



⊗ HAND EMBROIDERY
SKILL LEVEL: **EASY**

ABBREVIATIONS

SS = Satin Stitch
Bst = Back Stitch
Wbs = Whipped Back Stitch
FKnots = French Knots

MEASUREMENT

Finished design is approximately 5" (12.5cm)

INSTRUCTIONS

Note: All the elements use less than the full 6 stands of thread. Spilt the length of thread before beginning each design element.

HANGING PLANTS

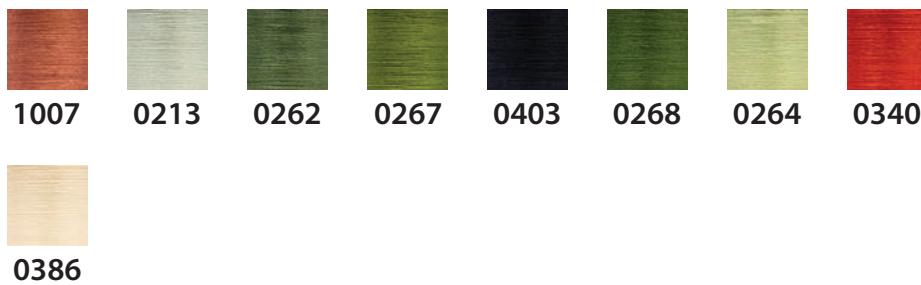
1. Begin with the Fknots. We used a combination of 3 shades of green to create a 3D textured effect. Start with the lightest green, 0213, 3 strands, Fknots (twice around the needle). We would recommend finishing all this shade before moving onto the next color. The Fknots should be sporadic and random to look as natural as possible (try not to bunch up all of one green together).
2. The other shades we used are 0262 and 0267. Use the same technique as above, filling in the gaps as you go.
3. For the plant pot use 1007, 3 strands, SS. You'll need to get as close to the Fknots as you can so that there aren't any gaps. Outline the bottom of the pot using 0403, 2 strands, Bst.

Featuring Anchor® Embroidery Floss spools

Create macramé hangers for embroidered plants.

MATERIALS

Anchor® Embroidery Floss on Spools: 1 of each color



Anchor Embroidery Hoop. Medium weight, close weave cotton fabric. Embroidery/Crewel needle, Size 7 or 8. Fabric Pen to transfer design.

