not forsake me, Your unworthy, impure and sinful servant. For You are my Defender and I ever sing of You, ascribing glory to You, Father, Son and Holy Spirit, now and ever and unto the ages of ages. Amen.





## KATHISMA 13

### Psalm 91

A Psalm for the Day of Sabbath.

**I**t is good to give thanks to the Lord and to sing praises to Your name, O Most High;  
2 To declare Your loving-kindness in the morning, and Your faithfulness every night,  
3 On an instrument of ten strings, on the lute, and on the harp, with a solemn sound.  
4 For You, Lord, have made me glad through Your work; I will triumph in the works of Your hands.  
5 O Lord, how great are Your works! Your thoughts are very deep.  
6 A senseless man does not know, nor does a fool understand this.  
7 When the wicked spring up like grass, and when all the workers of iniquity flourish, it is that they may be destroyed forever.  
8 But You, Lord, are most high forevermore.  
9 For behold, Your enemies shall perish; All the workers of iniquity shall be scattered.  
10 But my horn shall be exalted like that of the unicorn, and my old age anointed with fresh oil.  
11 For my eyes have seen the desire on my enemies; And my ears heard the wicked rising up against me.  
12 The righteous shall flourish like a palm tree, he shall grow like a cedar

in Lebanon.

13 Those who are planted in the house of the Lord shall flourish in the courts of our God.

14 They shall still bear fruit in old age; They shall be fresh and flourishing,

15 To declare that the Lord is upright; He is my rock, and there is no unrighteousness in Him.

### **Psalm 92**

*A Song of Praise of David. For the Day Before the Sabbath, when the Land was First Inhabited.*

**T**he Lord reigns, He has clothed Himself with majesty; The Lord is clothed, He has girded Himself with strength. He has established the world so that it cannot be moved.

2 Your throne is established from of old; You are from everlasting.

3 The floods have lifted up, O Lord, the floods have lifted up their voice; The floods lift up their waves.

4 The Lord on high is mightier than the noise of many waters, than the mighty waves of the sea.

5 Your testimonies are very sure; Holiness adorns Your house, O Lord, forever.

### **Psalm 93**

*A Psalm of David. For the Fourth Day of the Week.*

**T**he Lord is a God of retribution. O God, to Whom vengeance belongs, show Yourself!

2 Rise up, O Judge of the earth; Render punishment to the proud.

3 Lord, how long shall the wicked, how long shall the wicked triumph?

4 They utter speech, and speak insolent things; All the workers of iniquity boast in themselves.

5 They break in pieces Your people, O Lord, and afflict Your heritage.

6 They slay the widow and the stranger, and murder the fatherless.

7 And they say, "The Lord does not see, nor does the God of Jacob understand."

8 Understand, you senseless among the people; And you fools, when will you be wise?

9 He that planted the ear, shall he not hear? He that formed the eye, shall he not see?

10 He that instructs the nations, shall he not correct, He that teaches man knowledge, shall He not know?

11 The Lord knows the thoughts of man, that they are vanity.

12 Blessed is the man whom You instruct, O Lord, the one whom You teach from Your law,

13 That You may give him rest from the days of adversity, until the pit is dug for the wicked.

14 For the Lord will not cast off His people, nor will He forsake His inheritance.

15 But judgment shall return to righteousness, and all the upright in heart shall follow it.

16 Who will rise up for me against the evildoers? Who will stand up for me against the workers of iniquity?

17 Unless the Lord had been my help, my soul would soon have settled in silence.

18 When I said, "My foot slips," Your mercy, O Lord, held me up.

19 In the multitude of my anxieties within me, Your comfort delights my soul.

20 Shall the throne of iniquity which devises evil by law, have fellowship with You?

21 They gather together against the soul of the righteous, and condemn innocent blood.

22 But the Lord has been my defense and my God; The rock of my refuge.

23 He shall bring on them their own iniquity, and shall cut them off in their own wickedness; The Lord our God shall cut them off.

*Glory to the Father and to the Son and to the Holy Spirit; Now and ever and unto ages of ages. Amen; Alleluia, alleluia, alleluia glory to You O God (3x); Lord have mercy (3x); Glory to the Father and to the Son and to the Holy Spirit; Now and ever and unto ages of ages. Amen.*

## Psalm 94

*A Song of Praise of David.*

**O**h come, let us sing to the Lord! Let us make a joyful noise to the Rock of our salvation.

2 Let us come before His presence with thanksgiving, and make a joyful

noise unto Him with psalms.

3 For the Lord is a great God, and a great King above all gods.

4 In His hand are the deep places of the earth; The heights of the mountains are also His.

5 The sea is His, for He made it; And His hands formed the dry land.

6 Oh, come let us worship and bow down; Let us kneel before the Lord our Maker.

7 For He is our God, and we are the people of His pasture, and the sheep of His hand.

8 Today, if you will hear His voice: "Harden not your hearts, as in provocation, and as in the day of temptation in the wilderness,

9 When your fathers tempted Me; They proved Me, though they saw My work.

10 For forty years I was grieved with that generation, and said, 'It is a people who err in their hearts, and do not know My ways.'

11 So I swore in My wrath, 'They shall not enter My rest.'"

## Psalm 95

*An Ode of David. When the House was Built, After the Captivity.*

**O**h, sing to the Lord a new song! Sing to the Lord all the earth.

2 Sing to the Lord, bless His name; Show forth His salvation from day to day.

3 Declare His glory among the nations, His wonders among all people.

4 For the Lord is great and greatly to be praised; He is to be feared above all gods.

5 For all the gods of the people are idols, but the Lord made the heavens.

6 Honor and majesty are before Him; Strength and beauty are in His sanctuary.

7 Give to the Lord, O families of the people, give to the Lord glory and strength.

8 Give to the Lord the glory due His name; Bring an offering, and come into His courts.

9 Worship the Lord in the beauty of holiness! Tremble before Him, all the earth.

10 Say among the nations "The Lord reigns; For He has established the world, that it shall not be moved; He shall judge the people righteously."

11 Let the heavens rejoice, and let the earth be glad; Let the sea roar, and all its fullness;

12 Let the field be joyful, and all that is in it. Then all the trees of the woods will rejoice before the Lord.

13 For He is coming to judge the earth. He shall judge the world with righteousness, and the people with His truth.

## Psalm 96

*A Psalm of David. When the Land was Restored to him.*

**T**he Lord reigns; Let the earth rejoice; Let the multitude of isles be glad!

2 Clouds and darkness surround Him; Righteousness and justice are the establishment of His throne.

3 A fire goes before Him, and burns up His enemies round about.

4 His lightning enlightened the world; The earth saw and trembled.

5 The mountains melt like wax at the presence of the Lord, at the presence of the Lord of the whole earth.

6 The heavens declare His righteousness, and all the people see His glory.

7 Let all be put to shame who serve carved images, who boast of idols. Worship Him all you His angels.

8 Zion hears and is glad, and the daughters of Judah rejoice because of Your judgments, O Lord.

9 For You, Lord, are high above all the earth; You are exalted far above all gods.

10 You who love the Lord, hate evil! He preserves the souls of His saints; He delivers them out of the hand of the wicked.

11 Light has dawned on the righteous, and gladness for the upright in heart.

12 Rejoice in the Lord, You righteous, and give thanks of the remembrance of His holiness.

***Glory** to the Father and to the Son and to the Holy Spirit; Now and ever and unto ages of ages. Amen; Alleluia, alleluia, alleluia glory to You O God (3x); Lord have mercy (3x); Glory to the Father and to the Son and to the Holy Spirit; Now and ever and unto ages of ages. Amen.*

**Psalm 97***A Psalm of David.*

**S**ing to the Lord a new song! For He has done marvelous things; His right hand and His holy arm have gained Him the victory.

2 The Lord has made known His salvation; His righteousness He has openly shown in the sight of the nations.

3 He has remembered His mercy and His truth to the house of Israel; All the ends of the earth have seen the salvation of our God.

4 Make a joyful noise unto the Lord, all the earth; Make a loud noise, rejoice and sing praises.

5 Sing to the Lord with the harp, with the harp and the sound of a psalm,

6 With trumpets and the sound of a horn; Make a joyful noise before the Lord, the King.

7 Let the sea roar, and all its fullness, the world and those who dwell in it;

8 Let the rivers clap their hands; let the mountains be joyful together before the Lord,

9 For He is coming to judge the earth. With righteousness He shall judge the world, and the peoples with equity.

**Psalm 98***A Psalm of David.*

**T**he Lord reigns; Let the people tremble! He dwells between the cherubim; Let the earth be moved!

2 The Lord is great in Zion, and He is high above all the people.

3 Let them praise Your great and awesome name, for it is holy.

4 The King's honor also loves justice; You have established equity; You have executed justice and righteousness in Jacob.

5 Exalt the Lord our God, and worship at His footstool; For He is holy.

6 Moses and Aaron were among His priests, and Samuel was among those who called upon His name; They called upon the Lord, and He answered them.

7 He spoke to them in the cloudy pillar; They kept His testimonies and the ordinance He gave them.

8 You answered them, O Lord our God; You were to them a God Who forgives, Though You took vengeance on their devices.

9 Exalt the Lord our God, and worship at His holy mountain; For the Lord our God is holy.



**Psalm 99***A Psalm of David.*

**M**ake a joyful shout to the Lord, all the earth!

- 2 Serve the Lord with gladness; Come before His presence with singing.  
3 Know that the Lord is God; It is He Who has made us, and not we ourselves; We are His people and the sheep of His pasture.  
4 Enter into His gates with thanksgiving, and into His courts with praise. Give thanks to Him, and praise His name;  
5 For the Lord is good; His mercy is everlasting, and His truth endures to all generations.

**Psalm 100***A Psalm of David.*

**I** Will sing of mercy and justice; To You, O Lord, I will sing.

- 2 I will behave wisely in a perfect way. When will You come to me? I will walk within my house with a perfect heart.  
3 I will set no wicked things before my eyes; I hate the work of those who fall away; It shall not cling to me.  
4 A perverse heart shall depart from me; I will not know a wicked person.  
5 Whoever secretly slanders His neighbor, him I will cut off; The one who has a haughty look and a proud heart, with him I have not eaten, him I will not endure.  
6 My eyes shall be on the faithful of the land, that they may dwell with Me; He who walks in a perfect way, he shall serve Me.  
7 He who works deceit shall not dwell within my house; He who tells lies shall not continue in my sight.  
8 Early in the morning I will slay all the wicked of the land, that I may cut off all the evildoers from the city of the Lord.

**Glory** to the Father and to the Son and to the Holy Spirit; Now and ever and unto ages of ages. Amen; Alleluia, alleluia, alleluia glory to You O God (3x); Lord have mercy (3x); Glory to the Father and to the Son and to the Holy Spirit; Now and ever and unto ages of ages. Amen.

**Prayers after the Thirteenth Kathisma**

Heavenly King, Comforter, Spirit of Truth, Who are present everywhere and fulfilling all things, Treasury of Blessings and Source of Life: Come abide in us, cleanse us of all stain, and save our souls, O Good One.

Holy God, Holy Mighty, Holy Immortal, have mercy on us (3x)

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever and unto ages of ages. Amen.

All Holy Trinity, have mercy on us. Lord, cleanse us of our sins. Master, pardon our transgressions. Holy One, visit and heal our infirmities, for the glory of Your name.

Lord, have mercy (3x).

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever and unto ages of ages. Amen.

Our Father, Who art in heaven, hallowed be Thy Name. Thy kingdom come, Thy will be done on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses as we forgive those who trespass against us. And lead us not into temptation, but deliver us from the evil one.

Come, let us worship God our King. Come, let us worship and fall down before Christ, our King. Come, let us worship and fall down before Christ Himself, our King and our God.

*And these troparia, Tone 8:*

Behold my lowliness with merciful eyes, O Lord, for my life soon passes and there is no salvation for me in my deeds. Wherefore I pray: Behold my lowliness with merciful eyes, O Lord, and save me.

Glory to the Father, and to the Son, and to the Holy Spirit:

Pondering the dread hour, O soul, be troubled just as if you stood before the judge; for there will be judgment without mercy for those who have acted unmercifully. Cry out therefore to Christ God: O Knower of Hearts, I have sinned; before You bring me to judgment, have mercy on me.

Now and ever and unto ages of ages. Amen.

Thinking of the day and hour of Your awesome, unbearable, impending

Judgment, O Christ, I tremble as an evildoer—I who alone have been so eager to behave wickedly and pursue what is shameful. Wherefore with fear I fall down before You, calling out in misery: By the prayers of her who bore You, save me, O greatly-merciful One.

Lord, have mercy (40x).

O holy Lord Who dwell in the highest and look down upon all creation with Your all-seeing eye, to You we bow the necks of our souls and bodies and pray: O Holy of Holies, stretch forth Your unseen hand from Your holy dwelling place and bless us all. And if we have sinned against You willingly or unwillingly, forgive us and grant us Your blessings, since You are a good God and the Lover of Mankind. For Yours it is to have mercy and to save, O our God, and to You we ascribe glory, Father, Son and Holy Spirit, now and ever and unto the ages of ages. Amen.





## KATHISMA 14

### Psalm 101

*Prayer of a Poor Man Who Pours Out His Supplication Before the Lord.*

**H**ear my prayer, O Lord, and let my cry come to You.  
2 Do not hide Your face from me in the day of my trouble; Incline Your ear to me; In the day that I call answer me speedily.  
3 For my days are consumed like smoke, and my bones are burned like a hearth.  
4 My heart is stricken and withered like grass, so that I forget to eat my bread.  
5 Because of the sound of my groaning, my bones cling to my skin.  
6 I am like a pelican of the wilderness; like an owl of the desert.  
7 I watch, and I am like a sparrow alone on the housetop.  
8 My enemies reproach me all day long, and they that are mad at me swear an oath against me.  
9 For I have eaten ashes like bread, and mingled my drink with weeping,  
10 Because of Your indignation and Your wrath; For You have lifted me up and cast me away.  
11 My days are like a shadow that declines, and I am withered like grass.  
12 But You, O Lord, shall endure forever, and Your remembrance to all generations.  
13 You will arise and have mercy on Zion; For the time to favor her, yes, the set time has come.

14 For Your servants take pleasure in her stones, and they shall pity her dust.

15 So the nations shall fear the name of the Lord, and all the kings of the earth Your glory.

16 When the Lord shall build up Zion; He shall appear in His glory.

17 He will regard the prayer of the destitute, and shall not despise their petition.

18 This shall be written for the generations to come, so that a people yet to be created, may praise the Lord.

19 For He looked down from the height of His sanctuary; From heaven the Lord viewed the earth,

20 To hear the groaning of the prisoner, to loose those appointed to death,

21 To proclaim the name of the Lord in Zion, and His praise in Jerusalem,

22 When the people are gathered together, and the kingdoms, to serve the Lord.

23 He weakened my strength in the way, He shortened my days. 24 And I said, "O my God, take me not away in the midst of my days; You Whose years are throughout all generations.

25 In the beginning, O Lord, You laid the foundation of the earth, and the heavens are the work of Your hands.

26 They will perish, but You will endure; All of them shall grow old like a garment; Like a vesture You will fold them, and they will be changed.

27 But You are the same, and Your years will have no end.

28 The children of Your servants will continue, and their descendants will be established forever."

## Psalm 102

*A Psalm of David.*

**B**less the Lord, O my soul; And all that is within me, bless His holy name!

2 Bless the Lord, O my soul, and forget not all His benefits:

3 Who forgives all Your iniquities, Who heals all Your diseases,

4 Who redeems your life from corruption, Who crowns you with mercy and compassion,

5 Who fills Your desire with good things, so that your youth is renewed like the eagle's.

6 The Lord executes righteousness and justice for all that are oppressed.  
7 He made known His ways to Moses, His acts to the children of Israel.  
8 The Lord is merciful and compassionate, slow to anger and abounding in mercy.  
9 He will not always be angry with us, Nor will He keep His wrath forever.  
10 He has not dealt with us according to our sins, nor rewarded us according to our iniquities.  
11 For as the heavens are high above the earth, so great is His mercy toward them that fear Him;  
12 As far as the east is from the west, so far has He removed our transgressions from us.  
13 As kind as a father is to his children, so is the Lord to those who fear Him.  
14 For He knows our frame; He remembers that we are dust.  
15 As for man, his days are like grass; As a flower of the field, so he flourishes.  
16 For the wind passes over it, and it is gone, and its place remembers it no more.  
17 But the mercy of the Lord is from everlasting to everlasting on those who fear Him, and His righteousness to children's children,  
18 To such as keep His covenant, and to those who remember His commandments to do them.  
19 The Lord has established His throne in heaven, and His kingdom rules over all.  
20 Bless the Lord, you His angels, mighty in strength, who do His word, heeding the voice of His word.  
21 Bless the Lord, all you His powers, you ministers of His, who obey His will.  
22 Bless the Lord, all His works, in all places of His dominion. Bless the Lord, O my soul!

**Glory** to the Father and to the Son and to the Holy Spirit; Now and ever and unto ages of ages. Amen; Alleluia, alleluia, alleluia glory to You O God (3x); Lord have mercy (3x); Glory to the Father and to the Son and to the Holy Spirit; Now and ever and unto ages of ages. Amen.

