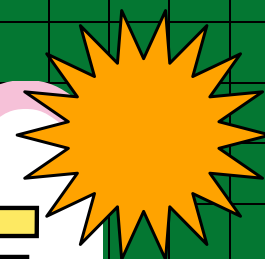


KETAMINE

(K, special K, ket)



What is it?

Ketamine is a dissociative psychedelic that is used in both human and veterinary medicine as a sedative and anaesthetic. It is found as powder, pills or liquid.

How do I take it?

Most commonly snorted, it can also be taken orally, injected in to a muscle (or into a vein, although this is less common), or booty bumped.

Dosage?

Determining a dose with ketamine depends on many factors, including how you are taking it, the effects you are seeking, and if it is being taken with other drugs. Because there is so much variance, a common approach taken (especially with snorting) is to take a number of small doses over a period of time to reach desired effects.

Onset/Duration

Like dosage, the onset and duration is dependent on the way ketamine is taken. When snorted, the onset can occur within 5 to 15 min. and last up to an hour. When injected, effects will occur within a couple of minutes and will last for about half an hour. When taken orally, initial effects may occur within 15 min. to an hour and can last for up to an hour and a half.

How does it work?

Ketamine blocks the NMDA receptors in the brain - receptors that allow for signals to pass between neurons in the brain and spinal column. When the receptors are blocked by ketamine, impaired movement and physical sensation, a feeling disassociation from your body, sedation, and, in high enough doses, K-hole state.

Effects

At lower doses, ketamine can make you wobbly, uninhibited and 'trippy'. People often seek lower doses for social situations such as partying, raving and dancing. At higher doses, especially when in a 'k hole', the effects can be disorientating, confusing, profound, and psychedelic. Ketamine can make you feel numb and dissociated from your body. With these effects, you may be unable to communicate with or hear others around you.

What are we finding?

The ketamine samples we see often do not contain cutting agents, but we have seen samples with cutting agents or other drugs present. Come get your ketamine checked and we can provide more info about what you've got!

Harm Reduction

- Start low and go slow! As mentioned previously, it might be helpful to use small bumps over a period of time to reach desired effects.
- If possible, use in the presence of a trusted friend who knows what you are taking and how much.
- Avoid mixing with other substances, especially respiratory depressants (alcohol, opiates, benzos, GHB, etc.)
- If you plan on using a higher dose or are seeking a K-hole experience, avoid eating food a couple hours prior to avoid nausea and create a space that is safe and comfy.

More Info

<https://psychonautwiki.org/wiki/Ketamine>
<https://harmreductionto.ca/ketamine>
<https://drugs.tripsit.me/ketamine>
<https://www.erowid.org/chemicals/ketamine/ketamine.shtml>

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