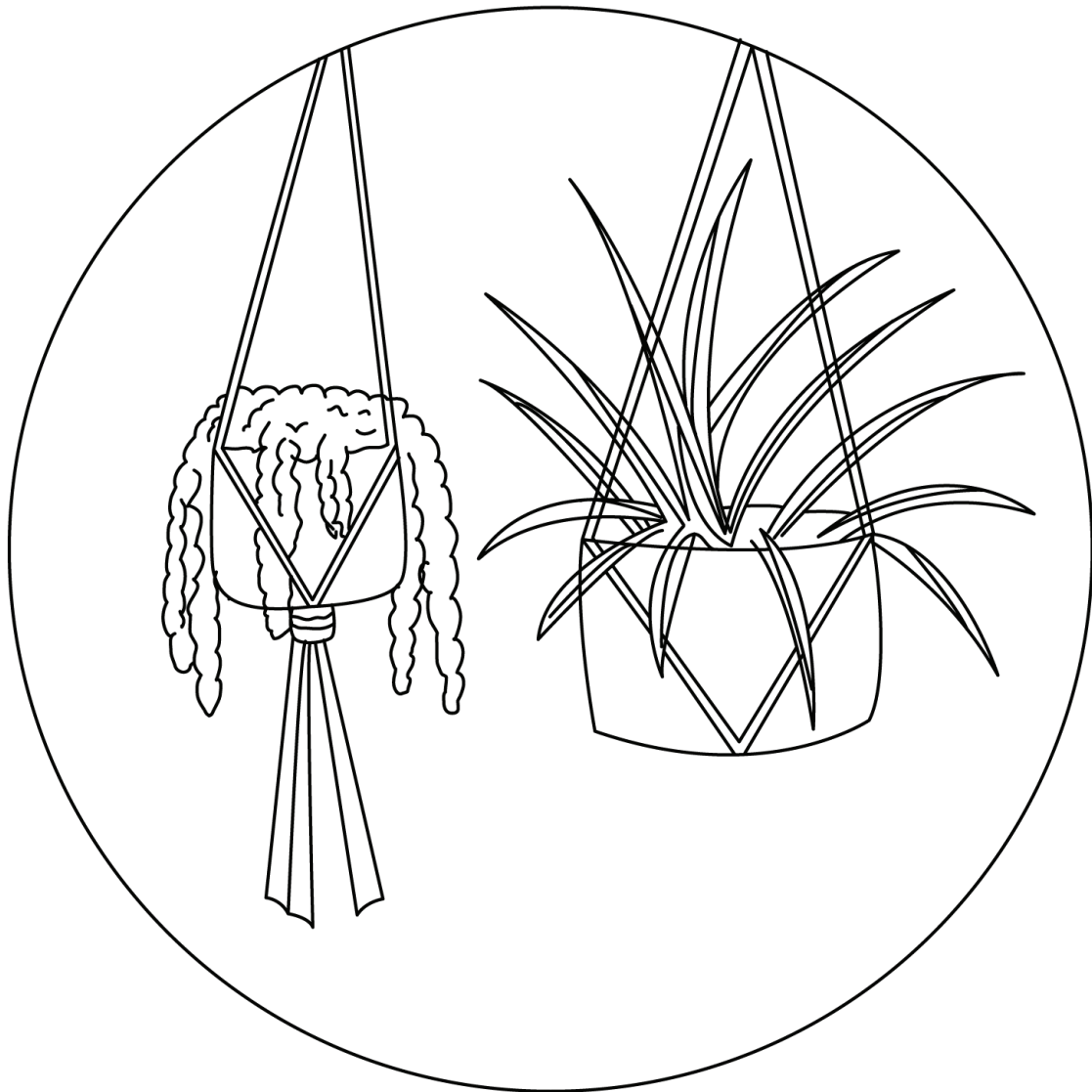


SPIDER PLANT

1. Begin with the darker green shade of the leaves which is 0268, 3 strands, Bst. Use BSt, longer and shorter stitches in order to create the impression of bends in the leaves. Leave a gap in the center of the leaves for the lighter green. Make sure to create a point at the tip of each leaf. For the lighter shade of green, you may only need 1 or 2 single stitches of 0264, 3 strands to fill in the gap in the center of each leaf. Some of the leaves will need shorter stitches to follow the bend of the leaf. For the plant pot use 340, 3 strands, SS horizontally. Then outline the pot with 403, 2 strands, Bst
6. Next, cut your thread so that you now have 2 (or 4 if you've done more tassels) x 2" lengths of full strand thread showing at front of your hoop.
7. Secure these in place with a single stitch going across them. Once secure, you can fray the lengths of thread and cut them into shape/length you're happy with. By fraying the threads, it appears 3D and looks like lots of strands of macramé rope.

MACRAME PLANT HANGER

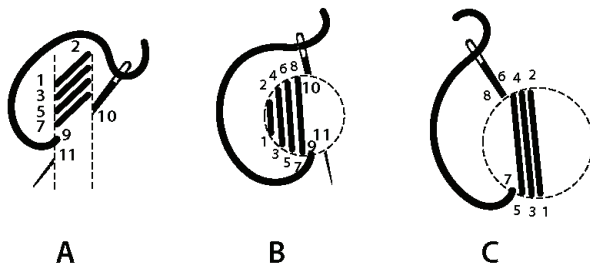
1. To create the plant hanger use 0386 and Bst to create the initial triangular shape. For added detail we put small single stitches where the joins are, to make it look like knots.
2. The tassels are made by using a full strand 0386.
3. Do not knot the end of your thread this time.
4. Starting at the front of the hoop at the base of the plant hanger, push your needle through the fabric to the back and pull it almost all the way through, leaving about 2 inches of thread showing at the front.
5. Next, carefully bring your needle back through the fabric, next to the other bit of thread that's there. (Repeat this step underneath the tassels you just made, for fuller tassels!)



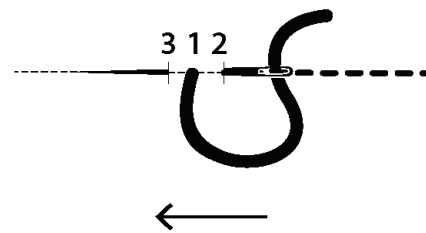
STITCHES

TIP: To separate the floss into strands, cut an 18" length. Hold one end and run the finger of your opposite hand between the strands allowing them to untwist. Thread the needle.

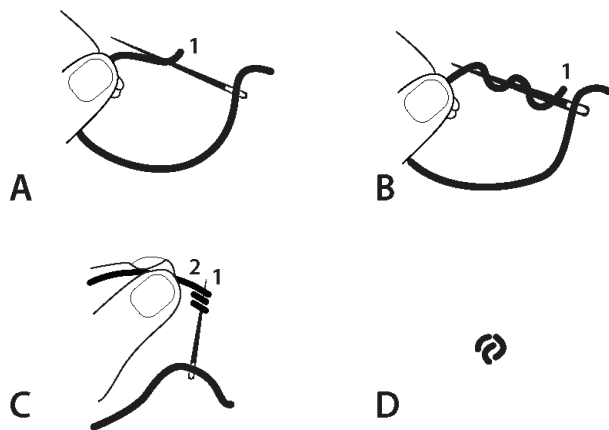
SATIN STITCH



BACK STITCH



FRENCH KNOT



WHIPPED BACK STITCH