**Psalm 103***A Psalm of David.*

**B**less the Lord, o my soul! O Lord my God, You are very great;  
You are clothed with honor and majesty,  
2 Who cover Yourself with light as with a garment, Who stretch out the  
heavens like a curtain.  
3 Who covers its upper chambers with waters, Who makes the clouds His  
chariot, Who walks on the wings of the wind,  
4 Who makes His angels spirits, and His ministers a flame of fire.  
5 You Who laid the foundations of the earth, so that it should not be  
moved forever,  
6 You covered it with the deep as with a garment; The waters stood above  
the mountains.  
7 At Your rebuke they fled; At the voice of Your thunder they hastened  
away.  
8 They go up over the mountains; They go down into the valleys, to the  
place that You have founded for them.  
9 You have set a boundary that they may not pass over, that they may not  
return to cover the earth.  
10 He sends the springs into the valleys, which flow among the hills.  
11 They give drink to every beast of the field; The wild donkeys quench  
their thirst.  
12 By them the fowls of the heavens have their habitation; They sing  
among the branches.  
13 He waters the mountains from His upper chambers; The earth is  
satisfied with the fruit of Your works.  
14 He causes the grass to grow for the cattle, and vegetation for the service  
of man, that he may bring forth food from the earth,  
15 And wine that makes glad the heart of man, oil to make his face shine,  
and bread which strengthens man's heart.  
16 The trees of the plain are full of sap, the cedars of Lebanon which He  
planted,  
17 Where the birds make their nests; As for the stork the fir trees are her  
house.  
18 The high mountains are for the wild goats; The cliffs are a refuge for  
the rock badgers.

19 He appointed the moon for seasons; The sun knows its going down.  
20 You make darkness, and it is night, in which all the beasts of the forest creep about.  
21 The young lions roar after their prey, and seek their food from God.  
22 The sun rises, they gather together and lie down in their dens.  
23 Man goes out to his work and to his labor until the evening.  
24 O Lord, how manifold are Your works! In wisdom You have made them all. The earth is full of Your creation.  
25 This great and wide sea, in which are countless creatures, both small and large beasts.  
26 There go the ships; And there is that Leviathan which You have made to play there.  
27 These all wait for You, that You may give them their food in due season.  
28 What You give them they gather; You open Your hand, they are filled with good.  
29 You hide Your face, they are troubled; You take away their breath, they die and return to their dust.  
30 You send forth Your spirit, they are created; And You renew the face of the earth.  
31 May the glory of the Lord endure forever; The Lord shall rejoice in His works.  
32 He looks on the earth and it trembles; He touches the mountains, and they smoke.  
33 I will sing to the Lord as long as I live; I will sing praise to my God while I have my being.  
34 May my meditation be sweet to Him; I will be glad in the Lord.  
35 May sinners vanish from the earth, and the wicked be no more. Bless the Lord, O my soul!

***Glory** to the Father and to the Son and to the Holy Spirit; Now and ever and unto ages of ages. Amen; Alleluia, alleluia, alleluia glory to You O God (3x); Lord have mercy (3x); Glory to the Father and to the Son and to the Holy Spirit; Now and ever and unto ages of ages. Amen.*



**Psalm 104***Alleluia.*

**G**ive thanks to the Lord, call upon His name; Make known His deeds among the people.

2 Sing to Him, sing psalms to Him; Speak of all His wondrous works.

3 Glory in His holy name; Let the heart of them rejoice that seek the Lord.

4 Seek the Lord and His strength; Seek His face evermore.

5 Remember His marvelous works which He has done, His wonders, and the judgments of His mouth,

6 O seed of Abraham His servant, You children of Jacob, His chosen ones!

7 He is the Lord our God; His judgments are in all the earth.

8 He has remembered His covenant forever, and the word which He commanded, for a thousand generations,

9 The covenant which he made with Abraham, and His oath to Isaac,

10 And confirmed the same to Jacob for a law, to Israel for an everlasting covenant,

11 Saying, "To you I will give the land of Canaan as the allotment of your inheritance,"

12 When they were but few in number; Indeed very few, and strangers in it.

13 When they went from one nation to another, from one kingdom to another people,

14 He permitted no one to do them wrong; Yes, He reprov'd kings for their sakes,

15 Saying, "Touch not my anointed ones, and do my prophets no harm."

16 Moreover He called for a famine in the land; He destroyed all the provision of bread.

17 He sent a man before them, Joseph, who was sold as a slave.

18 They hurt his feet with fetters, he was laid in irons.

19 Until the time that His word came to pass, The word of the Lord tried him.

20 The king sent and released him, even the ruler of the people, and let him go free.

21 He made him lord of his house, and ruler of all his substance,

22 To bind his princes at his pleasure, and teach his elders wisdom.

23 Israel also came into Egypt, and Jacob sojourned in the land of Ham.  
24 And He increased His people greatly, and made them stronger than their enemies.  
25 He turned their heart to hate His people, to deal craftily with His servants.  
26 He sent Moses His servant, and Aaron whom He had chosen.  
27 They performed His signs among them, and wonders in the land of Ham.  
28 He sent darkness, and made it dark; And they rebelled not against His word.  
29 He turned their waters into blood, and killed their fish.  
30 Their land brought frogs in abundance, even in the chambers of their kings.  
31 He spoke, and there came swarms of flies, and lice in all their territory.  
32 He gave them hail for rain, and flaming fire in their land.  
33 He struck their vines also, and their fig trees, and splintered the trees of their territory.  
34 He spoke, and locusts came, young locusts without number,  
35 And ate up all the vegetation in their land, and devoured the fruit of their ground.  
36 He also destroyed all the firstborn in the land, the first of all their strength.  
37 He also brought them out with silver and gold, and there was none feeble among His tribes.  
38 Egypt was glad when they departed, for the fear of them had seized it.  
39 He spread a cloud for a covering, and fire to give light in the night.  
40 The people asked, and He brought quail, and satisfied them with the bread of heaven.  
41 He opened the rock and water gushed out; It ran in the dry places like a river.  
42 For He remembered His sacred promise, and Abraham His servant.  
43 He brought out His people with joy, and His chosen ones with gladness.  
44 He gave them the lands of the gentiles, and they inherited the labor of the nations.  
45 That they might observe His statutes and keep His laws.

**Glory** to the Father and to the Son and to the Holy Spirit; Now and ever and unto ages of ages. Amen; Alleluia, alleluia, alleluia glory to You O God (3x); Lord have mercy (3x); Glory to the Father and to the Son and to the Holy Spirit; Now and ever and unto ages of ages. Amen.

### Prayers after the Fourteenth Kathisma

O Heavenly King, Comforter, Spirit of Truth, Who are present everywhere and fulfilling all things, Treasury of Blessings and Source of Life: Come abide in us, cleanse us of all stain, and save our souls, O Good One.

Holy God, Holy Mighty, Holy Immortal, have mercy on us (3x)

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever and unto ages of ages. Amen.

All Holy Trinity, have mercy on us. Lord, cleanse us of our sins. Master, pardon our transgressions. Holy One, visit and heal our infirmities, for the glory of Your name.

Lord, have mercy (3x).

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever and unto ages of ages. Amen.

Our Father, Who art in heaven, hallowed be Thy Name. Thy kingdom come, Thy will be done on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses as we forgive those who trespass against us. And lead us not into temptation, but deliver us from the evil one.

Come, let us worship God our King. Come, let us worship and fall down before Christ, our King. Come, let us worship and fall down before Christ Himself, our King and our God.

*And these troparia, Tone 8:*

As the sinful woman I fall down before You that I might receive forgiveness, O Christ God, bringing to You heartfelt tears instead of myrrh. O that You would be compassionate to me as You were to her and bestow cleansing of sins! For I cry out to You just as she did: Deliver me from the filth of my deeds.

Glory to the Father, and to the Son, and to the Holy Spirit:

Why do you not ponder death, O my soul? Why do you not attend to correcting yourself before the trumpet-call at the Judgment? Then there will be no time for repentance. Call to mind the sinful woman and the publican who cried out: I

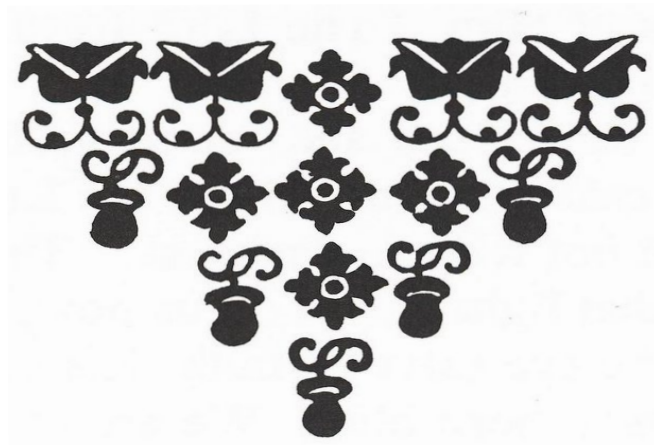
have sinned against You, O Lord, have mercy on me.

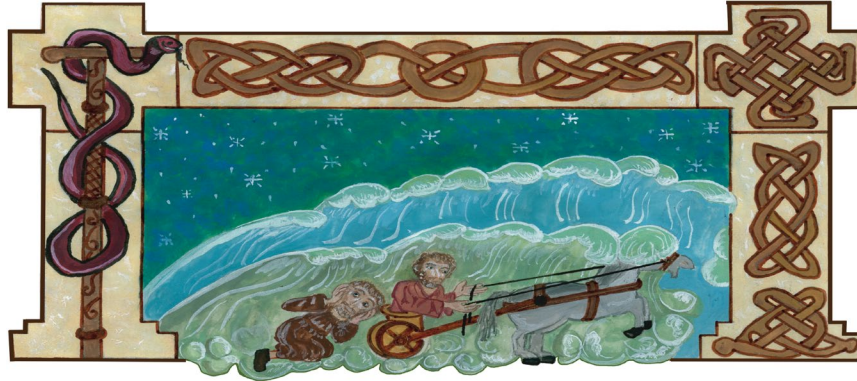
Now and ever and unto ages of ages. Amen.

O ever-virgin Mother of God, we who through you have been made rich in God ceaselessly sing your praises, for by your birthing you are truly exalted above the heavenly Powers.

Lord, have mercy (40x).

We give thanks to You, O Lord God of our salvation, that all You do is beneficial for our lives. We thank You for the rest You granted us this past night and for raising us up from our beds to worship Your honorable and glorious Name. Wherefore we beseech You, O Lord: give us grace and strength that we may be vouchsafed to hymn You with understanding, to pray unceasingly, and always to behold You, O Savior and Benefactor of our souls, while working out our salvation with fear and trembling. Hear us, O deeply-merciful One, and take pity on us. Crush under Your feet unseen enemies and adversaries. Receive our thanksgiving, which we offer You according to our ability. Grant us grace and strength to open our lips, and teach us Your commandments. For we know not how to pray as we ought, unless You Yourself guide us by Your Holy Spirit. And if we have sinned at any time in word, deed or thought, whether voluntary or not, loose, remit and forgive. For if You should mark iniquity, O Lord, who could stand? But in You there is cleansing to be found; in You, deliverance. You alone are holy; You alone are the mighty Helper and Defender of our lives, and we bless You unto all ages. Amen.





## KATHISMA 15

### Psalm 105

*Alleluia.*

**G**ive thanks to the Lord, for He is good! For His mercy endures forever.

2 Who can utter the mighty acts of the Lord? Or Who can show forth all His praises?

3 Blessed are they that keep judgment and do justice at all times!

4 Remember me, O Lord, with the favor You have toward Your people; Visit me with Your salvation,

5 That I may see the good of Your chosen ones, that I may rejoice in the gladness of Your nation, that I may glory with Your inheritance.

6 We have sinned with our fathers, we have committed iniquity, we have done wickedly.

7 Our fathers did not understand Your wonders in Egypt; They did not remember the multitude of Your mercies, but provoked him at the sea, even the Red Sea.

8 Nevertheless He saved them for His name's sake, that He might make His mighty power known.

9 He rebuked the Red Sea also, and it dried up; So He led them through the depths, as through the wilderness.

10 He saved them out from the hands of him that hated them, and redeemed them from the hand of their enemies,

11 And the waters covered their enemies; There was not one of them left.  
12 Then they believed His words; They sang His praise.

13 But they soon forgot His works; They did not wait for His counsel,  
14 But lusted exceedingly in the wilderness, and tempted God in the desert.

15 And He gave them their request, but sent leanness into their soul.

16 They envied Moses in the camp, and Aaron the saint of the Lord.

17 The earth opened up and swallowed Dathan, and covered the company of Abiram.

18 A fire was kindled in their company; The flame burnt up the wicked.

19 They made a calf in Horeb, and worshiped the molten image.

20 Thus they changed their glory into the image of an ox that eats grass.

21 They forgot God their Savior, Who had done great things in Egypt,

22 Wondrous works in the land of Ham, and terrible things by the Red Sea.

23 Therefore He said that He would destroy them, had not Moses His chosen one stood before Him in the breach, to turn away His wrath, lest He should destroy them.

24 Then they despised the pleasant land; They believed not His word,

25 But murmured in their tents, and did not heed the voice of the Lord.

26 Therefore He lifted up His hand in an oath against them, to overthrow them in the wilderness,

27 To overthrow their seed also among the nations, and to scatter them in the lands.

28 They joined themselves also to Baal of Peor, and ate sacrifices made to the dead.

29 Thus they provoked Him to anger with their inventions, and the plague broke out among them.

30 Then Phinehas stood up and executed judgment, and so the plague was stopped.

31 And that was accounted to him for righteousness to all generations forevermore.

32 They angered Him also at the waters of strife, so that it went ill with Moses on account of them;

33 Because they provoked his Spirit, so that he spoke rashly with his lips.

34 They did not destroy the peoples, concerning whom The Lord had commanded them,

35 But they mingled among the nations, and learned their works;

36 They served their idols, which were a snare to them.

37 They even sacrificed their sons and their daughters to demons,

38 And shed innocent blood, even the blood of their sons and daughters, whom they sacrificed to the idols of Canaan; And the land was polluted with blood.

39 Thus were they defiled by their own works, and played the harlot by their own deeds.

40 Therefore the wrath of the Lord was kindled against His people, so that He abhorred His own inheritance.

41 And He gave them into the hands of the Gentiles, and those who hated them ruled over them.

42 Their enemies also oppressed them, and they were brought into subjection under their hand.

43 Many times He delivered them; But they provoked Him with their counsel, and were brought low for their iniquity.

44 Nevertheless He regarded their affliction, when He heard their cry;

45 And He remembered for them His covenant, and repented according to the multitude of His mercies.

46 He also made them to be pitied by all those who carried them away captive.

47 Save us, O Lord our God, and gather us from among the nations, to give thanks to Your holy name, and to triumph in Your praise.

48 Blessed be the Lord God of Israel from everlasting to everlasting! And let all the people say: Amen! Amen!

*Glory to the Father and to the Son and to the Holy Spirit; Now and ever and unto ages of ages. Amen; Alleluia, alleluia, alleluia glory to You O God (3x); Lord have mercy (3x); Glory to the Father and to the Son and to the Holy Spirit; Now and ever and unto ages of ages. Amen.*

## Psalm 106

*Alleluia.*

**G**ive thanks to the Lord, for He is good! For His mercy endures forever.

2 Let the redeemed of the Lord say so, whom He has redeemed from the hand of the enemy,

3 And gathered them out of the lands, from the east and from the west, from the north and from the south.

4 They wandered in the wilderness in a solitary way; They found no city to dwell in.

5 Hungry and thirsty, their soul fainted in them.

6 Then they cried out to the Lord in their trouble, and He delivered them out of their distress.

7 And He led them forth by the right way, that they may go to a city for habitation.

8 O, that men would praise the Lord for His goodness, and for His wonderful works to the children of men!

9 For He satisfies the longing soul, and fills the hungry soul with good things.

10 Such as sit in darkness and in the shadow of death, bound in affliction and irons,

11 Because they rebelled against the words of God, and despised the counsel of the Most High,

12 Therefore He brought down their heart with labor; They fell down, and there was none to help.

13 Then they cried out to the Lord in their trouble, and He saved them out of their distresses.

14 He brought them out of darkness and the shadow of death, and broke their chains in pieces.

15 O, that men would praise the Lord for His goodness, and for His wonderful works to the children of men!

16 For He has broken the gates of bronze, and cut the bars of iron in pieces.

17 Fools, because of their transgression, and because of their iniquities, were afflicted.

18 Their soul abhorred all manner of food, and they drew near to the gates of death.

19 Then they cried out to the Lord in their trouble, and He saved them out of their distresses.

20 He sent His word and healed them, and delivered them from their destructions.

21 O, that men would praise the Lord for His goodness, and for His wonderful works to the children of men!

22 Let them offer Him the sacrifice of praise, and proclaim His works with rejoicing.

23 They that go down to the sea in ships, that do business on great waters,

24 They see the works of the Lord, and His wonders in the deep.

25 For He commands and raises the stormy wind, which lifts up the waves of the sea.



26 They mount up to the heavens, they go down again to the depths; Their soul melts because of trouble.

27 They reel to and fro, and stagger like a drunken man, and are at their wits' end.

28 Then they cry out to the Lord in their trouble, and He brings them out of their distresses.

29 He calms the storm, so that its waves are still.

30 Then they are glad because they are quite; So He guides them to their desired haven.

31 O, that men would praise the Lord for His goodness, and for His wonderful works to the children of men!

32 Let them exalt Him in the congregation of the people, and praise Him in the assembly of the elders.

33 He turns rivers into a wilderness, and the water springs into dry ground;

34 A fruitful land into barrenness, for the wickedness of them that dwell therein.

35 He turns a wilderness into a standing water, and dry land into water springs.

36 There He makes the hungry dwell, that they may prepare a city for habitation,

37 And sow fields and plant vineyards, that they may yield a fruitful harvest.

38 He also blesses them, and they multiply greatly; And He does not let their cattle decrease.

39 When they are diminished and brought low through oppression, affliction and sorrow,

40 He pours contempt upon their princes, and causes them to wander in the wilderness where there is no way;

41 Yet He sets the poor on high, far from affliction, and makes their families like a flock.

42 The righteous see it and rejoice, and all iniquity stops its mouth.

43 Who is wise enough to observe these things, and understand the mercies of the Lord?

*Glory to the Father and to the Son and to the Holy Spirit; Now and ever and unto ages of ages. Amen; Alleluia, alleluia, alleluia glory to You O God (3x); Lord have mercy (3x); Glory to the Father and to the Son and to the Holy Spirit; Now and ever and unto ages of ages. Amen.*

## Psalm 107

*A Psalm of David.*

**O** God, my heart is steadfast, my heart is ready! I will sing and give praise even in my glory.

2 Awake psaltery and harp! I myself will awake early.

3 I will praise You, O Lord, among the peoples, and I will sing praises to You among the nations.

4 For Your mercy is great above the heavens, and Your truth reaches to the clouds.

5 Be exalted, O God, above the heavens, and Your glory above all the earth;

6 That Your beloved may be delivered. Save me with Your right hand, and answer me.

7 God has spoken in His holiness: "I will rejoice; I will divide Shechem and measure out the valley of Succoth.

8 Galaad is Mine, and Manasses is Mine; Ephraim also is the strength of My head; Judah is My lawgiver,

9 Moab is the washbowl of My hope; Over Edom I will cast out My shoe; Over Philistia I will triumph."

10 Who will bring me into the strong city? Who will lead me to Edom?

11 Is it not You, O God, Who cast us off? And You, O God who did not go out with our armies?

12 Give us help from trouble, for vain is the help of man.

13 Through God we will do valiantly, for it is He who shall tread down our enemies.

## Psalm 108

*A Psalm of David. To the Chief Musician.*

**O** God, do not pass over my praise in silence.

2 For the mouth of the wicked and the mouth of the deceitful have opened against me; They have spoken against me with a lying tongue.

3 They have also surrounded me with words of hatred, and fought against me without a cause.

4 In return for my love they are my adversaries, but I give myself to prayer.

5 And they have rewarded me evil for good, and hatred for my love.

6 Set a wicked man over him, and let Satan stand at his right hand.

7 When he shall be judged, let him be condemned, and let his prayer become sin.

8 Let his days be few, and let another take his office.

9 Let his children be fatherless and his wife a widow.

10 Let his children be continually vagabonds and beg; Let them seek their bread also out of their desolate places.

11 Let the creditor seize all that he has, and strangers spoil his labor.

12 Let there be none to extend mercy to him, nor let there be any to favor his fatherless children.

13 Let his posterity be cut off, and in the generation following let their name be blotted out.

14 Let the iniquity of his father be remembered before the Lord, and let not the sin of his mother be blotted out.

15 Let them be continually before the Lord, that He may cut off the memory of them from the earth;

16 Because he did not remember to show mercy, but persecuted the poor and needy man, that he might even slay the broken in heart.

17 As he loved cursing, so let it come to him; As he did not delight in blessing, so let it be far from him.

18 As he clothed himself with cursing as with his garment, so let it enter his body like water, and like oil into his bones.

19 Let it be to him like the garment which covers him, and for a belt with which he girds himself continually.

20 Let this be the Lord's reward to my adversaries, and to those who speak evil against my person.

21 But You, O God the Lord, deal with me for Your name's sake; Because Your mercy is good, deliver me.

22 For I am poor and needy, and my heart is wounded within me.

23 I am gone like a shadow when it declines; I am shaken like a locust.

24 My knees are weak through fasting, and my flesh is wasted for lack of oil.

25 I also have become a reproach to them; When they look at me, they shake their heads.

26 Help me, O Lord my God! And save me according to Your mercy,  
 27 That they may know that this is Your hand, and that You, Lord, have done it.

28 Let them curse, but You bless; When they arise, let them be ashamed, but let Your servant rejoice.

29 Let my accusers be clothed with shame, and let them cover themselves with their own confusion as with a mantle.

30 I will greatly praise the Lord with my mouth; And I will praise Him among the multitude.

31 For He shall stand at the right hand of the poor, to save him from those that condemn his soul.

***Glory** to the Father and to the Son and to the Holy Spirit; Now and ever and unto ages of ages. Amen; Alleluia, alleluia, alleluia glory to You O God (3x); Lord have mercy (3x); Glory to the Father and to the Son and to the Holy Spirit; Now and ever and unto ages of ages. Amen.*

### **Prayers after the Fifteenth Kathisma**

Heavenly King, Comforter, Spirit of Truth, Who are present everywhere and fulfilling all things, Treasury of Blessings and Source of Life: Come abide in us, cleanse us of all stain, and save our souls, O Good One.

Holy God, Holy Mighty, Holy Immortal, have mercy on us (3x)

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever and unto ages of ages. Amen.

All Holy Trinity, have mercy on us. Lord, cleanse us of our sins. Master, pardon our transgressions. Holy One, visit and heal our infirmities, for the glory of Your name.

Lord, have mercy (3x).

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever and unto ages of ages. Amen.

Our Father, Who art in heaven, hallowed be Thy Name. Thy kingdom come, Thy will be done on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses as we forgive those who trespass against us. And lead us not into temptation, but deliver us from the evil one.

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Come, let us worship God our King. Come, let us worship and fall down before Christ, our King. Come, let us worship and fall down before Christ Himself, our King and our God.

*And these troparia, Tone 1:*

My sins are like the great deep, O Savior, and I have been drowned by my transgressions. Stretch out Your hand to me as You did to Peter, O God, and have mercy on me.

Glory to the Father, and to the Son, and to the Holy Spirit:

I am condemned by my evil thoughts and deeds, O Savior. Give me the resolve to turn back, O God, that I may cry out: Save me, O good Benefactor, and have mercy on me.

Now and ever and unto ages of ages. Amen.

Cleanse me who am wretched and defiled, tainted by unseemly deeds and unclean thoughts, O God-blessed Maiden all-immaculate; pure, untainted, all-holy Virgin Mother.

Lord, Have mercy (40x).

O Master, Lord Jesus Christ, You are my Helper and I am in Your hands; help me! Do not abandon me to sin against You. I have been led astray, do not abandon me to pursue the will of my flesh. Do not despise me, O Lord, for I am infirm. You know what is good for me. Do not abandon me to perish because of my sins. Do not abandon me, O Lord! Do not withdraw from me, for I have fled to You. Teach me to do Your will, for You are my God. Heal my soul, for I have sinned against You. Save me for the sake of Your mercy, since all those who trouble me are before You and I have no other refuge but You, O Lord. Let all who arise against me and seek after my soul to destroy it be put to shame. For You alone are all-powerful, O Lord, and glory is Yours unto the ages of ages. Amen.





## KATHISMA 16

### Psalm 109

*A Psalm of David.*

**T**he Lord said to my Lord, “Sit at My right hand, till I make Your enemies Your footstool.”

2 The Lord shall send the rod of Your strength out of Zion. Rule in the midst of Your enemies!

3 With You is dominion in the day of Your power, in the splendor of Your saints; From the womb, before the morning star have I begotten You.

4 The Lord has sworn and will not repent, “You are a priest forever according to the order of Melchizedek.”

5 The Lord at Your right hand shall dash in pieces kings in the day of His wrath

6 He shall judge among the nations, He shall fill the places with dead bodies, He shall crush the heads of many countries on the earth.

7 He shall drink of the brook by the wayside; Therefore He shall lift up the head.

### Psalm 110

*Alleluia.*

**I** will praise the Lord. I will praise the Lord with my whole heart, in the assembly of the just and in the congregation.

2 Great are the works of the Lord, conforming to His will in every way.

3 His work is honorable and glorious, and His righteousness endures forever.

4 He has made His wonderful works to be remembered; The Lord is merciful and compassionate.

5 He has given food to those who fear Him; He will ever be mindful of His covenant.

6 He has shown His People the power of His works, that He may give them the heritage of the nations.

7 The works of His hands are truth and justice; All His commandments are sure.

8 They stand fast forever and ever, and are done in truth and uprightness.

9 He sent redemption to His people; He has commanded His covenant forever; Holy and awesome is His name.

10 The fear of the Lord is the beginning of wisdom; A good understanding have all those who do His commandments. His praise endures forever.

## Psalm 111

*Alleluia.*

**B**lessed is the man who fears the Lord, who delights greatly in His commandments.

2 His descendants will be mighty on earth; The generation of the upright will be blessed.

3 Glory and riches will be in his house, and his righteousness endures forever..

4 Unto the upright there arises light in the darkness; He is gracious, and full of compassion, and righteous.

5 A good man shows favor and lends; He will guide his affairs with discretion.

6 Surely he shall never be moved; The righteous shall be in everlasting remembrance.

7 He shall never be afraid of evil tidings; His heart is fixed, trusting in the Lord.

8 His heart is established; He shall not fear, until he sees his desire upon his enemies.

9 He has dispersed, He has given to the poor; His righteousness endures forever; His horn shall be exalted with honor.

10 The wicked shall see it and be grieved; He shall gnash his teeth and melt away; The desire of the wicked shall perish.

*Glory to the Father and to the Son and to the Holy Spirit; Now and ever and unto ages of ages. Amen; Alleluia, alleluia, alleluia glory to You O God (3x); Lord have mercy (3x); Glory to the Father and to the Son and to the Holy Spirit; Now and ever and unto ages of ages. Amen.*

## Psalm 112

*Alleluia.*

**P**raise the Lord, you servants of the Lord, praise the name of the Lord!

2 Blessed be the name of the Lord from this time forth and forevermore!

3 From the rising of the sun to its going down the Lord's name is to be praised.

4 The Lord is high above all nations, and His glory above the heavens.

5 Who is like the Lord our God, who dwells on high,

6 Who humbles Himself to behold the things that are in heaven and in the earth?

7 He raises up the poor out of the dust, and lifts the needy out of the dunghill,

8 That He may seat him with the princes, even with the princes of His people.

9 He grants the barren woman to keep house, and to be a joyful mother over children.

## Psalm 113

*Alleluia.*

**W**hen Israel went out of Egypt, the house of Jacob from a people of strange language,

2 Judah became His sanctuary, and Israel His dominion.

3 The sea saw it and fled; Jordan was pushed back.

4 The mountains skipped like rams, the little hills like lambs.

5 What ails you, O sea, that you fled? O Jordan, that you turned back?

6 You mountains, that you skipped like rams? And you, O little hills, like lambs?



7 Tremble, O earth, at the presence of the Lord, at the presence of the God of Jacob,  
8 Who turned the rock into a pool of water, The flint into a fountain of waters.

## Psalm 114

*Alleluia.*

**N**ot unto us, O Lord, not unto us, but to Your name give glory, because of Your mercy, and because of Your truth.

2 Why should the nations say, "So where is their God?"

3 But our God is in heaven; And on earth He does whatever He pleases.

4 Their idols are silver and gold, the work of man's hands.

5 They have mouths, but they do not speak; Eyes they have, but they do not see;

6 They have ears, but they hear not; Noses they have, but they smell not;

7 They have hands, but they handle not; Feet they have, but they walk not; Nor do they speak through their throat.

8 They that make them are like them; So is everyone that trusts in them.

9 O Israel trust in the Lord; He is their help and defender.

10 The house of Aaron trusts in the Lord; He is their help and their shield.

11 You that fear the Lord, trust in the Lord; For He is our help and defender.

12 The Lord has been mindful of us and blessed us; He will bless the house of Israel; He will bless the house of Aaron.

13 He will bless those who fear the Lord, both small and great.

14 The Lord shall increase you more and more, You and your children.

15 May you be blessed by the Lord, Who made heaven and earth.

16 The heaven, even the heavens, are the Lord's; But the earth He has given to the children of men.

17 The dead do not praise the Lord; Nor any of those who go down into silence;

18 But we will bless the Lord, from this time forth and forevermore.

**Psalm 115***Alleluia.*

**I** love the Lord because He has heard the voice of my supplication.  
2 Because He has inclined His ear to me; Therefore I will call upon Him as long as I live.  
3 The sorrow of death encompassed me, and the pangs of hell laid hold of me; I found trouble and sorrow.  
4 Then I called upon the name of the Lord: “O Lord, I beseech You, deliver my soul!”  
5 Gracious is the Lord and righteous; Yes, our God is merciful. 6 The Lord preserves the simple; I was brought low and He helped me.  
7 Return to Your rest, O my soul, for the Lord has been bountiful to You.  
8 For He has delivered my soul from death, my eyes from tears, and my feet from falling.  
9 I will walk before the Lord in the land of the living.

***Glory** to the Father and to the Son and to the Holy Spirit; Now and ever and unto ages of ages. Amen; Alleluia, alleluia, alleluia glory to You O God (3x); Lord have mercy (3x); Glory to the Father and to the Son and to the Holy Spirit; Now and ever and unto ages of ages. Amen.*

10 I believed, therefore I spoke: “I was greatly afflicted.”  
11 I said in my haste, “All men are liars.”  
12 What shall I render to the Lord for all His benefits toward me?  
13 I will take up the cup of salvation, and call upon the name of the Lord.  
14 I will pay my vows to the Lord, now in the presence of all His people.  
15 Precious in the sight of the Lord is the death of His saints.  
16 O Lord, truly I am Your servant, Your servant and the son of Your handmaiden; You have loosed my bonds.  
17 I will offer You the sacrifice of praise and call upon the name of the Lord.  
18 I will pay my vows to the Lord, now in the presence of all His people,  
19 In the courts of the Lord’s house, in the midst of you, O Jerusalem.

**Psalm 116***Alleluia.*

**P**raise the Lord all you nations! Praise Him, all You people!

2 For His merciful kindness is great toward us, and the truth of the Lord endures forever.

**Psalm 117***Alleluia.*

**G**ive thanks to the Lord, for He is good! For His mercy endures forever.

2 Let Israel now say, that His mercy endures forever.

3 Let the house of Aaron say, that His mercy endures forever.

4 Let them now that fear the Lord say, that His mercy endures forever.

5 I called to the Lord in distress, and He answered me, and set me in a large place.

6 The Lord is on my side; I shall not fear: what can man do to me.

7 The Lord is my helper; And I shall see my desire on those who hate me.

8 It is better to trust in the Lord than to put confidence in man.

9 It is better to trust in the Lord than to put confidence in princes.

10 All nations surrounded me, but in the name of the Lord I will destroy them.

11 Yes, they encompassed me, but in the name of the Lord I will destroy them.

12 They surrounded me like bees; They are quenched like a fire of thorns; for in the name of the Lord I will destroy them.

13 You pushed me violently, that I might fall, but the Lord helped me.

14 The Lord is my strength and song, and He has become my salvation.

15 The voice of rejoicing and salvation is in the tabernacle of the righteous; The right hand of the Lord does valiantly.

16 The right hand of the Lord is exalted; The right hand of the Lord does valiantly.

17 I shall not die, but live, and declare the works of the Lord.

18 The Lord has chastened me severely, but He has not given me over to death.

19 Open to me the gates of righteousness; I will go through them, and I will praise the Lord.

20 This is the gate of the Lord, through which the righteous shall enter.

21 I will praise You, for You have heard me, and have become my salvation.

22 The stone which the builders rejected has become the chief cornerstone.

23 This was the Lord's doing; And it is marvelous in our eyes.

24 This is the day which the Lord has made; Let us rejoice and be glad in it.

25 O Lord, save us; O Lord, send us prosperity!

26 Blessed is He who comes in the name of the Lord! We have blessed You from the house of the Lord.

27 God is the Lord, and has revealed Himself to us; Celebrate the feast with branches! Bind the sacrifice to the horns of the altar.

28 You are my God, and I will praise You; You are my God, and I will exalt You.

29 Oh! Give thanks to the Lord, for He is good! For His mercy endures forever.

*Glory to the Father and to the Son and to the Holy Spirit; Now and ever and unto ages of ages. Amen; Alleluia, alleluia, alleluia glory to You O God (3x); Lord have mercy (3x); Glory to the Father and to the Son and to the Holy Spirit; Now and ever and unto ages of ages. Amen.*

### **Prayers after the Sixteenth Kathisma**

Heavenly King, Comforter, Spirit of Truth, Who are present everywhere and fulfilling all things, Treasury of Blessings and Source of Life: Come abide in us, cleanse us of all stain, and save our souls, O Good One.

Holy God, Holy Mighty, Holy Immortal, have mercy on us (3x)

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever and unto ages of ages. Amen.

All Holy Trinity, have mercy on us. Lord, cleanse us of our sins. Master, pardon our transgressions. Holy One, visit and heal our infirmities, for the glory of Your name.

Lord, have mercy (3x).

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever and unto ages of ages. Amen.

Our Father, Who art in heaven, hallowed be Thy Name. Thy kingdom come, Thy will be done on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses as we forgive those who trespass against us. And lead us not into temptation, but deliver us from the evil one.

Come, let us worship God our King. Come, let us worship and fall down before Christ, our King. Come, let us worship and fall down before Christ Himself, our King and our God.

*And these troparia, Tone 1:*

Another world awaits you, O soul, and the Judge intends to reveal the hidden and wicked things concerning you. Do not be taken up with the here and now, but look ahead and cry out to the Judge: O God, cleanse me and save me.

Glory to the Father, and to the Son, and to the Holy Spirit:

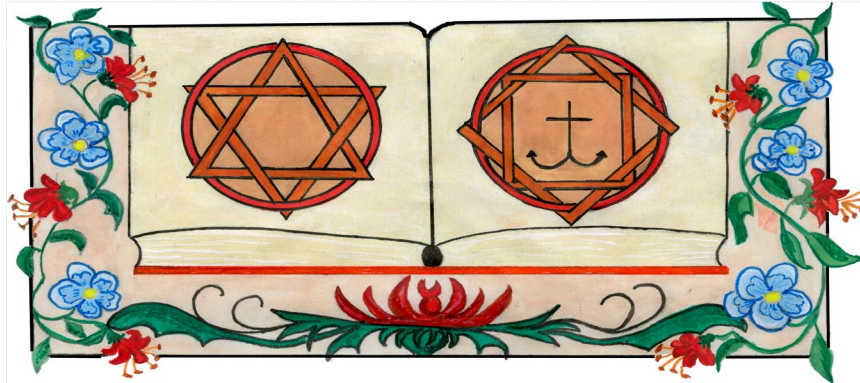
Covered with the countless wounds of my transgressions, O Christ Savior, I the sinner entreat Your tender mercy: O Physician of the sick, visit, heal, and save me.

Now and ever and unto ages of ages. Amen.

Why are you living in negligence and laziness, O my soul? Why are you not concerned with the evil you have done in your life? Hasten to make amendments before the Lord shuts the door to you. Run to the Birthgiver of God, fall down and cry: O hope of the hopeless, I have greatly sinned against you; save me, O all-pure sovereign Lady.

Lord, have mercy (40x).

Holy Lord Who dwells in the highest, Who looks down with Your all-seeing eye upon the whole creation, we bow the neck of body and soul to You and beseech You, O Holy of Holies: stretch forth Your unseen hand from Your holy dwelling place and bless us all and forgive all our sins, whether voluntary or involuntary, of word or of deed. Give us tender compunction, O Lord; give us spiritual tears from deep within for the cleansing of our many sins. Grant Your great mercy to Your world and to us, also, Your unworthy servants. For blessed and highly glorified is Your name, of the Father and of the Son and of the Holy Spirit; Both now and ever, and unto ages of ages. Amen.



## KATHISMA 17

### Psalm 118

*Alleluia.*

**B**lessed are the undefiled in the way, who walk in the law of the Lord!

2 Blessed are they that keep His testimonies, and that seek Him with the whole heart!

3 They also do no iniquity; They walk in His ways.

4 You have commanded us to keep Your precepts diligently.

5 Oh, that my ways were directed to keep Your statutes!

6 Then I should not be ashamed, when I have respect unto all Your commandments.

7 I will praise You with uprightness of heart, when I shall learn Your righteous judgments.

8 I will keep Your statutes; O, do not utterly forsake me!

9 How can a young man cleanse his way? By taking heed according to Your word.

10 With my whole heart I have sought You; Oh, let me not wander from Your commandments!

11 Your word I have hidden in my heart, that I might not sin against You.

12 Blessed are You, O Lord! Teach me Your statutes.

13 With my lips I have declared all the judgments of Your mouth.

14 I have rejoiced in the way of Your testimonies, as much as in all riches.

15 I will meditate on Your precepts, and have respect unto Your ways.

16 I will delight myself in Your statutes; I will not forget Your words.  
17 Deal bountifully with Your servant, that I may live and keep Your word.  
18 Open My eyes, that I may behold wondrous things from Your law.  
19 I am a stranger in the earth; Do not hide Your commandments from me.  
20 My soul breaks with longing for Your judgments at all times.  
21 You rebuke the proud that are cursed, who err from Your commandments.  
22 Remove from me reproach and contempt, for I have kept Your testimonies.  
23 Princes also sit and speak against me, but Your servant meditates on Your statutes.  
24 Your testimonies are also my delight and my counselors.  
25 My soul clings to the dust; Revive me according to Your word.  
26 I have declared my ways, and You heard me; Teach me Your statutes.  
27 Make me understand the way of Your precepts; So shall I talk of Your wondrous works.  
28 My soul melts from heaviness; Strengthen me according to Your word.  
29 Remove from me the way of lying, and graciously grant me Your law.  
30 I have chosen the way of truth; Your judgments I have laid before me.  
31 I cling to Your testimonies; O Lord, do not put me to shame! 32 I will run in the way of Your commandments, for You shall enlarge my heart.  
33 Teach me, O Lord, the way of Your statutes, and I shall keep it to the end.  
34 Give me understanding, and I shall keep Your law; Indeed, I shall observe it with my whole heart.  
35 Make me walk in the path of Your commandments, for I delight in it.  
36 Incline my heart to Your testimonies, and not to covetousness.  
37 Turn away my eyes from beholding vanity, and revive me in Your way.  
38 Establish Your word to Your servant, who is devoted to fearing You.  
39 Turn away my reproach which I fear, for Your judgments are good.  
40 Behold, I long for Your precepts; Revive me in Your righteousness.  
41 Let Your mercies also come to me, O Lord, Your salvation according to Your word.  
42 So shall I have an answer for him who reproaches me, for I trust in Your word.

43 And take not the word of truth utterly out of my mouth, for I have hoped in Your ordinances.

44 So shall I keep Your law continually, forever and ever.

45 And I will walk at liberty, for I seek Your precepts.

46 I will also speak of Your testimonies before kings, and will not be ashamed.

47 And I will delight myself in Your commandments, which I love.

48 My hands also I will lift up to Your commandments, which I love, and I will meditate on Your statutes.

49 Remember the word to Your servant, upon which You have caused me to hope.

50 This is my comfort in my affliction, for Your word has quickened me.

51 The proud had me greatly in derision, yet I did not turn away from Your law.

52 I remembered Your judgments of old, O Lord, and have comforted myself.

53 Horror has taken hold of me because of the wicked, who forsake Your law.

54 Your statutes have been my songs in the house of my pilgrimage.

55 I remember Your name in the night, O Lord, and I keep Your law.

56 This I had, because I kept Your precepts.

57 You are my portion, O Lord; I have said that I would keep Your words.

58 I entreated Your favor with my whole heart; Be merciful to me according to Your word.

59 I thought about my ways, and turned my feet to Your testimonies.

60. I made haste and delayed not to keep Your commandments.

61 The cords of the wicked have bound me, but I have not forgotten Your law.

62 At midnight I will rise to give thanks to You, because of Your righteous judgments.

63 I am a companion of all them that fear You, and of those who keep Your precepts.

64 The earth, O Lord, is full of Your mercy; Teach me Your statutes.

65 You have dealt well with Your servant, O Lord, according to Your word.

66 Teach me good judgment and knowledge, for I believe Your commandments.

67 Before I was afflicted I went astray, But now I keep Your word.

68 You are good, and do good; Teach me Your statutes.

69 The proud have forged a lie against me, but I will keep Your precepts



with my whole heart.

70 Their heart is as fat as grease, but I delight in Your law.

71 It is good for me that I have been afflicted, that I may learn Your statutes.

72 The law of Your mouth is better to me than thousands in gold and silver.

***Glory** to the Father and to the Son and to the Holy Spirit; Now and ever and unto ages of ages. Amen; Alleluia, alleluia, alleluia glory to You O God (3x); Lord have mercy (3x); Glory to the Father and to the Son and to the Holy Spirit; Now and ever and unto ages of ages. Amen.*

73 Your hands have made me and fashioned me; Give me understanding that I may learn Your commandments.

74 They that fear You will be glad when they see me, because I have hoped in Your word.

75 I know, O Lord, that Your judgments are right, and that in faithfulness You have afflicted me.

76 Let, I pray, Your merciful kindness be for my comfort, according to Your word to Your servant.

77 Let Your tender mercies come to me, that I may live; For Your law is my delight.

78 Let the proud be ashamed, for they treated me wrongfully without a cause; But I will meditate on Your precepts.

79 Let those that fear You turn to me, those who know Your testimonies.

80 Let my heart be blameless regarding Your statutes, that I may not be ashamed.

81 My soul faints for Your salvation, but I hope in Your word.

82 My eyes fail from seeking Your word, saying: "when will You comfort me?"

83 For I have become like a leather bag in the frost, yet I do not forget Your statutes.

84 How many are the days of Your servant? When will You execute judgment on those who persecute me?

85 The proud have dug pits for me, which is not according to Your law.

86 All Your commandments are faithful; They persecute me wrongfully; Help me!

87 They almost consumed me on earth, but I did not forsake Your precepts.

88 Revive me according to Your loving kindness, so that I may keep the testimony of Your mouth.

89 Forever, O Lord, Your word is settled in heaven.

90 Your faithfulness endures to all generations; You established the earth, and it abides.

91 They continue this day according to Your ordinances, for all are Your servants.

92 Unless Your law had been my delight, I would then have perished in my affliction.

93 I will never forget Your precepts, for by them You have given me life.

94 I am Yours, save me; For I have sought Your precepts.

95 The wicked wait for me to destroy me, but I will consider Your testimonies.

96 I have seen the consummation of all perfection, but Your commandment is exceedingly broad.

97 Oh, how I love Your law! It is my meditation all the day.

98 You, through Your commandments make me wiser than my enemies; For they are ever with me.

99 I have more understanding than all my teachers, for Your testimonies are my meditation.

100 I understand more than the ancients, because I keep Your precepts.

101 I have restrained my feet from every evil way, that I may keep your word.

102 I have not departed from Your judgments, For You Yourself have taught me.

103 How sweet are Your words to my taste, Sweeter than honey to my mouth!

104 Through Your precepts I get understanding; Therefore I hate every false way.

105 Your word is a lamp to my feet and a light to my path.

106 I have sworn and confirmed that I will keep Your righteous judgments.

107 I am afflicted very much; Revive me, O Lord, according to Your word.

108 Accept, I pray, the free will offerings of my mouth, O Lord, and teach me Your judgments.

109 My soul is continually in my hand, yet I do not forget Your law.

110 The wicked have laid a snare for me, yet I have not strayed from Your precepts.

111 Your testimonies I have taken as a heritage forever, for they are the rejoicing of my heart.

112 I have inclined my heart to perform Your statutes forever, to the very end.

113 I hate vain thoughts, but I love Your law.

114 You are my hiding place and my shield; I hope in Your word.

115 Depart from me, you evildoers, for I will keep the commandments of my God!

116 Uphold me according to Your word, that I may live; And do not let me be ashamed of my hope.

117 Hold me up, and I shall be safe, and I shall observe Your statutes continually.

118 You reject all them that err from Your statutes, for their deceit is falsehood.

119 You put away all the wicked of the earth like dross; Therefore I love Your testimonies.

120 My flesh trembles for fear of You, and I am afraid of Your judgments.

121 I have done judgment and justice; Do not leave me to my oppressors.

122 Be surety for Your servant for good; Do not let the proud oppress me.

123 My eyes fail for seeking Your salvation and Your righteous word.

124 Deal with Your servant according to Your mercy, And teach me Your statutes.

125 I am Your servant; Give me understanding, that I may know Your testimonies.

126 It is time for You Lord to work, O Lord, for they regarded Your law as void.

127 Therefore I love Your commandments above gold, yes, above fine gold!

128 Therefore all Your precepts concerning all things I consider to be right; I hate every false way.

129 Your testimonies are wonderful; Therefore my soul keeps them.

130 The entrance of Your words gives light; It gives understanding to the simple.

131 I opened my mouth and panted, for I longed for Your commandments.

*Glory to the Father and to the Son and to the Holy Spirit; Now and ever and unto ages of ages. Amen; Alleluia, alleluia, alleluia glory to You O God (3x); Lord have mercy (3x); Glory to the Father and to the Son and to the Holy Spirit; Now and ever and unto ages of ages. Amen.*

132 Look upon me and be merciful to me, as Your custom is toward those who love Your name.

133 Direct my steps by Your word, and let no iniquity have dominion over me.

134 Redeem me from the oppression of man, that I may keep Your precepts.

135 Make Your face shine upon Your servant, and teach me Your statutes.

136 Rivers of water run down from my eyes, because men do not keep Your law.

137 Righteous are You, O Lord, and upright are Your judgments.

138 Your testimonies, which You have commanded, are righteous and very faithful.

139 My zeal has consumed me, because my enemies have forgotten Your words.

140 Your word is very pure; Therefore Your servant loves it.

141 I am small and despised, Yet I do not forget Your precepts.

142 Your righteousness is an everlasting righteousness, and Your law is the truth.

143 Trouble and anguish have taken hold of me, Yet Your commandments are my delights.

144 The righteousness of Your testimonies is everlasting; Give me understanding and I shall live.

145 I cry out with my whole heart; Hear me, O Lord! I will keep Your statutes.

146 I cry out to You; Save me and I will keep Your testimonies.

147 I rise before the dawning of the morning, and cry for help: I hope in Your word.

148 My eyes are awake through the night watches, that I may meditate on Your word.

149 Hear my voice according to Your loving-kindness; O Lord, quicken me according to Your judgment.

150 They draw near who follow after wickedness; They are far from Your law.

151 You are near, O Lord, and all Your commandments are truth.

152 Concerning Your testimonies, I have known of old that You have

founded them forever.

153 Consider my affliction and deliver me, for I do not forget Your law.

154 Plead my cause and redeem me; Revive me according to Your word.

155 Salvation is far from the wicked, for they do not seek Your statutes.

156 Great are Your tender mercies, O Lord; Revive me according to Your judgments.

157 Many are my persecutors and my enemies, yet I do not turn from Your testimonies.

158 I see the transgressors and I am grieved, because they did not keep Your word.

159 Consider how I love Your precepts; Revive me, O Lord, according to Your loving-kindness.

160 Your word is true from the beginning, and every one of Your righteous judgments endures forever.

161 Princes persecute me without a cause, but my heart stands in awe of Your word

162 I rejoice of Your word as one who finds a great treasure.

163 I hate and abhor lying, but I love Your law.

164 Seven times a day I praise You, because of Your righteous judgments.

165 Great peace have they that love Your law, and nothing shall offend them.

166 Lord, I hoped for Your salvation, and I did Your commandments.

167 My soul kept Your testimonies, and I love them exceedingly.

168 I kept Your precepts and Your testimonies, for my ways are before You.

169 Let my cry come before You, O Lord; Give me understanding according to Your word.

170 Let my supplication come before You; Deliver me according to Your word.

171 My lips shall utter praise, for You taught me Your statutes. 172 My tongue shall speak of Your word, for all Your commandments are righteousness.

173 Let Your hand become my help, for I have chosen Your precepts.

174 I longed for Your salvation, O Lord, and Your law is my delight.

175 Let my soul live and it shall praise You; And let Your judgments help me.

176 I have gone astray like a lost sheep; Seek Your servant, for I do not

forget Your commandments.

*Glory to the Father and to the Son and to the Holy Spirit; Now and ever and unto ages of ages. Amen; Alleluia, alleluia, alleluia glory to You O God (3x); Lord have mercy (3x); Glory to the Father and to the Son and to the Holy Spirit; Now and ever and unto ages of ages. Amen.*

### **Prayers after the Seventeenth Kathisma**

Heavenly King, Comforter, Spirit of Truth, Who are present everywhere and fulfilling all things, Treasury of Blessings and Source of Life: Come abide in us, cleanse us of all stain, and save our souls, O Good One.

Holy God, Holy Mighty, Holy Immortal, have mercy on us (3x)

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever and unto ages of ages. Amen.

All Holy Trinity, have mercy on us. Lord, cleanse us of our sins. Master, pardon our transgressions. Holy One, visit and heal our infirmities, for the glory of Your name.

Lord, have mercy (3x).

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever and unto ages of ages. Amen.

Our Father, Who art in heaven, hallowed be Thy Name. Thy kingdom come, Thy will be done on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses as we forgive those who trespass against us. And lead us not into temptation, but deliver us from the evil one.

Come, let us worship God our King. Come, let us worship and fall down before Christ, our King. Come, let us worship and fall down before Christ Himself, our King and our God.

*And these troparia, Tone 2:*

I have sinned against You, O Savior, like the prodigal son: Receive me who repent, O Father, and have mercy on me, O God.

Glory to the Father, and to the Son, and to the Holy Spirit:

I cry out to You, O Christ Savior, with the plea of the publican. Cleanse me as

You cleansed him and have mercy on me, O God.

Now and ever and unto ages of ages. Amen.

O Birthgiver of God, do not despise me who am in need of your intercession, for my soul trusts in you; have mercy on me.

Lord, have mercy (*40x*).

Master, Lord Almighty and Creator of all, Father of compassions and God of mercies, Who fashioned man from the earth and showed him to be in Your Image and likeness that Your majestic Name might be glorified upon earth, and, when he was cast out because he transgressed Your commandments, recreated him anew in Your Christ and led him up to heaven; I give You thanks for You have multiplied Your wonders toward me and have not given me over to my enemies who seek to cast me down into the pit of hell, nor have You forsaken me to perish in my sins. Wherefore, O beneficent Lord of many mercies, Who desire not the death of a sinner but rather await his conversion and receive him, Who raise up the fallen and heal the crushed- turn me to repentance as well, raise me who have fallen and heal me who am crushed. Remember Your compassions and Your unfathomable goodness from all ages, and forget my endless sins, committed in word, deed and thought. Forgive the blindness of my heart and grant me tears of tender compunction that will cleanse the filth of my thoughts. Hearken, O Lord; pay heed, O Lover of Man; cleanse, O tender-hearted One; and free my wretched soul from the torment of the passions that rule over it. Let sin have no hold over me, and let not the warring demon overpower me or have his way with me, but by Your powerful hand snatch me from his mastery. Reign in me, O good Lord and Lover of Mankind; be well pleased to make me wholly Yours and live the remainder of my life according to Your will. In Your inexpressible goodness, grant me cleansing of heart, safeguarding of my lips, righteousness in my actions, humility of mind, peace in my thoughts, tranquility in my spiritual powers, spiritual joy, unfeigned love, longsuffering, goodness, meekness, unhypocritical faith, and all-embracing temperance; fill me with every good fruit, by the gift of Your Holy Spirit. Take me not away in the midst of my days nor snatch away my soul unamended or unprepared, but fill me with Your fullness. Thus take me away from this life, that passing by the chiefs and powers of darkness, by Your grace I too might behold the ineffable beauty of Your unapproachable glory together with all Your saints in whom is sanctified and glorified Your all-honorable and majestic Name, Father, Son and Holy Spirit, now and ever and unto ages of ages. Amen.



## KATHISMA 18

### Psalm 119

*An Ode of Ascents.*

**I**n my distress I cried to the Lord, and He answered me.  
2 Deliver my soul, O Lord, from lying lips and from a deceitful tongue.

3 What shall be given to you, or what more shall be done to you, you false tongue?

4 Sharp arrows of the mighty, with coals of the desert!

5 Woe is me that my sojourn is prolonged! That I dwell among the tents of Kedar!

6 My soul has dwelt too long with him that hates peace;

7 I am for peace; But when I speak, they are for war.

### Psalm 120

*An Ode of Ascents.*

**I** will lift up my eyes to the mountains whence help shall come to me.

2 My help comes from the Lord, Who made heaven and earth.

3 He will not allow your foot to be moved; He Who keeps you will not slumber.



4 Behold, He Who keeps Israel shall neither slumber nor sleep.  
5 The Lord is your keeper; the Lord is your shade at your right hand.  
6 The sun shall not strike you by day, nor the moon by night.  
7 The lord shall preserve you from all evil; He shall preserve your soul.  
8 The Lord shall preserve your going out and your coming in from this time forth, and forevermore.

### Psalm 121

*An Ode of Ascents*

**I** was glad when they said to me, “Let us go into the house of the Lord.”

2 Our feet shall stand within your gates, O Jerusalem!  
3 Jerusalem was built as a city that is compact together,  
4 Where the tribes go up, the tribes of the Lord, to the testimony of Israel, to give thanks to the name of the Lord.  
5 For there are set thrones for judgment, the thrones of the house of David.  
6 Pray for the peace of Jerusalem: “They shall prosper that love you.  
7 Peace be within your walls, prosperity within your palaces.”  
8 For the sake of my brethren and companions, I will now say, “Peace be within you.”  
9 Because of the house of the Lord our God I will seek your good.

### Psalm 122

*An Ode of Ascents.*

**U**nto You I lift up my eyes, O You Who dwell in the heavens.  
2 Behold, as the eyes of servants look to the hand of their masters, as the eyes of a maid to the hand of her mistress, so our eyes wait upon the Lord our God, until He has mercy on us.  
3 Have mercy on us, O Lord, have mercy on us! For we are exceedingly filled with contempt.  
4 Our soul is exceedingly filled with the scorn of those who are at ease, with the contempt of the proud.

**Psalm 123***An Ode of Ascents.*

**I**f it had not been the Lord Who was on our side, let Israel now say,  
2 If it had not been the Lord Who was on our side, when men rose up against us,  
3 Then they would have swallowed us alive, when their wrath was kindled against us;  
4 Then the waters would have overwhelmed us, the stream would have gone over our soul;  
5 Then the torrents would have gone over our soul.  
6 Blessed be the Lord, Who has not given us as prey to their teeth.  
7 Our soul has escaped as a bird from the snare of the fowlers; The snare is broken, and we have escaped.  
8 Our help is in the name of the Lord, Who made heaven and earth.

*Glory to the Father and to the Son and to the Holy Spirit; Now and ever and unto ages of ages. Amen; Alleluia, alleluia, alleluia glory to You O God (3x); Lord have mercy (3x); Glory to the Father and to the Son and to the Holy Spirit; Now and ever and unto ages of ages. Amen.*

**Psalm 124***An Ode of Ascents.*

**T**hose who trust in the Lord shall be like Mount Zion, which cannot be moved, but abides forever.  
2 As the mountains surround Jerusalem, so the Lord surrounds His people from this time forth and forever.  
3 For the rod of wickedness shall not rest upon the lot of the righteous, lest the righteous reach out their hands to iniquity.  
4 Do good, O Lord, to those who are good, and to those who are upright in their hearts.  
5 As for such as turn aside to their crooked ways, The Lord shall lead them away with the workers of iniquity, but peace shall be upon Israel.

**Psalm 125***An Ode of Ascents.*

**W**hen the Lord brought back the captivity of Zion, we were like them that dream.

2 Then our mouth was filled with laughter, and our tongue with singing. Then they said among the nations, "The Lord has done great things for them."

3 The Lord has done great things for us, whereas we are glad.

4 Turn again our captivity, O Lord, as the stream in the south.

5 They that sow in tears shall reap in joy.

6 He that goes forth and weeps, bearing precious seed shall doubtless come again with rejoicing, bringing his sheaves with him.

**Psalm 126***An Ode of Ascents.*

**U**nless the Lord builds the house, they labor in vain who build it; Unless the Lord guards the city, the watchman stays awake in vain.

2 It is vain for You to rise up early, to sit up late, to eat the bread of sorrows; For He provides for His beloved while they sleep.

3 Behold, children are a heritage from the Lord and the fruit of the womb is His reward.

4 Like arrows in the hand of a warrior, so are the children of the youth.

5 Happy is the man who has his quiver full of them; They shall not be ashamed, but shall speak with the enemies in the gate.

**Psalm 127***An Ode of Ascents.*

**B**lessed is every one who fears the Lord, who walks in His ways.

2 When you eat the labor of your hands, you shall be happy, and it shall be well with you.

3 Your wife shall be like a fruitful vine by the sides of your house, your children like olive plants all around your table.

4 Behold, thus shall the man be blessed who fears the Lord.

5 The Lord bless you out of Zion, and may You see the good of Jerusalem all the days of Your life.

6 Yes, may you see your children's children and peace upon Israel!

## Psalm 128

*An Ode of Ascents.*

**M**any a time they have afflicted me from my youth, may Israel now say:

2 Many a time they have afflicted me from my youth; Yet they have not prevailed against me.

3 The plowers plowed on my back; They made their furrows long.

4 The Lord is righteous; He has cut in pieces the cords of the wicked.

5 Let them all be confounded and turned back that hate Zion.

6 Let them be as the grass on the housetops, which withers before it grows up,

7 Wherewith the mower fills not his hand, nor he that binds sheaves, his bosom.

8 Neither do they which go by say, "The blessing of the Lord be upon you; We bless you in the name of the Lord!"

*Glory to the Father and to the Son and to the Holy Spirit; Now and ever and unto ages of ages. Amen; Alleluia, alleluia, alleluia glory to You O God (3x); Lord have mercy (3x); Glory to the Father and to the Son and to the Holy Spirit; Now and ever and unto ages of ages. Amen.*

## Psalm 129

*An Ode of Ascents.*

**O**ut of the depths I have cried to You, O Lord;

2 Lord, hear my voice! Let Your ears be attentive to the voice of my supplications.

3 If You, Lord, should mark iniquities, O Lord, who shall stand?

4 But there is forgiveness with You, that You may be feared.

5 I wait for the Lord, my soul does wait, and in His word do I hope.

6 My soul waits for the Lord, more than they that watch for the morning; Let Israel hope in the Lord more than they that watch for the morning.

7 For with the Lord is mercy, and fullness of redemption.

8 And He shall redeem Israel from all his iniquities.

**Psalm 130***An Ode of Ascents.*

**L**ord, my heart is not haughty, nor my eyes lofty. Neither do I concern myself with great matters, nor with things too high for me.

2 Surely I have behaved and quieted my soul, as a child that is weaned by his mother; Like a weaned child is my soul within me.

3 Let Israel hope in the Lord from this time forth and forever.

**Psalm 131***An Ode of Ascents.*

**L**ord, remember David and all his afflictions;

2 How he swore to the Lord, and vowed to the Mighty God of Jacob;

3 "I will not come into the chamber of my house, nor go up into my bed;

4 I will not give sleep to my eyes or slumber to my eyelids,

5 Until I find a place for the Lord, a habitation for the Mighty God of Jacob."

6 Behold, we heard of it in Ephratha; We found it in the fields of the woods.

7 We will go into His tabernacle; We will worship at His footstool.

8 Arise, O Lord, to Your resting place, You and the Ark of Your strength!

9 Let Your priests be clothed with righteousness, and let Your saints shout for joy.

10 For the sake of David Your servant, do not turn away the face of Your anointed.

11 The Lord has sworn in truth to David; He will not turn from it; "Of the fruit of your body I will set upon your throne

12 If your sons will keep My covenant and My testimony which I shall teach them, their sons also shall sit upon your throne forevermore."

13 For the Lord has chosen Zion; He has desired it for His habitation;

14 "This is My resting place forever; Here I will dwell, for I have desired it.

15 I will abundantly bless her provision; I will satisfy her poor with bread.

16 I will clothe her priests with salvation, and her saints shall shout aloud for joy.

17 There I will make the horn of David grow; I have ordained a lamp for

My Anointed.

18 His enemies I will clothe with shame, but upon Himself His crown shall flourish.”

### **Psalm 132**

*An Ode of Ascents.*

**B**ehold, how good and how pleasant it is for brethren to dwell together in unity!

2 It is like the precious ointment upon the head, running down on the beard, even Aaron’s beard, running down to the skirts of his garments.

3 It is like the dew of Hermon, as the dew that descended upon the mountains of Zion; For there the Lord commanded the blessing, even life forevermore.

### **Psalm 133**

*An Ode of Ascents.*

**B**ehold bless the Lord all you servants of the Lord, who by night stand in the house of the Lord!

2 Lift up your hands in the sanctuary and bless the Lord.

3 The Lord Who made heaven and earth blesses you from Zion!

***Glory** to the Father and to the Son and to the Holy Spirit; Now and ever and unto ages of ages. Amen; Alleluia, alleluia, alleluia glory to You O God (3x); Lord have mercy (3x); Glory to the Father and to the Son and to the Holy Spirit; Now and ever and unto ages of ages. Amen.*

### **Prayers after the Eighteenth Kathisma**

Heavenly King, Comforter, Spirit of Truth, Who are present everywhere and fulfilling all things, Treasury of Blessings and Source of Life: Come abide in us, cleanse us of all stain, and save our souls, O Good One.

Holy God, Holy Mighty, Holy Immortal, have mercy on us (3x)

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever and unto ages of ages. Amen.

All Holy Trinity, have mercy on us. Lord, cleanse us of our sins. Master,

pardon our transgressions. Holy One, visit and heal our infirmities, for the glory of Your name.

Lord, have mercy (3x).

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever and unto ages of ages. Amen.

Our Father, Who art in heaven, hallowed be Thy Name. Thy kingdom come, Thy will be done on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses as we forgive those who trespass against us. And lead us not into temptation, but deliver us from the evil one.

Come, let us worship God our King. Come, let us worship and fall down before Christ, our King. Come, let us worship and fall down before Christ Himself, our King and our God.

*And these troparia, Tone 2:*

Before You judge me, O Lord, my Lord, grant me conversion and amendment of my many sins; grant tender compunction to my soul that I might cry out to You: O deeply-merciful God, O Lover of Man, save me.

Glory to the Father, and to the Son, and to the Holy Spirit:

I, the prodigal, have joined the mindless beasts because I have made myself like them. Grant me conversion, O Christ, that I may receive from You great mercy.

Now and ever and unto ages of ages. Amen.

Do not turn Your face away from me, I beg you, O sovereign Lady, but as the deeply compassionate Mother of God, hasten before the end to bestow conversion upon me, that saved by you I might hymn You, O my Lady, as my unashamed hope and salvation.

Lord, have mercy (40x).

O Lord, do not accuse me in Your wrath or punish me in Your anger. Master, Lord Jesus Christ, Son of the Living God, have mercy on me who am sinful, lowly, naked, lazy, negligent, argumentative, wretched, prodigal, adulterous,

debauched, perverted, defiled, ungrateful, unmerciful, cruel, a drunkard, scorched in conscience, lacking any boldness, lacking any defense, unworthy of Your love for mankind and worthy of every punishment, torment and Gehenna. O my Deliverer, do not subject me to abundant torments because of the great abundance of my transgressions; but have mercy on me for I am infirm in body and soul, in mind and thought; and by judgments known to You save me Your unworthy servant, by the prayers of our all pure sovereign Lady Theotokos and all the saints who have been well-pleasing to You throughout the ages: for You are blessed unto the ages of ages. Amen.







## KATHISMA 19

### Psalm 134

*Alleluia.*

**P**raise the name of the Lord! Alleluia! Praise Him servants of the Lord! Alleluia!

2 You that stand in the house of the Lord, in the courts of the house of our God.

3 Praise the Lord, for the Lord is good; Sing praises to His name, for it is pleasant.

4 For the Lord has chosen Jacob for Himself, Israel for His special treasure.

5 For I know, the Lord is great, that our Lord is high above all gods.

6 Whatever the Lord pleased He did, in heaven and on earth, in the seas and in all deep places.

7 Who brings up clouds from the ends of the earth; He makes lightning for the rain; He brings the wind out of His treasures.

8 Who destroyed the first born of Egypt, both of man and beast.

9 Who sent signs and wonders into the midst of you, O Egypt, upon Pharaoh and all his servants.

10 Who punished many nations and slew mighty kings:

11 Sihon king of the Amorites, Og king of Bashan, and all the kingdoms of Canaan;

12 And gave their land as a heritage, a heritage to Israel His people.

13 Your name, Lord, endures forever; And Your memorial, O Lord, throughout all generations.

14 For the Lord will judge His people, and He will repent Himself concerning His servants.

15 The idols of the nations are silver and gold, the work of men's hands.

16 They have mouths, but they do not speak; They have eyes, but they do not see;

17 They have ears, but they hear not; Nor is there any breath in their mouths.

18 They that make them are like them; So is everyone who trusts in them.

19 Bless the Lord, O house of Israel! Bless the Lord, O house of Aaron!

20 Bless the Lord, O house of Levi! You who fear the Lord, bless the Lord!

21 From Zion may the Lord be blessed, He Who dwells in Jerusalem. Alleluia!

## Psalm 135

*Alleluia.*

**G**ive thanks to the Lord for He is good! Alleluia! For His great mercy is without end. Alleluia!

2 Give thanks to the God of gods! For His mercy endures forever.

3 Give thanks to the Lord of lords! For His mercy endures forever:

4 To Him that alone does great wonders; For His mercy endures forever;

5 To Him that by wisdom made the heavens; For His mercy endures forever;

6 To Him that stretched out the earth above the waters; For His mercy endures forever;

7 To Him that made great lights; For His mercy endures forever:

8 The sun to rule by day; For His mercy endures forever;

9 The moon and stars to rule by night; For His mercy endures forever.

10 To Him that struck Egypt in their first born; For His mercy endures forever;

11 And brought out Israel from among them; For His mercy endures forever;

12 Arm outstretched; with power in His hand; Alleluia! For His great mercy is without end. Alleluia!

13 To Him that divided the Red Sea in two; For His mercy endures forever;

14 And made Israel pass through the midst of it; For His mercy endures forever;  
15 But overthrew Pharaoh and his army in the Red Sea; For His mercy endures forever;  
16 To Him Who led His people through the wilderness; For His mercy endures forever;  
17 To Him Who struck down great kings; For His mercy endures forever;  
18 And slew famous kings; For His mercy endures forever:  
19 Sihon king of the Amorites; For His mercy endures forever;  
20 And Og king of Bashan; For His mercy endures forever;  
21 And gave their land as a heritage; For His mercy endures forever;  
22 Even a heritage to Israel His servant; For His mercy endures forever.  
23 Who remembered us in our lowly state; For His mercy endures forever;  
24 And He snatched us from our enemies, Alleluia! For His great mercy is without end. Alleluia!  
25 Who gives food to all flesh; For His mercy endures forever.  
26 Give thanks to the God of heaven! Alleluia! For His great mercy is without end. Alleluia!

## Psalm 136

*A Psalm of David.*

**B**y the rivers of Babylon, we sat down and wept, when we remembered Zion.  
2 We hung our harps upon the willows in the midst of it.  
3 For there they that had taken us captive, required of us a song; And they that carried us away, required of us mirth, saying, "Sing us one of the songs of Zion!"  
4 How shall we sing the Lord's song in a strange land?  
5 If I forget you, O Jerusalem, let my right hand wither!  
6 If I do not remember you, let my tongue cling to the roof of my mouth, If I prefer not Jerusalem above my supreme joy.  
7 Remember, O Lord, the children of Edom, in the day of Jerusalem, who said, "Raze it, raze it, to its very foundation!"  
8 O daughter of Babylon, who is to be destroyed, happy shall he be who repays you as you have served us!

9 Happy shall he be who takes and dashes your little ones against the stone.

*Glory to the Father and to the Son and to the Holy Spirit; Now and ever and unto ages of ages. Amen; Alleluia, alleluia, alleluia glory to You O God (3x); Lord have mercy (3x); Glory to the Father and to the Son and to the Holy Spirit; Now and ever and unto ages of ages. Amen.*

### **Psalm 137**

*A Psalm of David.*

**I** will give thanks to You, O Lord with my whole heart; I will praise You before the angels, for You have heard the word of my mouth.

2 I will worship toward Your holy temple, and praise Your name for Your kindness and Your truth, for You have magnified Your name above all names.

3 In the day when I cried out, You answered me, and strengthened me with power in my soul.

4 All the kings of the earth shall praise You, O Lord, when they hear the words of Your mouth.

5 They shall sing of the ways of the Lord, for great is the glory of the Lord.

6 Though the Lord is on high, yet He has compassion on the lowly; But He looks upon the proud from afar.

7 Though I walk in the midst of trouble, You will revive me; You will stretch out Your hand against the wrath of my enemies, and Your right hand will save me.

8 You will repay them, on my behalf, O Lord, for Your mercy endures forever; Do not forsake the works of your hands.

### **Psalm 138**

*A Psalm of David. To the Chief Musician.*

**O** Lord, You have searched me and known me.

2 You know my sitting down and my rising up; You understand my thought afar off.

3 You comprehend my path and my lying down, and are acquainted with all my ways.

4 For there is not a word on my tongue, but behold, O Lord, You know it altogether, the last and the first.

5 You have fashioned me, and laid Your hand upon me.  
6 Such knowledge is too much for me, it is too high, I cannot attain it.  
7 Where can I go from Your spirit? Or where can I flee from Your presence?  
8 If I ascend into heaven, You are there; If I go down to Hades, behold, You are there.  
9 If I spread my wings in the morning to fly, and dwell in the uttermost parts of the sea,  
10 Even there Your hand shall lead me, and Your right hand shall hold me.  
11 If I say, "Surely the darkness shall cover me," even the night shall be light about me;  
12 Indeed, the darkness cannot hide me from You, for with You, the night shines as the day; The darkness and the light are both alike to You.  
13 For You have formed my reins; You have covered me in my mother's womb.  
14 I will praise You, for I am fearfully and wonderfully made; Marvelous are Your works, and that my soul knows very well.  
15 My frame was not hidden from You, when I was made in secret, and skillfully wrought in the lowest part of the earth.  
16 Your eyes saw my substance, being yet unformed. And in your book all my members were written, the days fashioned for me, when as yet there were none of them!  
17 How precious also are your thoughts to me, O God! How great is the sum of them!  
18 If I should count them, they are more in number than the sand; When I awake, I am still with You.  
19 Surely You would slay the wicked, O God! Depart from me, you men of blood!  
20 For they speak against You wickedly, and Your enemies take Your name in vain.  
21 Do I not hate them, O Lord, that hate You? And wasted away because of Your enemies?  
22 I have hated them with perfect hatred, and I count them my enemies.  
23 Search me, O God, and know my heart; Try me and know my thoughts;  
24 And see if there is any wicked way in me, and lead me in the way everlasting.

**Psalm 139**

*A Psalm of David. To the Chief Musician.*

**R**escue me, O Lord, from the evil men; preserve me from the violent men,

2 Which imagine mischief in their hearts; They continually gather together for war.

3 They sharpened their tongues like a serpent; The poison of asps is under their lips.

4 Keep me, O Lord, from the hands of the wicked; preserve me from violent men, who have proposed to overthrow my goings.

5 The proud have hidden a snare for me, and cords; They have spread a net by the wayside; they have set traps for me.

6 I said to the Lord: "You are my God; Hear the voice of my supplications, O Lord."

7 O Lord God, the strength of my salvation, You have covered my head in the day of battle.

8 Grant not O Lord, the desires of the wicked; Do not further his wicked devices, lest they be exalted.

9 As for the head of those who surround me, let the mischief of their own lips cover them;

10 Let burning coals fall upon them; Let them be cast into the fire, into deep pits, that they rise not up again.

11 Let not an evil speaker be established in the earth; Evil shall hunt the violent man to overthrow him."

12 I know that the Lord will maintain the cause of the afflicted, and the right of the poor.

13 The righteous shall give thanks to Your name; The upright shall dwell in Your presence.

**Glory** to the Father and to the Son and to the Holy Spirit; Now and ever and unto ages of ages. Amen; Alleluia, alleluia, alleluia glory to You O God (3x); Lord have mercy (3x); Glory to the Father and to the Son and to the Holy Spirit; Now and ever and unto ages of ages. Amen.

**Psalm 140***A Psalm of David.*

**L**ord, I have cried to You; Hear me! Attend to the voice of my supplication when I cry to You.

2 Let my prayer arise in your sight as incense, and let the lifting up of my hands be an evening sacrifice.

3 Set a guard, O Lord, over my mouth; And keep watch over the door of my lips.

4 Incline not my heart to any evil thing, nor to practice wicked deeds with men who work iniquity; And do not let me join with their choice ones.

5 The righteous shall chasten me with mercy and reprove me; But the oil of the wicked shall never touch my head. Yet even then I will pray for their good will.

6 Their judges are overthrown by the sides of the cliff, and they hear my words, for they are sweet.

7 Our bones are scattered at the mouth of the grave, as a lump of earth is crushed upon the ground.

8 But my eyes are upon You, O God the Lord; In You I must trust; Do not leave my soul destitute.

9 Keep me from the snares which they have laid for me, and from the traps of the workers of iniquity.

10 Let the wicked fall into their own nets, while I escape safely.

**Psalm 141***A Psalm of David. For Instruction. When He Was in the Cave Praying.*

**I** cry out to the Lord with my voice; With my voice to the Lord I make my supplication.

2 I pour out my complaint before Him; I showed before Him my trouble.

3 When my spirit was fainted within me, then You knew my path. In the way in which I walk they have secretly laid a snare for me.

4 I looked on my right hand and beheld, but there was no one who knew me; Refuge failed me; No one cared for my soul.

5 I cried out to You, O Lord: I said: "You are my refuge, my portion in the land of the living.

6 Attend to my cry, for I am brought very low; Deliver me from my

persecutors, for they are stronger than I.

7 Bring my soul out of prison, that I may praise Your name; The righteous shall surround me, for You shall deal bountifully with me.”

## Psalm 142

*A Psalm of David. For Instruction. When His Son Abessalom was Persecuting Him.*

**L**ord hear my prayer; Listen to my supplication, in Your truth; Answer me, in Your righteousness.

2 Do not enter into judgment with Your servant, for in Your sight no one living is righteous.

3 For the enemy has persecuted my soul; He has crushed my life down to the ground; He has made me dwell in darkness, like those who have long been dead.

4 Therefore my spirit is overwhelmed within me, and my heart is in despair.

5 I remember the days of old; I meditate on all Your works; I pondered the works of Your hands.

6 I stretch out my hands to You; My soul thirsts after You like a thirsty land.

7 Hear me speedily, O Lord; My spirit fails! Do not hide Your face from me, lest I be like those who go down into the pit.

8 Cause me to hear Your loving-kindness in the morning, for in You do I trust; Teach me the way in which I should walk, for I lift up my soul to You.

9 Deliver me, O Lord, from my enemies; For I have fled to You for refuge.

10 Teach me to do Your will, for You are my God; Your good Spirit shall guide me on the straight path.

11 Revive me, O Lord, for Your name's sake! In Your righteousness, You shall bring my soul out of trouble.

12 In Your mercy, cut off my enemies, and destroy all those who afflict my soul; For I am Your servant.

**Glory** to the Father and to the Son and to the Holy Spirit; Now and ever and unto ages of ages. Amen; Alleluia, alleluia, alleluia glory to You O God (3x); Lord have mercy (3x); Glory to the Father and to the Son and to the Holy Spirit; Now and ever and unto ages of ages. Amen.



### Prayers after the Nineteenth Kathisma

Heavenly King, Comforter, Spirit of Truth, Who are present everywhere and fulfilling all things, Treasury of Blessings and Source of Life: Come abide in us, cleanse us of all stain, and save our souls, O Good One.

Holy God, Holy Mighty, Holy Immortal, have mercy on us (3x)

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever and unto ages of ages. Amen.

All Holy Trinity, have mercy on us. Lord, cleanse us of our sins. Master, pardon our transgressions. Holy One, visit and heal our infirmities, for the glory of Your name.

Lord, have mercy (3x).

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever and unto ages of ages. Amen.

Our Father, Who art in heaven, hallowed be Thy Name. Thy kingdom come, Thy will be done on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses as we forgive those who trespass against us. And lead us not into temptation, but deliver us from the evil one.

Come, let us worship God our King. Come, let us worship and fall down before Christ, our King. Come, let us worship and fall down before Christ Himself, our King and our God.

*And these troparia, Tone 7:*

Gratefully I glorify You, my God, for You grant repentance to each one who sins. O Savior, when You come to judge the whole world, do not shame me who have committed shameful deeds.

Glory to the Father, and to the Son, and to the Holy Spirit:

Endlessly I have transgressed against You and endless are the torments I await. Have compassion, O my God, and save me.

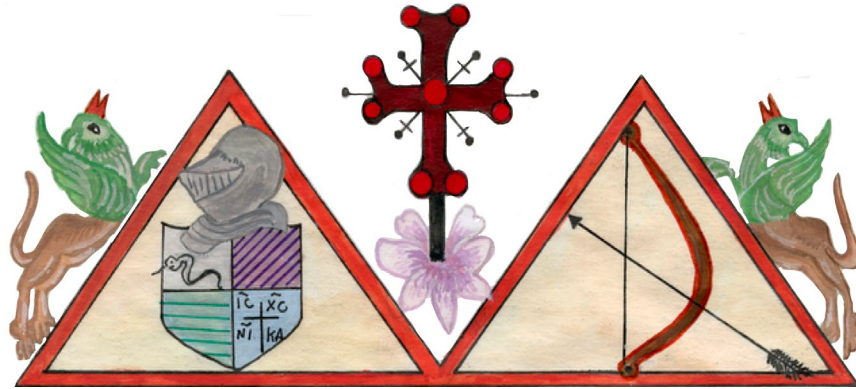
Now and ever and unto ages of ages. Amen.

I run for refuge to the multitude of your mercies; tear asunder the chains of my sins, O Mother of God.

Lord, have mercy (40x)

Master, Christ God, Who heal my passions by Your Passion and cure my wounds by Your wounds, grant tears of tender compunction to me who have greatly sinned against You. Unite to my body the fragrance of Your life-creating Body and by Your precious Blood sweeten my soul of the bitterness the adversary has given me to drink. Lift my mind, drawn ever downwards, to Yourself, and lead me up from the abyss of perdition; for I have no repentance, I have no tenderheartedness, I have no comforting tears which raise children up to their inheritance. I have darkened my mind with the passions of this life and cannot raise my eyes to You with distress, I cannot warm myself with tears of love for You; but O Lord and Master, Jesus Christ, Treasury of Blessings, grant me thorough repentance and a diligent heart to seek after You; grant me Your grace and renew in me the semblance of Your image. I have forsaken You, do not forsake me. Come out in search of me, lead me up to Your pastures, and number me with Your chosen flock, nourishing me with them upon the grass of Your Divine Mysteries, by the prayers of Your most holy Mother and all Your saints. Amen.





## KATHISMA 20

### Psalm 143

*A Psalm of David. Against Goliath.*

**B**lessed be the Lord my God, Who trains my hands for war, and my fingers for battle;  
2 My mercy and my refuge; My helper and my deliverer; My protector, and the One in Whom I take refuge; Who subdues my people under me.  
3 Lord, what is man, that You take knowledge of him? Or the son of man, that You take account of him?  
4 Man is likened to vanity; His days are like a passing shadow.  
5 Incline Your heavens, O Lord, and come down; Touch the mountains and they shall smoke.  
6 Cast forth lightning and scatter them; Shoot out Your arrows and destroy them.  
7 Send Your hand from above; Rescue me and deliver me out of great waters, from the hand of foreigners,  
8 Whose mouth speaks vain words, and whose right hand is a right hand of falsehood.  
9 I will sing a new song to You, O God; Upon a psaltery and an instrument of ten strings I will sing praises to You,  
10 It is He Who gives salvation to kings, Who delivers David His servant from the hurtful sword.

11 Rescue me and deliver me from the hand of strange children, Whose mouth speaks vain words, and Whose right hand is a right hand of falsehood.

12 That our sons may be as plants grown up in their youth; That our daughters may be as cornerstones, polished in palace style;

13 That our barns may be full, supplying all kinds of produce; That our sheep may bring forth thousands and ten thousands in our streets;

14 That our oxen may be fat; That there be no breaking in or going out; That there be no complaining in our streets.

15 Happy are the people who are in such a state; Happy are the people whose God is the Lord!

### **Psalm 144**

*A Psalm of David. A Psalm of Praise.*

**I** will exalt You my God and my King; And I will bless Your name for ever and ever.

2 Every day I will bless You, and I will praise Your name forever and ever.

3 Great is the Lord, and greatly to be praised; And His greatness is without end.

4 One generation shall praise Your works to another, and shall declare Your mighty acts.

5 They will tell the glorious splendor of Your holiness, and will recount Your wondrous works.

6 Men shall speak of the might of Your terrible acts, and will declare Your greatness.

7 They shall utter the memory of Your great goodness, and shall sing of Your righteousness.

8 The Lord is gracious and full of compassion, slow to anger and of great mercy.

9 The Lord is good to all, and His tender mercies are over all His works.

10 All Your works shall praise You, O Lord, and Your saints shall bless You.

11 They shall speak of the glory of Your kingdom, and talk of Your power,

12 To make known to the sons of men His mighty acts, and the glorious majesty of His kingdom.

13 Your kingdom is an everlasting kingdom, and Your dominion endures throughout all generations.

14 The Lord upholds all who fall, and raise up all those who are bowed down.

15 The eyes of all hope in You, and You give them food in due season.

16 You open Your hand and satisfy the desire of every living thing.

17 The Lord is righteous in all His ways, and gracious in all His works.

18 The Lord is near to all who call upon Him, to all who call upon Him in truth.

19 He will fulfill the desire of those who fear Him; He also will hear their cry and save them.

20 The Lord preserves all who love Him, But all the wicked He will destroy.

21 My mouth shall speak the praise of the Lord, and let all flesh bless His holy name forever and ever.

*Glory to the Father and to the Son and to the Holy Spirit; Now and ever and unto ages of ages. Amen; Alleluia, alleluia, alleluia glory to You O God (3x); Lord have mercy (3x); Glory to the Father and to the Son and to the Holy Spirit; Now and ever and unto ages of ages. Amen.*

## Psalm 145

*A Psalm of Aggeus and of Zacharias. Alleluia.*

**P**raise the Lord, O my soul!

2 I will praise the Lord as long as I live; I will sing praises to my God while I have my being.

3 Do not put your trust in princes, nor in the sons of men, in whom there is no salvation.

4 His breath shall go forth, and he shall return to his earth; In that very day his plans perish.

5 Blessed is he whose helper is the God of Jacob, whose hope is in the Lord his God,

6 Who made heaven and earth, The sea and all that is in them; Who keeps truth forever,

7 Who executes judgment for the oppressed, Who gives food to the hungry. The Lord gives freedom to the prisoners.

8 The Lord gives wisdom to the blind; The Lord raises those who are bowed down; The Lord loves the righteous.

9 The Lord watches over the strangers; He relieves the orphan and widow;  
But the way of the wicked He turns upside down.  
10 The Lord shall reign forever, your God, O Zion, to all generations.

### Psalm 146

*A Psalm of Aggeus and of Zacharias. Alleluia.*

**P**raise the Lord! For it is good to sing praises to our God; It is pleasant and praise is beautiful.

2 The Lord builds up Jerusalem; He gathers together the outcasts of Israel.  
3 He heals the brokenhearted and binds up their wounds.  
4 He counts the number of the stars; he calls them all by name.  
5 Great is our Lord, and mighty in power; His understanding is infinite.  
6 The Lord lifts up the meek; He casts the wicked down to the ground.  
7 Sing to the Lord with thanksgiving; Sing praises on the harp to our God,  
8 Who covers the heavens with clouds, Who prepares rain for the earth,  
Who makes grass to grow on the mountains.  
9 He gives to the beast its food, and to the young ravens that cry.  
10 He delights not in the strength of the horse; He takes no pleasure in the legs of a man.  
11 The Lord takes pleasure in them that fear Him, in those who hope in His mercy.

### Psalm 147

*A Psalm of Aggeus and of Zacharias. Alleluia.*

**P**raise The Lord, O Jerusalem, Praise Your God, O Zion!

2 For He has strengthened the bars of your gates; He has blessed your children within you.  
3 He makes peace in your borders, and fills you with the finest wheat.  
4 He sends out His command to the earth; His word runs very swiftly.  
5 He gives snow like wool; He scatters the frost like ashes;  
6 He casts out His ice like morsels; Who can stand before His cold?  
7 He sends out His word and melts them; He causes His wind to blow, and the waters flow.  
8 He declares His word to Jacob, His statutes and His judgments to Israel.  
9 He has not dealt thus with any nation; And as for His judgments, they have not known them.

*Glory to the Father and to the Son and to the Holy Spirit; Now and ever and unto ages of ages. Amen; Alleluia, alleluia, alleluia glory to You O God (3x); Lord have mercy (3x); Glory to the Father and to the Son and to the Holy Spirit; Now and ever and unto ages of ages. Amen.*

## Psalm 148

*A Psalm of Aggeus and of Zacharias. Alleluia.*

**P**raise the Lord from the heavens; Praise Him in the heights!  
2 Praise Him all His angels; Praise Him all His hosts!  
3 Praise Him sun and moon; Praise Him all you stars of light!  
4 Praise Him, you heavens of heavens, and you waters above the heavens!  
5 Let them praise the name of the Lord, for He commanded and they were created.  
6 He has also established them forever and ever; He has made a decree which shall not pass away.  
7 Praise the Lord from the earth, you great sea creatures and all the depths;  
8 Fire and hail, snow and ice; Stormy wind, fulfilling His word;  
9 Mountains and all hills; fruitful trees and all cedars;  
10 Beasts and all cattle; Creeping things and flying fowl;  
11 Kings of the earth and all peoples; Princes and all judges of the earth;  
12 Both young men and maidens; Old men and children.  
13 Let them praise the name of the Lord, for His name alone is exalted; His glory is above the earth and heaven.  
14 He has exalted the horn of His people, a praise for all His saints, even of the children of Israel, a people near to Him.

## Psalm 149

*Alleluia.*

**S**ing to the Lord a new song; His praise in the assembly of the faithful.  
2 Let Israel rejoice in their maker; Let the children of Zion be joyful in their King.  
3 Let them praise His name with the dance; let them sing praises to Him with the timbrel and harp.

4 For the Lord takes pleasure in His people; And will exalt the humble with salvation.

5 Let the saints be joyful in glory; Let them sing aloud on their beds.

6 The high praises of God shall be in their mouth, and a two-edged sword in their hand.

7 To execute vengeance on the nations, and punishments on the peoples;

8 To bind their kings with chains, and their nobles with fetters of iron;

9 To execute on them the written judgment. This honor have all His saints.

### Psalm 150

*Alleluia.*

**P**raise God in His saints; Praise Him in His mighty firmament!

2 Praise Him for His mighty acts; Praise Him according to His abundant glory!

3 Praise Him with the sound of the trumpet; Praise Him with psaltery and harp!

4 Praise Him with the timbrel and dance; Praise Him with stringed instruments and flutes;

5 Praise Him with resounding cymbals; Praise Him with cymbals of triumph!

6 Let everything that breathes praise the Lord!

***G**lory to the Father and to the Son and to the Holy Spirit; Now and ever and unto ages of ages. Amen; Alleluia, alleluia, alleluia glory to You O God (3x); Lord have mercy (3x); Glory to the Father and to the Son and to the Holy Spirit; Now and ever and unto ages of ages. Amen.*

### Prayers after the Twentieth Kathisma

Heavenly King, Comforter, Spirit of Truth, Who are present everywhere and fulfilling all things, Treasury of Blessings and Source of Life: Come abide in us, cleanse us of all stain, and save our souls, O Good One.

Holy God, Holy Mighty, Holy Immortal, have mercy on us (3x)

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever and unto ages of ages. Amen.



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All Holy Trinity, have mercy on us. Lord, cleanse us of our sins. Master, pardon our transgressions. Holy One, visit and heal our infirmities, for the glory of Your name.

Lord, have mercy (3x).

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever and unto ages of ages. Amen.

Our Father, Who art in heaven, hallowed be Thy Name. Thy kingdom come, Thy will be done on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses as we forgive those who trespass against us. And lead us not into temptation, but deliver us from the evil one.

Come, let us worship God our King. Come, let us worship and fall down before Christ, our King. Come, let us worship and fall down before Christ Himself, our King and our God.

*Then these troparia, Tone 8:*

You, O my Christ, are the fulfillment of all that is good; fill my soul with joy and gladness as You alone abound in mercies; and save me.

Glory to the Father, and to the Son, and to the Holy Spirit:

Although I have sinned against You, O Christ my Savior, I know no other God but You. Therefore I make bold to trust in Your great goodness: receive me who return as the prodigal son, O Father of great goodness, Son only-begotten and Holy Spirit; save me.

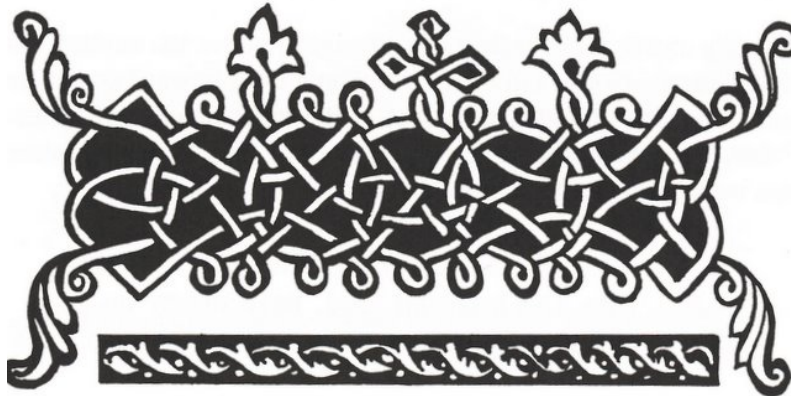
Now and ever and unto ages of ages. Amen.

I know no other refuge or warm advocate beside you, O sovereign Lady, who have boldness before the One born of you; help me, Your servant.

Lord, have mercy (40x).

Lord Jesus Christ my God, have mercy on me a sinner, and forgive me Your unworthy servant who have greatly sinned against You throughout my life to

this very day; in whatever way I have humanly transgressed, forgive me: my voluntary and involuntary sins, or word or deed, of mind or thought, due to distractedness, heedlessness, my great laziness or negligence. If I have sworn by Your Name, taken a false oath or blasphemed in my thoughts; if I have reproached, slighted or saddened anyone; if I have been angered in some way or taken what is not mine; if I have eaten on the sly, told an untruth, or have been adulterous; if someone approached me and I spurned him; if I have grieved or troubled my brother; if when standing in prayer and psalmody my evil mind was distracted by evil thing; if I have enjoyed endless chatter, laughed frivolously or spoken blasphemy; if I have been vainglorious or prideful; if I have gazed upon vain beauty and been led astray by it or dwelt upon it indecently; if at the time for prayer I have been negligent or if I have not heeded the bidding of my spiritual father; if I have engaged in idle talk or done some other evil thing- for I have done all this and more, but fail to call it to mind: have mercy, O Lord, and Forgive me everything, that I might lie down and sleep in peace; hymning, blessing and glorifying You with Your beginningless Father and Your all-holy good and life-creating Spirit, now and ever and unto ages of ages. Amen.



## THE NINE ODES OF MOSES





## THE FIRST ODE

An Ode of Moses in the Exodus.

(Exodus 15: 1-19)

**L**et us sing to the Lord, for greatly has He been glorified; Horse and rider He has thrown into the sea.

2 A helper and protector was He unto me for salvation: This is my God and I will glorify Him; My father's God, and I will exalt Him.

3 The Lord is bringing wars to nothing; His name is the Lord.

4 The chariots of Pharaoh and his army He has thrown into the sea; The chosen mounted captains also were swallowed up in the Red Sea.

5 The depths have covered them; They sank to the depth like a stone.

6 Your right hand, O Lord, has been glorified in strength; Your right hand, O Lord, has dashed the enemy in pieces.

7 And in the abundance of Your glory You have broken the adversaries to pieces; You sent forth Your wrath which consumed them like stubble.

*For 14 verses*

8 And by the breath of Your anger, the waters parted asunder; The waters stood upright like a wall; And the waves were congealed in the midst of the sea.

9 The enemy said, "I will pursue, I will overtake, I will divide the spoil; I will satisfy my soul. I will destroy with my sword, my right hand shall have dominion..."

10 You sent forth Your winds, and the sea covered them; They sank like lead in the mighty waters.

11 Who is like You, O Lord, among the gods? Who is like You, glorious in holiness, marvelous in glories and doing wonders?

12 You stretched out Your right hand and the earth swallowed them up.

13 In Your mercy, You have led forth Your people whom You have redeemed; You have guided them by Your strength and called them to Your resting place.

14 The nations heard and became angry; Fear and sorrow took hold of the inhabitants of Palestine.

*For 8 verses*

15 The rulers of Edom and the princes of Moab were dismayed; Trembling took hold of them, and all the inhabitants of Canaan melted away.

16 Let trembling fear fall upon them; And by the greatness of Your arm, let them become as a stone,

*For 6 verses*

Until Your people pass over, O Lord, until this Your people pass over, whom You have purchased.

17 Bring them in, and plant them in the mountain of their inheritance, in the place, O Lord, which You have prepared for their habitation, the sanctuary which Your hands have made ready.

*For 4 verses*

18 The Lord shall reign for ever and ever.

19 For the horses of Pharaoh with his chariots and riders went down into the sea, and the Lord brought upon them the waters of the sea. But the children of Israel walked through dry land in the midst of the sea.

*Glory to the Father and to the Son and to the Holy Spirit. Now and ever and unto ages of ages. Amen.*



## THE SECOND ODE

An Ode of Moses in the Deuteronomy.

(Deut. 32: 1-43)

*This ode is read to the end, without interruption, during the Great Lent, on Tuesday at Matins. As for the troparia of the Second Ode of the Canon, we say: " Glory to You our God, Glory to You."*

### ***An Ode of Moses, after the Law had been written again:***

**A**ttempt, O heavens, and I will speak; Hear, O earth, the words of my mouth.

2 Let my speech drop as the rain, and my words come down as the dew, as shower upon the tender herb, and as snow upon the grass.

3 For I have called on the name of the Lord: You people, assign greatness to our God!

4 As for God His words are true, and all His ways are judgment: God is faithful and there is no unrighteousness in Him; Just and holy is the Lord.

5 They have sinned; They have sinned, not pleasing Him; spotted children, a crooked and perverse generation!

6 Is this the recompense you pay to the Lord, O foolish and unwise generation? Is He not your Father Who adopted you? Has He not made you and established you?

7 Remember the days of old, consider the years of many generations. Ask Your father, and he will show you your elders, and they will tell you:

8 When the Most High divided the nations, when He separated the sons of Adam, He set the boundaries of the peoples according to the number of the angels of God.

9 And His people Jacob became the portion of the Lord, Israel was the line of His inheritance.

10 He filled him with abundance in the wilderness, in that thirsting of heat, in the dry land; He encircled him, He instructed him, and He kept him as the apple of His eye.

11 As an Eagle would watch over its nest, hovers over its young, receive them spreading out its wings, takes them up, and carries them on his back,

12 The Lord alone led them, and there was no foreign god among them.

13 He brought them up on the fertile land, He fed them the fruit of the fields; They drew honey out of stone and oil from the solid rock;

14 With butter of cows and milk of the sheep, with fat of lambs and rams,

and bulls and goats, with choicest wheat. And they drank wine, the blood of the grapes.

15 So Jacob ate and was filled, and the beloved kicked; He grew fat, he became thick and broad, and forsook God that made him, and departed from God his Savior.

16 They provoked Me to anger with foreign gods; With abomination they embittered Me.

17 They sacrificed to demons, and not to God; They sacrificed to gods they did not know, new and fresh gods, that their fathers did not fear.

18 “You have forsaken God that begot you, and have forgotten God Who feeds you.”

19 And the Lord saw and was jealous, because of the provocation of His sons and daughters.

20 And He said, “I will hide My face from them, and I will show what their end will be, for it is a perverse generation, children in whom there is no faith.

21 They provoked Me to jealousy with that which is not god; They have exasperated Me with their idols. But I will make them jealous with those who are not a nation; With a foolish nation I will provoke them to wrath.

22 For a fire is kindled in My anger, and shall burn to the lowest hell; It shall consume the land and the fruits on it, and set on fire the foundations of the mountains.

23 I will gather evils upon them, and will fight with My weapons against them:

24 They shall be consumed with hunger and the devouring of birds, pestilence and bitter destruction; I will send forth against them the teeth of wild beasts, with the poison of serpents who creep upon the earth.

25 The sword shall destroy outside; But there also shall be terror within for the young man and virgin, for the nursing child and man of gray hairs.

26 I said, “I will dash them in pieces, I will make the memory of them to cease from among men,”

27 Were it not for the wrath of their enemy, their adversaries should combine against them, “Our own high hand, and not the Lord has done all these things.”

28 For they are a nation who has lost counsel, nor is there any understanding in them.

29 Oh, that they were wise to understand this, and to see their latter end!

30 And to ponder: How could one man chase a thousand, and two men put to flight ten thousands, unless the Lord had sold them and delivered them?



31 For their gods are not as our God; But our enemies are void of understanding.

32 For their vine is of the vine of Sodom, and their vine branch of the fields of Gomorrah; Their grapes are grapes of gall, and their clusters are bitter.

33 Their wine is the rage of serpents, and the incurable rage of asps.

34 Lo, are not all these things stored up by Me and sealed among My treasures?

35 “Vengeance is Mine” says the Lord; “And Mine is the recompense.” Let the Lord judge His people. The foot of their enemy shall slip in due time; The day of their calamity is coming.

36 For the Lord will judge His people and have compassion on His servants, when He sees that their power is gone, and had failed in their invasion.

37 And the Lord said: “Where are their gods in Whom they trusted? The rock in which they sought refuge?

38 The fat of whose sacrifices you ate, and the wine of whose libations you drank? Let them rise and help you and be your protectors.

39 See that I am Your God, and there is no god beside Me; I kill and I make alive; I wound and I heal; And there is none who can deliver out of My hands.

40 For unto heaven I will lift up My hand, and say: “I live unto eternity.”

41 I will sharpen My sword like lightning, and My hand shall take hold of judgment; I will render justice unto Mine enemies, and repay those who hate Me.

42 My sword shall devour flesh, and My arrows shall become drunk with the blood of the leaders of the enemy who rule over them.

43 Rejoice you heavens with Him, and let all the angels of God worship Him! Be glad, O nations of the earth, together with His people; And let all the sons of God, be strengthened unto Him! For He repays His adversaries, and executes vengeance upon His enemies. As for His people and His land, He will provide atonement.

*Glory to the Father and to the Son and to the Holy Spirit. Now and ever and unto ages of ages. Amen.*

## THE THIRD ODE

A Prayer of Anna, the Mother of Samuel the Prophet.  
(*I Samuel, 2:1-10*)

“**M**y heart rejoices in the Lord; My horn is exalted in my God, and my mouth is enlarged over my enemies, because I rejoice in Your salvation.

2 There is none holy as the Lord, there is none righteous as our God, and there is none holy beside You.

3 Talk no more so very proudly; Let no arrogance come from your mouth, for the Lord is the God of knowledge and He prepares His own actions.”

*For 14 verses*

4 The bows of the mighty men are broken, and the weak have girded themselves with strength.

5 Those who were full of bread are brought low, and the hungry have forsaken the land; For the barren has born seven, and she that abounded in children has become feeble.

6 The Lord kills and makes alive; Brings down to the grave and brings up again.

7 The Lord makes poor, and the Lord makes rich; He brings low, and He lifts up.

8 He raises the poor from the earth, and lifts the beggar from the dunghill, to seat him with the princes of the people, and make him inherit the throne of glory;

*For 8 verses*

9 Granting his petition to him that prays, and blesses the years of the righteous man. For by his own strength no man can prevail.

10 The Lord will weaken His adversary; The Lord is holy.

*For 6 verses*

Let not the wise man boast in his wisdom; Nor let the mighty man boast in his strength, and let not the rich man boast in his wealth. But let them all boast in this, to understand and know the Lord, and how He executes judgment and justice in the midst of the earth.

*For 4 verses*

The Lord has gone up to heaven, and from heaven He will thunder against them; The Lord will judge the ends of the earth, for He is righteous.

The Lord will give strength to His kings, and exalt the horn of His anointed one.

*Glory to the Father and to the Son and to the Holy Spirit. Now and ever and unto ages of ages. Amen.*



## THE FOURTH ODE

A Prayer of Habakkuk the Prophet.

(*Abb. 3:2-19*)

**O** Lord, I have heard Your report, and I was afraid; I considered Your works, and I was amazed. You shall be known between the two living creatures; You shall be acknowledged when the years draw nigh; You shall be manifested when the time is come. When my soul is in trouble, You, in Your anger, shall remember mercy.

3 God came from Teman, The Holy One from the dark shady mountain Pharan.

4 His glory covered the heavens, and the earth was full of His praise. His brightness shall be like as light; And He will have rays flashing from His hands; And a mighty love will come out of His strength.

5 Before His face shall go a report, and it shall go forth into the plains;

6 The earth stood at His feet and trembled. He looked at the nations, and they melted away; The everlasting mountains violently burst through, and the everlasting hills bowed at His everlasting going forth.

7 I saw the tents of the Ethiopians in affliction; Even the tabernacles of the land of Midian were dismayed.

8 O Lord, were You displeased with the rivers, was Your anger against the rivers, or Your wrath against the sea? For You rode on Your horses and Your chariots of salvation.

9 "You bend your bows against the princes of this world," said the Lord. "The land of rivers shall be torn asunder."

10 The nations shall see You and be in pain as You divide the courses of the waters; The deep uttered its voice and raised its hands on high.

11 The sun was exalted and the moon stood still in her course, Your darts shall go forth at the shining of Your glittering weapons.

12 You marched through the land in indignation; And in wrath You will bring down the nations.

13 You went forth for the salvation of Your people, You came to save Your anointed ones.

*For 14 verses*

You struck the head of the wicked, by laying fetters upon his neck.

*Hirmos*

14 You cut asunder with fury the heads of the princes. They shall tremble within themselves; They came out like a whirlwind to scatter me; But their rejoicing was that of a poor man who eats in secret.

15 You caused Your horses to enter the sea, disturbing much water.

16 I watched and my body trembled at the sound of the prayer of my lips, and rottenness entered into my bones, and I was troubled in myself. But I will rest in the day of affliction, waiting to go up to the people of my sojourning.

*For 8 verses*

17 Though the fig-tree shall bear no fruit, and there shall be no produce on the vines; The labor of the olive shall fail, and the fields shall yield no food;

*For 6 verses*

18 Though the flock be cut from the fold, and there be no herd in the stalls; Yet I will be glad in the Lord, and rejoice in God my Savior.

*For 4 verses*

19 The Lord God is my strength, and He will guide my feet unto perfection.

He makes me walk on high places, that I may be victor with His song.

*Glory to the Father and to the Son and to the Holy Spirit. Now and ever and unto ages of ages. Amen.*

## THE FIFTH ODE

A Prayer of Isaiah the Prophet.

(*Isaiah, 26:9-20*)

**M**y spirit seeks You, very early in the morning, O God, for Your commandments are a light upon the earth. Learn righteousness you who dwell on earth.

10 For the wicked one is put down. No one who will not learn righteousness on earth will be able to execute truth; Let the ungodly man be taken away, that he may not see the glory of the Lord.

11 Lord, Your hand is lifted up, but they do not see it now. But when they see it, let them be ashamed.

*For 14 verses*

Jealousy shall seize the uninstructed people, and fire shall devour the adversary.

*Hirmos*

12 O Lord, our God, bestow Your peace upon us; For You have rendered all things to us.

13 O Lord our God, take possession of us; For beside You we have no other God; We call on Your name.

14 But the dead shall not see life, and no physician by any means can raise them up. You brought Your anger upon them and have slain them, and have taken away every male of them.

15 O Lord, add more evils upon the glorious ones of the earth, and make all their memory to perish.

16 O Lord, in affliction, we have remembered You, You have instructed us with small affliction.

*For 8 verses*

17 As a woman with child is in pain and cries out in her pangs, when she draws near the time of her delivery, so we have been in Your sight, O Lord.

18 Because of fear of You, O Lord, we conceived and suffered pangs, and given birth to the spirit of Your salvation on earth.

*For 6 verses*

So we shall not fall, even if all the inhabitants of the earth fall.  
19 The dead shall rise, and all those in the tombs shall awake, and they that are in the earth shall rejoice.

*For 4 verses*

For the dew from You is healing for them. But the land of the ungodly shall perish.  
20 Go my people, enter your chamber, and shut your door behind you; Hide yourself for a little moment, until the indignation of the Lord is past.

*Glory to the Father and to the Son and to the Holy Spirit. Now and ever and unto ages of ages. Amen.*



## THE SIXTH ODE

A Prayer of Jonah the Prophet from out of the sea monster.  
(*Jonah, 2:3-10*)

“**I** cried aloud to the Lord because of my affliction, and He answered me. Out of the womb of Hades I cried, and You heard my voice.  
4 For You cast me into the deep, and the floods surrounded me; All Your billows and Your waves passed over me.  
5 Then I said, ‘I have been cast out of Your sight; Shall I look again toward Your holy temple?’”  
6 The waters encompassed me, even unto my soul; The deep closed around me;

*For 8 verses*

7 My head has gone down to the moorings of the mountains. I went down into the earth, whose bars are the everlasting barriers. Yet, I bring my soul up, out of corruption to You, O Lord my God, and let my life be restored!

*For 6 verses*

8 When my soul was fainting within me, I remembered the Lord; So let my prayer come up to you, even unto Your holy temple.

*For 4 verses*

9 Those who regard vain and false things have forsaken their own mercy.  
10 But I will sacrifice to You with the voice of praise and thanksgiving; Whatever I have vowed for my salvation, I will pay to You, O Lord; of my salvation.

*Glory to the Father and to the Son and to the Holy Spirit. Now and ever and unto ages of ages. Amen.*





## THE SEVENTH ODE

The Prayer of the Holy Three Children.

(From the Apocryphal Books)

(*Daniel, 3:26-56*)

“**B**lessed are You, O Lord, God of our Fathers, and praised and glorified is Your name to the ages of ages.

3 For You are wonderful in all that You have done for us; Your works are true, Your ways are righteous, and all Your judgments truth.

4 You have judged righteously in all things that You have brought upon us, and upon Jerusalem, the holy city of our fathers; For in truth and judgment have You brought all these things upon us, for we have sinned.

5 For we have sinned and committed iniquity, departing from You.

6 In all things have we trespassed, and not obeyed Your commandments, nor kept them, neither have we done as You have commanded us, that it might go well with us.

7 Therefore, all that You have brought upon us, and everything that You have done to us, was done in true judgment.

8 You have delivered us into the hands of lawless enemies, most hateful apostates, and to a king that is unjust and most wicked in all the world.

9 And now we cannot open our mouth, because we have become a shame and reproach to Your servants that worship You.

10 Deliver us not utterly, for Your holy name’s sake, nor cancel totally Your covenant;

11 And cause not Your mercy to depart from us, for the sake of Abraham Your beloved, Isaac Your servant, and Israel Your holy one;

12 To whom You have spoken and promised, that You would multiply their seed as the stars of heaven, and as the sand on the shore of the sea.

13 For we, O Sovereign Master, have become the least of all the nations, and are kept humble this day in all the earth because of our sins.

14 Neither is there at this time any prince, nor prophet, nor leader, nor burnt offering, nor sacrifice, nor oblation, nor incense, nor place to sacrifice before You, and to find mercy.

15 But in a contrite soul and in a spirit of humility may we be accepted.

16 As in the burnt offerings of rams and bulls, and as in ten thousands of fat lambs, so let our sacrifice be in Your sight this day, and hereafter; For we shall not be ashamed who put our trust in You.

17 And now we follow You with all our heart, we fear You and seek Your

face.

18 Put us not to shame; But deal with us according to Your tenderness and according to the multitude of Your mercy.

19 Deliver us also according to Your marvelous works, and give glory to Your name, O Lord. But let all them be ashamed who do evil to Your servants.

20 Let them be confounded in all their power and might, and let their strength be broken.

21 Let them know that You are Lord, the only God, and glorious over the whole world.”

22 And the king’s servants who cast them in, ceased not from heating the furnace naphtha, and pitch, and tow, and wood of the vine.

*For 14 verses*

23 So that the flame streamed out, above the furnace forty-nine cubits.

*Hirmos*

24 And it broke through and enveloped in flames, and burnt the Babylonians around the furnace.

25 But the angel of the Lord came down into the furnace, to be with Azarias and his fellows, and smote the flame of the fire out of the furnace;

26 And made the midst of the furnace like a moist whistling wind, so that the fire touched them not, neither hurt nor troubled them.

27 Then the three, as out of one mouth, praised and blessed and glorified God in the furnace, saying:

*The song of the three youths*

*For 8 verses*

28 Blessed are You, O Lord, the God of our fathers, and praised and exalted are You above all forever.

29 And blessed is the holy name of Your glory, praised and exalted are You above all forever.

*For 6 verses*

30 Blessed are You in the temple of Your holy glory, praised and exalted are You above all forever.

31 Blessed are You who behold the depths, and are sited upon the cherubim, praised and exalted are You above all forever.

*For 4 verses*

32 Blessed are You on the throne of the glory of Your kingdom, praised and exalted are You above all forever.

33 Blessed are You in the in the firmament of the heaven, praised and exalted are You above all forever.

*Glory to the Father and to the Son and to the Holy Spirit. Now and ever and unto ages of ages. Amen.*



## THE EIGHT ODE

The Prayer of the Holy Three Children.

(From the Apocryphal Books)

(*Daniel, 3:57-88*)

**B**less the Lord, all you works of the Lord: Praise and exalt Him above all for ever!

35 Bless the Lord, all you heavens of the Lord: Praise and exalt Him above all for ever!

36 Bless the Lord, all you angels of the lord: Praise and exalt Him above all forever!

37 Bless the Lord, all you waters above the heavens: Praise and exalt Him above all forever!

38 Bless the Lord, all you powers of the Lord: Praise and exalt Him above all forever!

*For 14 verses*

39 Bless the Lord, all you sun and moon: Praise and exalt Him above all forever!

40 Bless the Lord, all you stars of heaven: Praise and exalt Him above all forever!

41 Bless the Lord, every shower and dew: Praise and exalt Him above all forever!

42 Bless the Lord all you winds: Praise and exalt Him above all forever!

43 Bless the Lord, fire and heat: Praise and exalt Him above all forever!

44 Bless the Lord, you light and darkness, nights and days: mountains and hills, and all you things that grow on the earth: fountains and rivers, oceans and monsters of the seas, and all things that move in the waters: Praise and exalt Him above all forever!

*For 8 verses*

45 Bless the Lord, all you birds of the sky, beasts and cattle: Praise and exalt Him above all forever!

46 Bless the Lord, you sons of men; Let Israel bless the Lord: Praise and exalt Him above all forever!

*For 6 verses*

47 Bless the Lord, You priests of the Lord, you servants of the Lord: Praise and exalt Him above all forever!

48 Bless the Lord, You spirits and souls of the righteous, You who are humble of heart: Praise and exalt Him above all forever!

*For 4 verses*

49 Bless the Lord, Ananias, Azarias and Misael: Praise and exalt Him above all forever!

50 Bless the Lord, Apostles, Prophets and Martyrs of the Lord: Praise and exalt Him above all forever!

We bless Father, Son, and Holy Spirit, the Lord: Praise and exalt Him above all forever!

*Glory to the Father and to the Son and to the Holy Spirit. Now and ever and unto ages of ages. Amen.*



## THE NINTH ODE

Magnificat  
(Luke 1:46-55)

*M*y soul magnifies the Lord, and my spirit has rejoiced in God my Savior.

47 For He has regarded the lowliness of His maidservant; For behold, henceforth all generations will call me blessed.

48 For He Who is mighty has done great things for me, and holy is His name; And His mercy is on those who fear Him from generation to generation.

49 He has shown strength with His arm; He has scattered the proud in the imagination of their hearts.

50 He has put down the mighty from their thrones, and exalted the lowly; He has filled the hungry with good things, and the rich He has sent away empty.

51 He has helped his servant Israel, in remembrance of His mercy, as He spoke to our fathers, to Abraham and to his seed forever.

### *The Prayer of Zacharias, the Father of the Forerunner* (Luke, 1:68-79)

68 Blessed is the Lord God of Israel, for He has visited and redeemed His people,

69 And has raised up a horn of salvation for us, in the house of His servant David,

70 As He spoke by the mouth of His holy prophets of old,

71 That we should be saved from our enemies and from the hand of all who hate us,

72 To deal mercifully with our fathers, and to remember His holy covenant,

### *For 8 verses*

73 The oath which He swore to our father Abraham:

74 To grant us, that we be delivered out of the hands of our enemies, that we might serve Him, without fear,

75 In holiness and righteousness before Him all the days of our life.

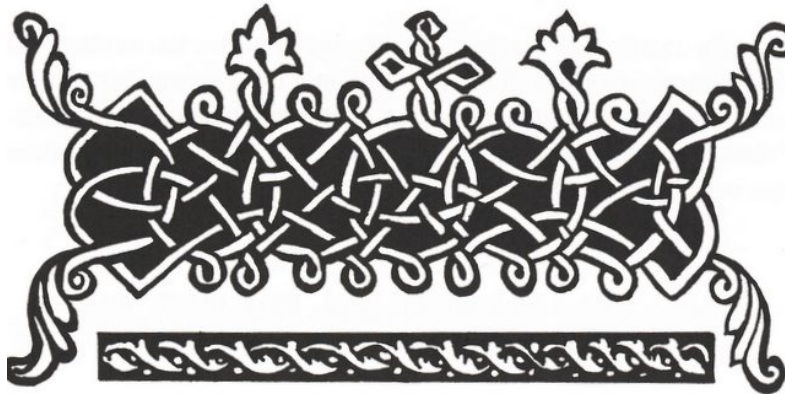
*For 6 verses*

76 And you, child, will be called the prophet of the Most High; For you shall go before the face of the Lord, to prepare His ways,  
77 To give knowledge of salvation to His people, by the remission of their sins,  
78 Through the tender mercy of our God,

*For 4 verses*

With which the Dayspring from on high has visited us;  
79 To give light to those who sit in darkness and the shadow of death, to guide our feet into the way of peace.

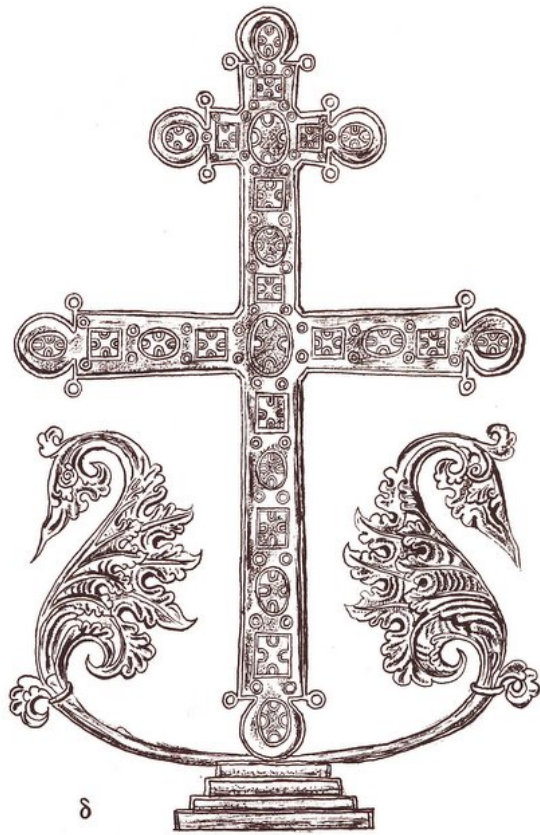
*Glory to the Father and to the Son and to the Holy Spirit. Now and ever and unto ages of ages. Amen.*



**THE END**

# **APPENDIX**





8

## GLOSSARY

- Eciogarion:** A selection of verses from the Psalter appropriate to the feast.
- Kathisma:** The twenty sections into which the Psalter is divided.  
(Plural form: Kathismata)
- Polyleos:** A term applied primarily to Psalms 134 and 135, and to certain psalmic verses from the eciogarion chanted after the first two readings of the kathismata in Matins of certain feastdays.
- Prokimenon:** Verses from the Psalter, chanted immediately before the scriptural prophecies, the Epistle reading in the Liturgy, and the Gospel reading in Matins of feastdays and Sundays.
- The Six Psalms:** The psalms read daily at the beginning of Matins.
- Typica:** A short service consisting of psalms, hymns, and prayers taken from Divine Liturgy and chanted on days when the Liturgy is not celebrated.

## NUMBERING OF THE PSALMS

<b>King James</b>	<b>Septuagint</b>
1-8	1-8
9-10	9
11-113	10-112
114-115	113
116 v. 1-9	114
116 v. 10-19	115
117-146	116-145
147 v. 1-11	146
147 v. 12-20	147
148-150	148-150

Note: The numbering of the Psalms in each Kathisma varies in the King James and the Septuagint versions, but the numbering of the Kathismata are the same.

## THE ORDER OF READING THE KATHISMATA

—Outside of Great Lent:

<u>Weekday</u>	<u>Matins</u>	<u>Vespers</u>
Sunday	K2, K3	—
Monday	K4, K5	K6
Tuesday	K7, K8	K9
Wednesday	K10, K11	K12
Thursday	K13, K14	K15
Friday	K19, K20	K18
Saturday	K16, K17	K1

Note: The Psalter is not read at Sunday Vespers.

—During the first Four Weeks of Great Lent and also on the Sixth Week of Great Lent:

<u>Weekday</u>	<u>Matins</u>	<u>First Hour</u>	<u>Third Hour</u>	<u>Sixth Hour</u>	<u>Ninth Hour</u>	<u>Vespers</u>
Sunday	K2, K3	—	—	—	—	—
Monday	K4, K5, K6	—	K7	K8	K9	K18
Tuesday	K10, K11, K12	K13	K14	K15	K16	K18
Wednesday	K19, K20, K1	K2	K3	K4	K5	K18
Thursday	K6, K7, K8	K9	K10	K11	K12	K18
Friday	K13, K14, K15	—	K19	K20	—	K18
Saturday	K16, K17	—	—	—	—	K1

Note: The Psalter is not read at Sunday Vespers.

—During the Fifth Week of Great Lent:

<u>Weekday</u>	<u>Matins</u>	<u>First Hour</u>	<u>Third Hour</u>	<u>Sixth Hour</u>	<u>Ninth Hour</u>	<u>Vespers</u>
Sunday	K2, K3	—	—	—	—	—
Monday	K4, K5, K6	—	K7	K8	K9	K10
Tuesday	K11, K12, K13	K14	K15	K16	K18	K19
Wednesday	K20, K1, K2	K3	K4	K5	K6	K7
Thursday	K8	—	K9	K10	K11	K12
Friday	K13, K14, K15	—	K19	K20	—	K18
Saturday	K16, K17	—	—	—	—	K1

—During Holy Week:

<u>Weekday</u>	<u>Matins</u>	<u>First Hour</u>	<u>Third Hour</u>	<u>Sixth Hour</u>	<u>Ninth Hour</u>	<u>Vespers</u>
Sunday	K2, K3	—	—	—	—	—
Monday	K4, K5, K6	—	K7	K8	—	K18
Tuesday	K9, K10, K11	—	K12	K13	—	K18
Wednesday	K14, K15, K16	—	K19	K20	—	K18
Thursday	—	—	—	—	—	—
Friday	—	—	—	—	—	—
Saturday	K17	—	—	—	—	—